

## SECTION VI SPORTS SEASON CALENDAR 2022-2023

Date: 10/12/2022

SPORT	First Possible Practice	Team & Individual		Rules	State Championship	Season Ends	Seeding Meeting *subject to change*
		Practices Required Prior to Scrimmage or Contest	Maximum No. Contests				
<b>FALL SPORTS</b>							
Cheerleading Gameday	8/22	6	12	NFHS	10/29	11/27	
Cross Country B / G	8/22	6	16	NFHS	11/12	11/27	
Field Hockey	8/22	6	16	NFHS	11/12-11/13	11/27	
Football	8/22	10	10	NFHS	12/2-4	12/5	
Golf Boys (fall) Golf Girls (fall)	8/22	Training	16	USGA & local course	6/3-5 6/2-4	11/27	
Gymnastics	8/22	10	16	USAGJO	3/4	11/27	
Soccer Boys	8/22	6	16	NFHS	11/13-14	11/27	10/15
Soccer Girls	8/22	6	16	NFHS	11/13-14	11/27	10/15
Swimming Girls	8/22	6	16+	NFHS	11/19-20	11/27	
Tennis Girls	8/22	6	16	USTA	10/26-29 S/D 11/3 T	11/27	10/9
Volleyball Boys	8/22	6	20	NCAA WVB	11/20	11/27	10/26
Volleyball Girls	8/22	6	20	NCAA WVB	11/20-21	11/27	10/22
Basketball Boys	11/14	6	20	NFHS	3/18-20	3/26	
Basketball Girls	11/14	6	20	NCAA	3/18-20	3/26	
Bowling B / G	11/14	Training	20+	USBC	3/11-13	3/26	
Cheerleading	11/14	6	12	NFHS	3/4	3/26	
Ice Hockey Boys	11/14	6	20	NFHS	3/12-13	3/26	
Ice Hockey Girls	11/14	6	20	NFHS	2/11-12 R	3/26	
Rifle	11/14	6	16	NRA		3/26	
Skiing	11/14	6	16	FIS & USSA	2/28-3/1	3/26	
Swimming Boys	11/14	6	16+	NFHS	3/3-3/4	3/26	
Winter Track B / G	11/14	6	16+	NFHS	3/4	3/26	
Wrestling	11/14	10	20 pts. +	NFHS	1/29 Duals 2/24-25	3/26	
Unified Bowling	1/9/23	Training	20			3/26	
Baseball	3/13	10	20	NFHS	6/9-10	6/18	
Baseball Battery	3/13	10	20	NFHS		6/18	
Golf Boys (spring) Golf Girls (spring)	3/13	Training	16	USGA & local course	6/3-5 6/2-4	6/18	
Lacrosse Boys	3/13	6	16	NFHS	6/11	6/18	
Lacrosse Girls	3/13	6	16	US Lacrosse	6/10-11	6/18	
Softball	3/13	6	20	ASA	6/11	6/18	
Tennis Boys	3/13	6	16	USTA	6/1 S/D 6/1 T	6/18	
Track B&G	3/13	6	16+	NFHS		6/18	
Unified Basketball	3/13	6	20			6/18	

\*R = Regional, \*S/D = Double/ Singles, \*T= Teams

+ indicates maximum number of contests an individual competitor may participate

### DEVIATIONS

Boys Golf- Fall ECIC, NFL, NO  
Girls Swim- Winter Niagara Orleans

### EXAM DATES

PSAT10/12, 10/15  
Regents: proposed  
1/24- 1/27 & 6/14- 6/23

SAT: 8/27 10/1, 11/5, 12/3, 3/11, 5/6, 6/3

ACT: 9/10, 10/22, 12/10, 2/4, 6/10, 7/15

## SECTION VI SPORTS SEASON CALENDAR 2022-2023

SPORT	First Possible Practice	Team & Individual		Rules
		Practices Required Prior to Scrimmage or Contest	Maximum No. Contests	
<b>MODIFIED FALL SPORTS</b>				
Cross Country	8/22	6	10	NFHS
Field Hockey	8/22	6	12	NFHS
Football	8/22	10	7	NFHS
Soccer	8/22	6	12	NFHS
Volleyball	8/22	6	14	NCAA
<b>MODIFIED WINTER SPORTS</b>				
Basketball-Boys	11/14	6	14	NFHS
Basketball-Girls	11/14	6	14	NCAA
Swimming	11/14	6	14	NFHS
Wrestling	11/14	10	14pts	NFHS
<b>MODIFIED SPRING SPORTS</b>				
Softball	3/13	6	14	ASA
Baseball	3/13	10	14	NFHS
Baseball pitcher	3/13	10	14	NFHS
Track	3/13	6	10	NFHS
Lacrosse-Boys	3/13	6	12	NFHS
Lacrosse-Girls	3/13	6	12	US Lacrosse/ NFHS