

2023

Niagara-Orleans

Cross Country



CHAMPIONSHIPS

Akron Albion Barker Medina Newfane Roy-Hart Wilson

October 21, 2023

Lakeside State Park

Niagara – Orleans

CROSS COUNTRY

All League Meet Saturday, October 21, 2023 Lakeside State Park

Schedule of Events

9:45 Coaches Meeting

10:00 Modified Girls Race

10:25 Modified Boys Race

11:00 Varsity Girls Race

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|----------------|---|
| ★ Places 1-7 | 1 st team All-League Patches |
| ★ Places 8-14 | 2 nd team All-League Ribbons |
| ★ Places 15-21 | Honorable mention Ribbons |

11:45 Varsity Boys Race

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|----------------|---|
| ★ Places 1-7 | 1 st team All-League Patches |
| ★ Places 8-14 | 2 nd team All-League Ribbons |
| ★ Places 15-21 | Honorable mention Ribbons |

Awards will be presented directly following the conclusion of the varsity boys' race.





Akron Tigers

Girls & Boys Coach: *Nancy Bennett*
Assistant & Modified Coach: *Ryan Carberry*

Varsity Girls

Jazmine Borynski 12
Taylor Fisher 9
Emma Marie Forrestel 12
Whitley Koopman 10
Kylee Rebmann 9
Emily Snyder 12
Kristine Wall 10
Madeline Weeg 9

Varsity Boys

Gary Baehr 12
Colton Cleveland 12
Dylan Crockford 12
Aron Gehl 10
Kuuchut Grijalva 12
Logan Meyers 10
Dawson Stone 12
Everett Stone 12*

Modified Girls

Abigail Bower 7
Gabrielle Dispenza 8
Hazel Fleming 7
Adelaide Mandell 7
Addison Wilkins 8

Modified Boys

Nathaniel Gehl 8
Quinn O'Malley 7

League Championships

Boys:	0	Girls:	13
		1988, 1989, 1990, 1991, 1993, 1994, 1996, 1998, 2006, 2007, 2012, 2013, 2014	



Albion Purple Eagles

Girls & Boys Coach: *Mark Hryvniak*
Assistant & Modified Coach: *Evan Steier*

Varsity Girls

Gabriella Dobo	8
Lorelei Gailie	9
Shania Mathes	9
Meganne Moore	9
Aliyah Niedert	10
Grace Nesbitt	9
Maggie Olles	11
Mia Olles	9
Cordelia Rivers	8
Gina Sidari	12

Varsity Boys

Myles Beach	10
Ezra Bloom	9
Adam Burgio	9
Robert Friedl	10
Andrew Hill	12
Jordan Marshall	12
William Plummer	10
Lucas Prest	10
Nicholas Prest	11
Joel Stack	12
Tristian Tilbe	10
Charles Warren	9

Modified Girls

Aubrey Bruning	7
Emmaline Gailie	7
Adele Mathes	7
Mary McCormick	7
Hannah Olles	7

Modified Boys

Matthew Bloom	8
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League Championships

Boys:	6	Girls:	5
1978, 1982, 1993, 1994, 1995, 2012		2001, 2003, 2004, 2005, 2006	



Barker Bulldogs

Girls & Boys Coach: *Paul DerSarkissian*
Assistant Coach: *Sharon Lamb*
Modified Coach: *Kyle Sosnowski*

VARSITY GIRLS

Shelby Dauphinee	11
Summer Duchow	11
Emma Evans	12
Evangeline Harris	11
Meghan Mallon	11
Melodi Murphy	9
Lillia Peace	12
Rachel Samson	10
Mirabelle Strong	8
Mikala Woock	11

VARSITY BOYS

Albert Cimato	12
Dominic Cimato	10
Luke Fay	10
Daniel Goodwin	10
Owen Harris	11
Benjamin Harrod	12
Lucas Kimber	10
Samuel Liuzzi	10
Riley Marciszewski	9
Matthew Meza Ray	10
Isaac Monaco	11
Andreas Nestoros	12
Gabriel Nestoros	10
Peyton Wagner	9

MODIFIED GIRLS

Fiona Dalton	7
Kira Forehand	7
Oliva Voss	8
Xyon Weese	8

MODIFIED BOYS

Oscar Dergel	8
Matthew Jordan	8
Bradly Maines	8
Lucas Nestoros	8
Eian Phillips	7
Grayson Pryn	8
Logan Puchlerz	7
Logan Wagner	8
Wyatt Ware	7

League Championships

Boys:	14	Girls:	2
1982, 1986, 1987, 1988, 2003, 2008, 2009, 2010, 2011, 2013, 2014, 2015, 2016, 2022		1987, 1992	



Medina Mustangs

Girls & Boys Coach: *Christian Held*
Modified Coach: *Mollie Mark*

Varsity Girls

Faith Baker-Austin	10
Theresa Biesinger	11
Britton Brady	8
Cecelia Farruggia	12
Rachel Herbert	8
Madeline Mark	9
Talia Rupp	7
Ariel Smith	10

Varsity Boys

Brennan Allen	9
Brian Atkinson	12
Brandon Brueckner	9
Jack Cecchini	12
Conor Crandall	12
Jonathan Dix	9
Ryder Jones	11
Garrett Koch	11
Teagan Meland	10
Jordan Olsen	9
Riley Tompkins	11
Hunter Walczak	10

Modified Girls

Isabella Anelli	8
Skeilair Montgomery	7
Amelia Rodden	8
Anna Saj	8

Modified Boys

Jacob Farley	7
Roman Maksimchuk	8
Lukin Szatkowski	7

League Championships

Boys:	5	Girls:	0
1980, 1981, 1983, 1984, 1985			



Newfane Panthers

Girls & Boys Coach: *Michael Heitzenrater*
 Assistant Coach: *Henri Kursten*
 Modified Coach: *Justin Balcom*

Varsity Girls

Jenna Achtyl 7
 Sienna Bowers 11
 Kylie Bowman 12
 Jordyn Centner 10
 Olivia Chunco 7
 Alexa Doxey 8
 Sienna Gibson 8
 Kayla Hallman 8
 Isabella Pasquale 11
 Hannah Schulz 12
 Niamh Thompson 11
 Melody Xu 11

Varsity Boys

Liam Betteridige 11
 Tyler Braddell 11
 Jaxon Dombrowski 11
 Aidan Gillings 11
 Cameron Gilson 11
 Cameron Hallman 10
 Andrew Kimball 12
 Sean Milczarski 10
 Nicholas Spinder 11
 Zachary Sztatler 11
 Jaxon Tocco 7

Modified Girls

Alaina Brong 7
 Teresa Dudek 8
 Mackenzie Hill 7
 Makalyn Johnson 8
 Kayla Panasyuk 7
 Rhana Troy 7

Modified Boys

Colton Amidon 7
 Ian Johnson 8
 Ayden Smith 7

League Championships

Boys:	17	Girls:	22
1969, 1970, 1974, 1976, 1977, 1979, 1989, 1992, 1999, 2001, 2004, 2005, 2017, 2018, 2019, 2020, 2021		1980, 1981, 1982, 1983, 1984, 1986, 1987, 2001, 2002, 2004, 2008, 2009, 2010, 2011, 2015, 2016, 2017, 2018 2019, 2020, 2021, 2022	



Roy-Hart Rams

Girls & Boys Coach: *John Reith*
Modified Coach: *Dylan Versage*

Varsity Girls

Marissa Bryant 9
Julia Miles 12
Jillian Ossont 10
Julia Rhode 7
Samantha Silsby 9

Varsity Boys

G'Ahmeer Barnes 9
Phinn Cousins 12
Alexander Goodrich 11
Trevor Jaques 12
Ronan Klug 11
Camden VandenBosch 10
Matt Vankeuren 11
Lawson Wallworth 12
William Wallworth 9

Modified Girls

Amiah Casler 8
Nevaeh Kimori 8
Hannah Ulrich 8
Skylar Walker 7

Modified Boys

Aidan Bacon 7
Timothy Guilfoyle 8
Julian McNichols 8
Isaac Schultz 8
Jeff Waters 8

League Championships

Boys:	4	Girls:	3
1966, 1967, 1968 1969		1984, 1985, 1986	



Wilson Lakemen

Girls & Boys Coach: *Brett Sippel*

Modified Coach: *Kevin Bovanizer*

Varsity Girls

Hayden Barlow	8
Abigail Freatman	12
Madelyn Freatman	8
Ella Ingwersen	11
Isabella Jablonski	9
Madelynne Jowdy	11

Varsity Boys

Ben Gentile	9
Tyler Goff-Brown	11
Joey-Dane Jones	11
William Merino	9
Ryan Messing	12
Jaydan Ruble	11

Modified Girls

Mikaila Akers	7
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Modified Boys

Bryson Frerichs	7
Aaron Hoose	7
Caleb Merchant	7
Peter Nigro	8

League Championships

Boys:	6	Girls:	1
1973, 1990, 1991, 1992, 2006, 2007		2008	

2023 Niagara Orleans League Standings

Boys	Record	Girls	Record
Akron	5 - 1	Newfane	6 - 0
Barker	5 - 1	Barker	5 - 1
Newfane	5 - 1	Akron	3 - 3
Wilson	3 - 3	Roy-Hart	3 - 3
Roy-Hart	2 - 4	Albion	2 - 4
Medina	1 - 5	Medina	2 - 4
Albion	0 - 6	Wilson	0 - 6

Niagara-Orleans

All-League Meet Results

Year	Individual	School	Time	Team Champion	Points
2000	John Flor	Albion	16:57	Starpoint	30 points
	Angela Kudla	Starpoint	18:34	Starpoint	42 points
2001	Brandan Molisani	Newfane	16:56	Starpoint	24 points
	Angela Kudla	Starpoint	19:04	Starpoint	38 points
2002	Kevin Bauch	Starpoint	no time	Starpoint	27 points
	Fawn Dorr	Akron	no time	Newfane	41 points
2003	Chuck Laderer	Starpoint	16:16	Starpoint	37 points
	Fawn Dorr	Akron	19:41	Albion	34 points
2004	Jason Fischer	Newfane	17:40	Newfane	46 points
	Fawn Dorr	Akron	20:26	Albion	39 points
2005	Tom Reubens	Wilson	16:33	Newfane	50 points
	Macki Synder	Wilson	20:15	Albion	31 points
2006	Tom Reubens	Wilson	18:01	Wilson	44 points
	Hannah Moffett	Albion	21:59	Albion	41 points
2007	Nick Pardee	Newfane	16:33	Wilson	48 points
	Casey Neil	Akron	21:00	Akron	32 points
2008	Kevin Hanes	Wilson	17:56	Barker	34 points
	Hannah Moffett	Albion	20:16	Wilson	46 points
2009	Bryan Diebel	Albion	17:37	Barker	25 points
	Emma Wilson	Akron	21:22	Newfane	24 points
2010	Eddy Pfeil	Roy-Hart	17:09	Barker	39 points
	Sarah Ziemba	Newfane	20:59	Newfane	23 points
2011	Frankie Pfeil	Roy-Hart	16:26	Barker	27 points
	Sarah Ziemba	Newfane	19:54	Newfane	42 points
2012	Jordan Bender	Barker	17:48	Albion	37 points
	Kelly Bochnewetch	Newfane	20:22	Akron	24 points

Niagara-Orleans All-League Meet Results

Year	Individual	School	Time	Team Champion	Points
2013	Sergio Cruz	Barker	17:23	Barker	17 points
	Kelly Bochnewetch	Newfane	19:42	Akron	28 points
2014	Sergio Cruz	Barker	17:42	Barker	24 points
	Margo Henley	Akron	20:21	Akron	38 points
2015	Samuel Auernhamer	Newfane	17:21	Barker	32 points
	Kimberly Goerss	Newfane	20:11	Newfane	24 points
2016	Daniel Heil	Medina	17:47	Barker	41 points
	Kimberly Goerss	Newfane	20:29	Newfane	23 points
2017	Samuel Auernhamer	Newfane	17:11	Newfane	32 points
	Kimberly Goerss	Newfane	20:17	Newfane	29 points
2018	Austin Burkard	Newfane	17:31	Newfane	28 points
	Kimberly Goerss	Newfane	19:35	Newfane	25 points
2019	Nathan Moran	Newfane	17:46	Newfane	21 points
	Lauren Wagner	Akron	19:36	Newfane	20 points
2020	Cameron Castanon	Medina	17:31	Newfane	38 points
	Kylie Bowman	Newfane	19:50	Newfane	23 points
2021	Will Chubb	Akron	18:11	Newfane	40 points
	Kylie Bowman	Newfane	20:19	Newfane	20 points
2022	Mason Allee-Castro	Barker	17:37	Barker	32 points
	Kylie Bowman	Newfane	20:08	Newfane	27 points

Boys Top 25 Times

Lakeside Beach Park

Niagara Orleans League Meet

	Name	School	Year	Grade	Time
1.	John Huber	Starpoint	1999	12	15:36
2.	John Huber	Starpoint	1998	11	16:03
3.	Chuck Laderer	Starpoint	2003	12	16:17
4.	Mike Ryan	Starpoint	1997	12	16:22
5.	Aaron Anderson	Medina	1999	12	16:23
6.	Frankie Pfeil	Roy-Hart	2011	12	16:26
7.	Nick Pardee	Newfane	2007	12	16:33
7.	Tom Reubens	Wilson	2005	11	16:33
9.	Jeremy Rushok	Akron	2011	12	16:36
10.	John Flor	Albion	1999	11	16:43
11.	Dennis Pollow	Wilson	2003	11	16:48
12.	Donald Trusdell	Wilson	2007	12	16:49
13.	John Huber	Starpoint	1997	10	16:50
14.	Aaron Anderson	Medina	1998	11	16:52
14.	Mike Saunders	Albion	1999	12	16:52
16.	Bill Beilein	Barker	1995	12	16:54
16.	Bill Beilein	Barker	1994	11	16:54
18.	Brandon Molisani	Newfane	2001	11	16:57
18.	Matthew White	Starpoint	1999	9	16:57
18.	Jason Zayac	Roy-Hart	2007	12	16:57
18.	John Flor	Albion	2000	12	16:57
22.	Chuck Laderer	Starpoint	2001	10	16:59
23.	Jason Fischer	Newfane	2005	11	17:02
24.	Kevin Bauch	Starpoint	2003	12	17:05
25.	Bill Beilein	Barker	1993	10	17:06

**Does not include times for 2002 season or 2020 season—All-League at Barker.*

Top Modified Times

Anthony Taliaferro	Barker	2022	8	9:52
Chuck Laderer	Starpoint	1999	8	10:33
Sergio Cruz	Barker	2010	8	10:35

Girls Top 25 Times Lakeside Beach Park Niagara Orleans League Meet

	Name	School	Year	Grade	Time
1.	Lisa Cappello	Starpoint	1999	12	17:39
2.	Angela Kudla	Starpoint	2000	11	18:35
3.	Angela Kudla	Starpoint	1999	10	18:54
4.	Lindon Wilcox	Albion	1999	10	18:59
5.	Lisa Cappello	Starpoint	1997	10	19:02
6.	Angela Kudla	Starpoint	2001	12	19:04
7.	Andrea Cappello	Starpoint	2000	10	19:09
8.	Lindon Wilcox	Albion	2001	12	19:13
9.	Lacey Watkins	Newfane	2001	11	19:28
10.	Andrea Cappello	Starpoint	1998	8	19:31
11.	Kelly Pimm	Starpoint	1999	9	19:34
12.	Kim Goerss	Newfane	2018	12	19:35
13.	Lauren Wagner	Akron	2019	10	19:36
14.	Fawn Dorr	Akron	2003	10	19:41
14.	Lacey Watkins	Newfane	2000	10	19:41
16.	Kelly Bochnewetch	Newfane	2013	12	19:42
17.	Angela Kudla	Starpoint	1998	9	19:47
18.	Lacey Watkins	Newfane	1999	9	19:50
19.	Sarah Ziemba	Newfane	2011	10	19:54
19.	Margo Henley	Akron	2013	8	19:54
21.	Jenny Fay	Wilson	1998	11	19:56
22.	Jenny O'Connor	Newfane	2003	11	20:01
22.	Eliza Papke	Akron	2013	8	20:01
22.	Kylie Bowman	Newfane	2019	9	20:01
25.	Andrea Capello	Starpoint	2001	11	20:02

**Does not include times for 2002 season or 2020 season—All-League at Barker.*

Top Modified Times

Andrea Cappello	Starpoint	1997	7	11:42
Cordelia Rivers	Albion	2022	7	11:45
Mirabelle Strong	Barker	2022	7	11:55

Lakeside Beach State Park

Niagara Orleans All-League Course



Varsity: Two Loops ~ 5K

Modified: One loop ~ 1.55 miles

