

## SECTION VI SPORTS SEASON CALENDAR 2019-2020

Revision Date: 8/20/19

SPORT	First Possible Practice	Team & Individual		Rules	State Championship	Season Ends	Seeding Meeting  *subject to change*
		Practices Required Prior to Scrimmage or Contest	Maximum No. Contests				
<b>FALL SPORTS</b>							
Cheerleading	8/19	6	12	NFHS	3/7	12/1	
Cross Country B / G	8/19	6	16	NFHS	11/16	12/1	
Field Hockey	8/19	6	16	NFHS	11/16-11/17	12/1	10/18
Football	8/19	10	10	NFHS	11/29-12/1	12/1	10/20
Golf Boys (fall) Golf Girls (fall)	8/19	training	16	USGA & local course	See spring	12/1	
Gymnastics	8/19	10	16	USAGJO	2/29	12/1	
Soccer Boys	8/19	6	16	NFHS	11/16-11/17	12/1	10/19
Soccer Girls	8/19	6	16	NFHS	11/16-11/17	12/1	10/19
Swimming Girls	8/19	6	16+	NFHS	11/23-11/23	12/1	
Tennis Girls	8/19	6	16	USTA	11/2-11/3	12/1	10/20
Volleyball Boys	8/19	6	20	NCAA WVB	11/23	12/1	10/29
Volleyball Girls	8/19	6	20	NCAA WVB	11/23-11/24	12/1	10/26
<b>WINTER SPORTS</b>							
Basketball Boys	11/11	6	20	NFHS	3/20-3/22	3/29	2/22
Basketball Girls	11/11	6	20	NCAA	3/20-3/22	3/29	2/22
Bowling B / G	11/11	training	20	USBC	3/13-3/15	3/29	
Cheerleading	11/11	6	12	NFHS	3/7	3/29	
Ice Hockey Boys	11/11	6	20	NFHS	3/14-3/15	3/29	2/10
Ice Hockey Girls	11/11	6	20	NFHS	TBA	3/29	2/10
Rifle	11/11	6	16	NRA	3/7	3/29	
Skiing	11/11	6	16	FIS & USSA	2/24-2/25	3/29	
Swimming Boys	11/11	6	16+	NFHS	3/6-3/7	3/29	
Winter Track B / G	11/11	6	16+	NFHS	3/7	3/29	
Wrestling	11/11	10	20 pts. +	NFHS	2/25-2/29	3/29	2/5
<b>SPRING SPORTS</b>							
Baseball	3/9	10	20	NFHS	6/12-6/13	6/14	5/20
Baseball Battery	3/9	10	20	NFHS	6/12-6/13	6/14	
Golf Boys (spring)	3/9	training	16	USGA & local course	6/6-6/8	6/14	
Golf Girls (spring)	3/9	training	16		6/5-6/7	6/14	
Lacrosse Boys	3/9	6	16	NFHS	6/13	6/14	5/13
Lacrosse Girls	3/9	6	16	US Lacrosse	6/12-6/13	6/14	5/23
Softball	3/9	6	20	ASA	6/13	6/14	5/20
Tennis Boys	3/9	6	16	USTA	6/4-6/6	6/14	5/17
Track B&G	3/9	6	16+	NFHS	6/12-6/13	6/14	

+ indicates maximum number of contests an individual competitor may participate

2019-20 Mandatory Coaches Meetings Winter=11/9/19 Spring =3/7/20 SITES TBA

Future Start dates: 2020-2021 Fall = 8/24/20, Winter = 11/16/20, Spring = 3/15/21

### DEVIATIONS

Girls Swimming (winter): NO League  
Girls Tennis (spring) Buffalo  
Boys Golf (fall): ECIC, NFL, NO

### EXAM DATES

**PSAT:** Wed. 10/16/19 & Sat. 10/19/19  
**SAT:** 8/24/19, 10/5/19, 11/2/19, 12/7/19, 3/14/20, 5/2/20, 6/6/20  
**ACT:** 9/14/19, 10/26/19, 12/14/19, 2/8/20, 4/4/20, 6/13/20, 7/18/20  
**Regents:** 1/22-1/25/20 \*6/2 \*Global/Geography II, 6/17-6/26/20

**SECTION VI  
SPORTS SEASON CALENDAR 2019-2020**

SPORT	First Possible Practice	Team & Individual		Rules
		Practices Required Prior to Scrimmage or Contest	Maximum No. Contests	
<b>MODIFIED FALL SPORTS</b>				
Cross Country	8/19	6	10	NFHS
Field Hockey	8/19	6	12	NFHS
Football	8/19	10	7	NFHS
Soccer	8/19	6	12	NFHS
Volleyball	8/19	6	14	NCAA
<b>MODIFIED WINTER SPORTS</b>				
Basketball-Boys	11/11	6	14	NFHS
Basketball-Girls	11/11	6	14	NCAA
Swimming	11/11	6	14	NFHS
Wrestling	11/11	10	14pts	NFHS
<b>MODIFIED SPRING SPORTS</b>				
Softball	3/9	6	14	ASA
Baseball	3/9	10	14	NFHS
Baseball pitcher	3/9	10	14	NFHS
Track	3/9	6	10	NFHS
Lacrosse-Boys	3/9	6	12	NFHS
Lacrosse-Girls	3/9	6	12	US Lacrosse/ NFHS

2019-20 Mandatory Coaches Meetings Winter=11/9/19 Spring =3/7/20 SITES TBA

Future Start dates: 2020-2021 Fall = 8/24/20, Winter = 11/16/20, Spring = 3/15/21