MANDATORY STANDARDS & ELIGIBILITY WORKSHOP
2019

The following school representative acknowledges receipt of the NYSIHSAA Rules and Regulations and furthermore understands their responsibility to read and understand and to disseminate the NYSIHSAA Rules and Regulations to their coaches, student athletes and parents.

First School Name: ____________________________

Section: ____________________________

First Name & Last Name: ____________________________

Title: ____________________________

(_____) _______ (_____) _______

Cell Phone Number: ____________________________

Office Phone Number: ____________________________

First E-Mail Address: ____________________________

Signature: ____________________________

Date: ____________________________

Athlete’s department Twitter account? 

If available:

Superintendent Name: ____________________________

Superintendent e-mail address: ____________________________

Principal Name: ____________________________

Principal e-mail address: ____________________________

School Medical Director Name: ____________________________

School Medical Director e-mail address: ____________________________
NYSPEHSA Code of Conduct
2019-2020 Regional & State Championships

Participation in NYSPEHSA Regional and Championship events is considered an honor and privilege. With this understanding, athletes and coaches are expected to adhere to standards of behavior and conduct. NYSPEHSA appreciates the work of Athletic Administrators to ensure teams, athletes, and coaches are aware of NYSPEHSA standards and expectations when participating in post-season events.

Code of Conduct for Athletes:
1. Use of alcoholic beverages, tobacco products and other drugs (unless prescribed by a physician) will not be tolerated.
2. All curfews and bed checks will be adhered to as established by the Section supervisor or coach.
3. Athletes are responsible for their conduct in regard to public property such as hotel rooms, transporting vehicles, fields and courts, locker rooms, etc. Athletes or the school they represent will be held financially responsible for any damage they incur.
4. Athletes must use transportation “authorized” by their section and school to and from the event.
5. There will be no gambling of any kind.

Code of Conduct for Coaches/ Sectional Supervisors shall:
1. Enforce Code of Conduct for athletes. Report problems to supervisors and send written reports to the Section and home school district.
2. Establish curfews and bed checks.
3. Be responsible for athletes from departure point of trip until trip is completed and ensure all athletes have transportation to their home district.
4. Make sure all emergency medical information is available for all student-athletes on site.
5. Notify proper authorities in the event an athlete is injured.
6. Abstain from the use of alcohol and controlled substances (unless prescribed by a physician).
7. Abstain from gambling of any kind.

All violations will be reported to the appropriate Section and/or School District Representative. Each Section reserves the right to have the individual(s) immediately removed from the event/league and pursue any further disciplinary action as they deem necessary.

Emergency Medical Release:
NYSPEHSA member schools are responsible for ensuring coaches and/or Section supervisors have all necessary Emergency Medical Release information on site for all participating student-athletes.

Consent for use of Photography/Videography:
NYSPEHSA member schools are responsible for notifying the NYSPEHSA Executive Director (in writing) at least 48 hours prior to a NYSPEHSA post-season event; if student-athletes do not consent to their photography, video, or image being used in NYSPEHSA promotional materials (i.e., press releases, websites, brochures, commercials, championship programs, etc.).

By signing below, the NYSPEHSA member school acknowledges understanding, knowledge, and agreement with the information above.

__________________________  __________________________________
Student Athlete  School Administrator

__________________________  __________________________________
Parent/Guardian  Parent/Guardian
Code of Conduct

- Athletic Director signs “one” Code of Conduct on behalf of their school

- School is responsible for:
  - Student/ Coach behavior
  - Medical Release/ Emergency information
  - Consent for use of Photography/ Video
Workshop Format

- Informational topics
- Rules & Regulations review
  - Major emphasis on Transfer Rule Changes

NYSPHSAA Administrative Staff

- Dr. Robert Zayas- Executive Director
- Joe Altieri- Assistant Director
- Todd Nelson- Assistant Director
- Kristen Jadin- Assistant Director
- Lisa Hand- Finance
- Chris Joyce- Sales & Marketing
- Chris Watson- Communications Director
School Comp Pass

- NYSPHSAA Championship comp pass.
- Good for one admission + guest.
**Week #1 = first full week of July**
SAT Exams- **WARNING!**

<table>
<thead>
<tr>
<th>SAT Test Dates</th>
<th>Registration Deadline</th>
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<tbody>
<tr>
<td>August 24, 2019</td>
<td>July 26, 2019</td>
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<td>October 5, 2019</td>
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<tr>
<td>June 6, 2020</td>
<td>May 8, 2020</td>
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- **Conflicts:** Girls Tennis Championships; Girls & Boys Soccer Sectionals; Field Hockey Sectionals.

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SAT Exams- **WARNING!**

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<td>June 6, 2020</td>
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- **Conflicts:** Basketball Regionals; Ice Hockey Championships; Girls & Boys Bowling Championships;
SAT Exams- **WARNING!**

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<td><strong>June 6, 2020</strong></td>
<td>May 8, 2020</td>
</tr>
</tbody>
</table>

- **Conflicts** - Boys Tennis, Girls Golf, Boys Golf Championships; Track Sectionals; Baseball & Softball, Girls & Boys LAX Regionals.

To whom it may concern,

The lacrosse regional games are scheduled for this Saturday, June 1, at 10:00am. I’m not sure if you’re aware, but there is an SAT test that day and it’s likely that many of the juniors on the teams are scheduled to take that test. Is there any chance that the games could be played later in the day so students can take the test in the morning? The registration cost for the test is $60, so students who have signed up will lose their money and will not be able to retake it until August at the earliest. Many of them have been preparing for this for several weeks.

Best regards,
ACT Exams- **WARNING!**

**Conflicts-**
- Baseball, Softball
- Track & Field, Girls Lax, Boys Lax Championships

<table>
<thead>
<tr>
<th>ACT Test Dates</th>
<th>Registration Deadline</th>
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<tbody>
<tr>
<td>September 14, 2019</td>
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<td>September 20, 2019</td>
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<td>November 8, 2019</td>
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<td>February 8, 2020</td>
<td>January 10, 2020</td>
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<td>April 4, 2020</td>
<td>February 28, 2020</td>
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<tr>
<td><strong>June 13, 2020</strong></td>
<td>May 8, 2020</td>
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<tr>
<td>July 18, 2020</td>
<td>June 19, 2020</td>
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**Championship Schedules**
- It continues to be the practice of the NYSPHSAA not to amend schedules for fairness and equity to all participating teams and students.
Traffic Safety

- NYS GTSC would like to host traffic safety events at schools throughout the state.
  - Have access to guest speakers, simulators, demonstration crews, etc. and can offer them at no charge.
- Traffic Safety Week events, homecoming, prom, etc. would all be great times for schools to host these events.
- Interested-contact Chris Joyce or Sgt Todd Engwer (todd.engwer@dmv.ny.gov, @ 518-473-7972)
Traffic Safety

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MaxPreps

- Schedules
- Scores
- Rosters—State Program
- Photos—State Program
- Messaging
  - Update your school’s profile
  - Team App (Flyer)
Club teams become the price of admission to youth sports

Once, they were for elite youth athletes. Now, kids join just to make the team.

Too much? Cost of youth sports continues to rise

Top: youth sports
Printed May 21, 2016

CHRIS WATSON
DIRECTOR OF COMMUNICATIONS
State Records

New York State Public High School Athletic Association, Inc.
NYSPHSAA High School
Sport Record Reporting Form

• Sport (e.g. Baseball, Boys Track, Girls Lacrosse)

• Record Category
  (e.g. Career Points / Event-High Record / Coaching Win 200+)

• Athlete or Coach / Team NAME

• Athlete of Coach or Team SCHOOL

• Record
  (e.g. season, game statistics / current, season, game points / 4 coaching wins)

• Status (date of record / for coaching wins: enter text)

• Name of Person Submitting Record (print)

• Phone Number of Person Submitting Record

• Comments / Additional Information
Please submit state records to Chris Watson to update the NYSPHSAA website

The NYSPHSAA Site, and the sport landing pages should be the first place people look for state records.

Please check to see if any information on the state records pages is no longer active.

IE, retired coach, winning streak ended...etc.

All state records need AD and coach signature to submit

Hall of Fame Nominations
Team Photographers

- School Photographers, if you qualify for a state championship and want to have an official school photographer you need to contact Chris Watson.

- This only applies to state semifinals and finals for team sports. Sub regionals and regionals please check with host school or section.

- Individual sports do not get a team photographer.
USA Football

1) Schools sign up

2) All coaches MUST complete online courses through NFHS.
   - NYSIR is paying for cost of on-line courses.

3) Highly recommended that one coach per school attend in-person clinic
Systems evolve and mature over time based on the organizations ability to adopt change.

Changing to a New, Digital TBI CoC System for Concussion Management

- **Current Approach**
  - Most organizations are here
  - Disjointed and ad-hoc communication between providers and injured person
  - No teams by role
  - Very little if any coordinate care
  - No TBI Circle-of-Care
  - Leads to bad outcomes

- **Team Approach**
  - Many BIA’s are here
  - Providers form support teams by role for better communication and collaboration with injured
  - Some coordinated care
  - No TBI Circle-of-Care
  - Inconsistent outcomes

- **Team + Process**
  - Teams use a common process to coordinate care using best practices and build individualized, targeted care plans for the injured person
  - TBI Circle-of-Care
  - Measurable, consistent outcomes using metrics

- **Team + Process + Technology**
  - Digital TBI CoC System
  - Tight coordination and immediate communication, alerts and data sharing between everyone - anyplace, anytime
  - Improved Outcomes are optimized by organizations
A networked, Digital TBI Circle-of-Care system is needed for to recognize a concussion and improve the outcomes.

The Digital TBI Circle-of-Care has the three components which are essential to provide the best capability to the injured player and to caregivers. They are:

- The right people including medical, non-medical and caregivers to provide unified care.
- A gold standard process that manages concussions consistently and ensures the best outcome.
- Use of technology to improve communication, collaboration and data sharing and provide proactive notifications, alerts and reminders.

Once a concussion is suspected, the player MUST be removed and others MUST get involved. Our system allows immediate and fast communication between teams and follows best practice protocols to ensure care is individualized and risk of reoccurrence is minimized when returning to the same activity.

Bottom Line: More players receive a diagnosis faster and receive individualized treatment resulting better outcomes when returning to life activities.

The EZ-SCRN system, is easy to use and is changing end-to-end care for a person with a concussion.

The system collects data at time of injury, provides immediate communication, and immediate visibility into where the student-athlete is at in the process.

Here’s how it works:

1. **APP**—uses a smart device to collect injury data by non-medical and medical people, then they receive alerts and status notifications proactively until the injured student returns to their activity. EZ-SCRN logs all activity in a secure, private-cloud.

2. **PRIVATE CLOUD**—Communicates data including player results and readiness status to teams in the network, and assures data integrity, data security, and data recovery.

3. **TBI CIRCLE-OF-CARE**—process based on the world-wide accepted, gold standard Berlin consensus statement is used to manage concussions consistently and effectively. This assures the best outcome for the injured student.

4. **DOCS**—to report on data collected and logged events for each step performed on the injured workers and delivers it to people both inside and outside the network.
A manageable risk or an ignored condition ...It’s your choice!

There is no better time then the present to take advantage of this partnership.

TCM is going on its third year. 100+ schools, colleges, sports clubs use easySCAT Sideline. Over 1100 registered users assess over 3000 student-athletes.

NYSPHSAA received feedback and recommendations from many of you to improve easySCAT Sideline. TCM took this seriously!

TCM is in alliance with several state Brain Injury Associations. With them, they have adopted a “Circle-of-Care” approach to managing concussions. Now anyone can build a network of providers, including the Brain Injury networks, hospitals, doctors, school staff and anyone else involved in care of the student-athlete.

NYSPHSAA and TCM are proud to announce EZ-SCRN (pronounced Easy Screen and stands for an easy to use (S)creening and (C)oncussion (R)esponse (N)etwork focusing on three objectives.

1. Improve data collection for signs and symptoms of a potential concussion at time of injury using Berlin’s guidelines for all medical and non-medical first responders.
2. Improve communication between non-medical and medical personnel involved in care.
3. Enhance documentation and reporting by providing a administration panel on the computer for better user and player management, data analysis and state reporting.

Minimize student risk of long-term effects and reoccurrence of a concussion by:

- allowing anyone to be a first responder and capture emergency and “sit-them-out” signs and symptoms of a potential concussion at the time of student injury - anytime and anyplace,
- monitoring continuously the injured student for worsening conditions while they sit out,
- engaging the injured student in a “continuum-of-care” system that helps them from the time they are recognized with a potential concussion until the time they integrate back into their daily activities,
- improving greatly communication and collaboration between all involved in the students care by sharing data immediately, and by using proactive notifications and alerts.

Minimize school district risk of parent scrutiny and costly litigation by:

- using a system which follows NY state law and implements concussion management widely accepted best practice, gold standard protocols,
- documenting and storing permanently and indefinitely critical injury information in a central database that is unaltered,
- logging every step taken and recording when it was logged (date/time) and who recorded it; providing a complete history of care,
- allowing immediate retrieval and review for sharing and email reporting,
- providing reports and analysis of data important to the school district and the state of NY.
TCM has worked hard to obtain the best pricing possible for your school district.

Pricing is simple and easy
- One subscription fee charged annually with no limit on student, user, or assessment count; software maintenance and user support is included
- Price is about $1 per student per year.
- NYSPHSAA member schools receive a 35% discount off list price.

Procurement direct from TCM or through BOCES
- TCM was awarded a Statewide Software contract bid number OCM RFB 219-64 allowing school districts to receive state aid
  - TCM is the ONLY concussion management SW vendor awarded a contract.
  - Our performance period is from June 1, 2019 through May 31, 2020, at which time we can renew.
- The average aid for schools is about 60%. Aid range from 36% to 85%.
  - Example/ with NYSPHSAA discount and BOCES aid, the $1 per student list price would be about 26¢ per student per year.

Here is a recent Quote for a Rochester based school that purchased through BOCES.

Yearly subscription for unlimited users, students, and assessments
- includes training, support and SW maintenance updates.

List price
- 1 Very Large HS - $1,895.00
- 1 Large MS - $1,195.00
- Total: $3,090.00

Invoice price with NYSPHAA 35% discount
- Total: $2,008.50

Estimated cost with 65% BOCES aid using the statewide SW RFB 219-64 contract
- Total: $702.97

Bottom Line: 35¢ per student per year
Any Questions?

**NOTE**
EZ-SCRN is in final test at several schools. We are anticipating a fall release.
EZ-SCRN is provided at no extra cost to organizations that are current subscribers or who renew within 30 days of subscription expiration.
Once released, prices are subject to change.

Contacts

**Todd Nelson**  
Assistant Director  
NYSPHSAA  
tnelson@nysphsaa.org  
phone: 518.690.0771

**Paul Bailey**  
President and CEO  
Total Concussion Management LLC  
paul@easyscat.com  
sales: 315.840.0299 cell: 315.383.2868

Impact Testing

- NYSPHSAA will bill based on tests used rather than tests ordered.  
  - Create a blanket P.O. for NYSPHSAA

- NYSIR and Utica National are providing free baseline tests to their member schools.

- NYSPHSAA will re-examine the number of schools using Impact Testing at the conclusion of 2019-2020 school year.
Participation Survey

- Distributed in late March/early April
- Due by the end of May
- Important information for NYSPHSAA, sport committees, NFHS, championships, etc.
- Use High School BUILDING BEDS CODE to access (same as Scholar-Athlete)

MANDATORY

FALL
Monday, Week #23
December 9, 2019

WINTER
Monday, Week #37
March 16, 2020

SPRING
Tuesday, Week #47
May 26, 2020

DEADLINES
Unified added to Scholar Athlete

- Central Committee approved.
- Unified Basketball & Bowling to be added to Scholar Athlete program.
- 165 schools playing Unified Basketball and 46 teams playing Unified Bowling.
- A school’s School of Distinction or School of Excellence applications will not be impacted.

School of Distinction/Excellence

**School of Distinction**

100% of varsity athletic programs qualified for and received Scholar-Athlete Team Award

**School of Excellence**

75% of varsity athletic programs qualified for and received the Scholar-Athlete Team Award

*Application Required: Deadline JUNE 30th.*
*Application available on the Scholar-Athlete website AFTER Spring Scholar-Athlete Deadline.*

Qualified is interpreted to mean teams having met the deadline date to apply as set for each sports season. Schools must also meet the deadline for the School of Distinction and School of Excellence application.
School of Distinction/Excellence

- School of Distinction and Excellence are only recognized via an APPLICATION PROCESS.
- Schools need to submit it ON TIME to receive recognition.

Community Service Challenge

NYSPHSAA will partner with Team Up 4 Community to provide a FREE platform for students, coaches, teams, administrators, and schools to apply for the NYSPHSAA Community Service Challenge. **A challenge will take place each sports season.** A team does not need to be in season to apply. The NYSPHSAA SAAC will determine a winner after each season’s submission deadline.

Submissions for fall opened August 19th!

Deadline Dates:
- Fall: Monday of Week #19 - November 11, 2019
- Winter: Monday of Week #36 - March 9, 2020
- Spring: Monday of Week #48 - June 1, 2020

New!
10-15 minute inspirational video, presented in a sports documentary style each month.

GOAL: Feature current or past NYSPHSAA student-athletes, coaches, and administrators.

All Captains Club episodes are made available on YouTube for additional viewing. To send story suggestions, contact Kristen Jadin (kjadin@nysphsaa.org) or Chris Watson (cwatson@nysphsaa.org).

Captains Club Leadership Guide associated with the program to help facilitate discussions with teams/captains.

“Our goal is to dedicate efforts to promote safety, sportsmanship, leadership (in the classroom and athletic arena), and positive relationships with coaches, administrators and other student-athletes. We work to represent the perspective of all NYSPHSAA student-athletes by presenting their concerns to the NYSPHSAA, thereby developing initiatives for future improvement of all NYSPHSAA member schools and communities.”

- Each section has 2 student-athlete representatives
  - (1 male and 1 female rep)
- Application distributed in April
- 1 spot open in each section, each year
- Optional 2 year term (if a junior representative)
- Sections are beginning their own section SAAC.
NYSPHSAA/ NYSED RULES AND REGULATIONS

NYSPHSAA Handbook
NYSPIAA TABLE OF CONTENTS

RECENT DEVIATIONS TO NYSPIAA HANDBOOK .................................................. 5
ADMINISTRATION .................................................................................................. 7
HISTORY OF NYSPIAA, INC. ................................................................................. 8
NYSPIAA COMMISSIONER'S REGULATIONS ...................................................... 11
NYSPIAA TOOLS .................................................................................................. 11
ATHLETIC PLACEMENT PROCESS ...................................................................... 11
COACHING CERTIFICATION .............................................................................. 11
MEDIA COMPETITION .......................................................................................... 11
REGULATION 155A .............................................................................................. 11
SCHOOL HEALTH EXAMINATIONS .................................................................... 11
CONSTITUTION ...................................................................................................... 12
DEFINITIONS .......................................................................................................... 22
BYLAWS AND ELIGIBILITY STANDARDS .............................................................. 26
1. AGE AND GRADE ............................................................................................. 26
2. AMENDS ........................................................................................................... 26
3. APPEAL PROCEDURE ....................................................................................... 27
4. APPROVED OFFICIALS ................................................................................... 29
5. ASSESS NAME .................................................................................................. 29
6. BONA FIDE STUDENTS .................................................................................. 29
7. COMBING OF TEAMS ..................................................................................... 30
7. COLLEGE .......................................................................................................... 30
8. DURATION OF COMPETITION ...................................................................... 31
9. FOREIGN STUDENTS AND INTERNATIONAL STUDENTS ......................... 32
10. HEALTH EXAMINATION ............................................................................... 33
11. INTERNATIONAL CONTESTS ...................................................................... 39
12. INTERSCHOOL SCHEDULE ........................................................................ 35
13. INTERSTATE CONTESTS ............................................................................... 35
14. MIDDLE OR JUNIOR HIGH SCHOOL .............................................................. 36
15. MIXED COMPETITION .................................................................................. 36
16. NATIONAL TEAM/REGION DEVELOPMENT PROGRAMS ..................... 37
17. NON-FEDERATION MEMBER SCHOOLS ..................................................... 37
18. OUTSIDE AGENCIES ...................................................................................... 37
19. PENALTIES ..................................................................................................... 38

20. PROFESSIONAL PROJECTS ........................................................................ 40
21. PROJECTS ...................................................................................................... 40
22. RECERTIFICATION AND UNDOE INFLUENCE ........................................ 41
23. REPRESENTATION ........................................................................................ 41
24. SENIOR ALL-STAR CONTEST ..................................................................... 42
25. SPORTSMANSHIP .......................................................................................... 42
26. SPORTS SEASONS ........................................................................................ 44
27. STATE CHAMPIONSHIP CONTESTS ......................................................... 44
28. TRANSFER ...................................................................................................... 46
29. TRANSPORTATION ....................................................................................... 48
30. TRANSPORT CONVENTIONS .................................................................... 48
31. TRANSPORT GUIDELINES .......................................................................... 48
32. HIGH SCHOOL SPORT STANDARDS ............................................................ 50
33. DISPLAY RULE ............................................................................................. 51
34. DRONE POLICY ............................................................................................. 51
35. UNIFORMS .................................................................................................... 51
36. THUNDER & LIGHTNING POLICY ............................................................ 52
37. THUNDER AND LIGHTNING POLICY ...................................................... 52
38. HEAT INDEX AND WIND CHILL POLICY .................................................. 52
39. DIAMONDMINT ............................................................................................ 53
40. BASEBALL ..................................................................................................... 54
41. BASKETBALL (GIRLS) ................................................................................ 56
42. BASKETBALL (BOYS) ................................................................................ 59
43. BOWLING ....................................................................................................... 60
44. COMPETITIVE CHEERLEADING ................................................................. 62
45. CROSS COUNTRY ........................................................................................ 63
46. FENCING ........................................................................................................ 64
47. FIELD HOOPY ............................................................................................... 65
48. FOOTBALL ....................................................................................................... 67
49. GOLF .............................................................................................................. 71
50. GYMNASTICS ................................................................................................. 73
51. ICE HOCKEY .................................................................................................. 74
52. LACROSSE ..................................................................................................... 75
53. KIPFLER .......................................................................................................... 77
54. SKIING ........................................................................................................... 78
55. SOCCER .......................................................................................................... 79
56. SPORTS ........................................................................................................... 82

TABLE OF CONTENTS
NYSED Commissioner's Regulations

NYSED TOOLKIT:
NYSED Curricula & Instruction, Physical Education, Athletics & Coaching
- Learning Standards for Health, PE, and Family & Consumer Sciences
- Resources and Guidelines
- Adopted Physical Education
- Athletics and Coaching
  - Guidelines
  - Resources
  - Forms

ATHLETIC PLACEMENT PROCESS:
- Athletic Placement Process
- Athletic Placement Process FAQ

COACHING CERTIFICATION:
- Coaching Certification Information

MIXED COMPETITION:
- Mixed Competition Standards

REGULATION 135.4:
- 135.4 Official Compilation of Codes, Rules and Regulations of the State of New York

SCHOOL HEALTH EXAMINATIONS:
- School Health Examination Guidelines

New York State Education Department
Knowledge ∞ Skill ∞ Opportunity

NYSED * Education Area * Standards & Curriculum * Assessments * Certification & Licensing * School Business * Data & Reporting *

Curriculum and Instruction

Athletics and Coaching

Physical Education
- Physical Education Learning Standards
- Adaptive Physical Education
- Approved Coaching Courses
- Athletics and Coaching
- Physical Education Frequently Asked Questions
- Physical Education Profile

Additional Resources
- Awards and Scholarships
- New Coaching Course Guidelines
- NIH Coaching Course New York State (NYS) Specific Second Pathway Guidelines
- Internship Evaluation Information Form
- Coaching Experience Verification
- Courses Accepted as Meeting the Coaches First Aid and CPR Requirement
- Approved Coaching Courses Information
- Coaching Course Equivalents
- Extension of Time to Meet Coaching Requirements
- Athletic Placement Process for Interscholastic Athletic Programs
- APP Frequently Asked Questions (FAQ)
- Guidelines for Sports Standards
- Mixed Competition
Physical Education

Physical Education is a required subject for all students in grades K-12. When students reach the commencement level of the learning standards for physical education, they will have the knowledge and skills to participate in a variety of healthy activities; understand and appreciate the benefits of maintaining a healthful lifestyle; understand how to evaluate and access resources in their community to pursue a healthy and active life; and will be aware of the many career opportunities available in this field.

Physical Education Information

Learning Standards for Health, PE, and Family & Consumer Sciences
- Introduction to Standards
- Learning Standards

Education Commissioner’s Regulations for Physical Education
- Part 135 Health, Physical Education and Recreation
  - Section 135.1: Definitions
  - Section 135.4: Physical Education

Athletic Placement Process

The previous guidance included separate fitness tests for specific sports and levels of play. Beginning in the fall of 2015, the President’s Physical Fitness Test will be the physical fitness standard used in the APP. See: https://www.presidentschallenge.org/challenge/physical/benchmarks.shtml

To meet the APP physical fitness standards the student must meet the 85th percentile level of the national norm for their age in 4 out of 5 test components (see Appendix E, I, and J in the APP document). For students trying out for swimming, students may choose either the 1 mile walk/run or the 500 yard swim. (See Appendix J).
Question from A.D.

“If the school physician doesn’t approve an athlete based on ‘tanner score/maturity’ but the athlete's own physician writes a letter to the school district saying that the athlete does meet the recommended tanner score/maturity how would the school proceed, can they use the athlete’s family physician over their own school physician?”
Coaching Certification

- All NYSPHSAA member schools must abide by NYSED regulations for Coaching Certification

- Includes:
  - Non-Public Schools
  - Volunteer Coaches
  - Assistant Coaches

Mixed Competition

<table>
<thead>
<tr>
<th>Regulation for Interscholastic Athletics</th>
</tr>
</thead>
<tbody>
<tr>
<td>REGULATIONS OF THE COMMISSIONER OF EDUCATION</td>
</tr>
<tr>
<td>SECTION 105.24(F)(5)(a)</td>
</tr>
</tbody>
</table>

1. Panel Approved Sports
   - One Team for Males
   - One Team for Females
   - Male & Female Teams

2. Mixed Competition
   - One Team for Males
   - One Team for Females
   - Approval required

*This order of approval is recommended so as to avoid the unnecessary formation of a review panel in cases where the superintendent or chief school officer does not wish to approve the student for mixed competition.
A local business wants to donate $10 to our Booster Club for every homerun our softball team hits this season. Is this permissible?

a. Yes; with permission and approval from your school’s Superintendent.

b. Yes; as money may be donated to the school as long as student’s do not directly receive any portion of the donation.

c. No; donations cannot be made based upon a student’s performance.

d. No; donations must go directly to the school and not the school’s Booster Club account.
Bylaws and Eligibility Standards
1. Age and Grade

- July 1st
- Student turns 19 prior to July 1st = Ineligible

---

**1. Age and Grade:**

*Regulation of the Commissioner of Education*

A student shall be eligible for interscholastic competition in grades 9, 10, 11 and 12 until his/her nineteenth birthday. If the age of nineteen years is reached on or after July 1, the student may continue to participate during that school year in all sports. 

NOTE: Students may be eligible regardless of age or grade if they have been approved through the State Education Department’s Athletic Placement Process. The 15-year-old below the 9th grade needs only to meet the Athletic Placement Process maturity standards to be eligible at the high school level. ([Duration of Competition #0](#))

*Reporting Procedure: All violations shall be reported to the League and Section.*

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2. Amateur

2. AMATEUR:

a. A student who represents a school in an interscholastic sport shall be an amateur in that sport. An amateur is one who engages in athletic competition solely for the pleasure of the activity and for the physical, mental, and social benefits derived from participation. When competing in non-NYSPHSAA sponsored events, an athlete forfeits amateur status in a sport by:

1. Accepting money or other compensation, including gift cards and gift certificates is prohibited (allowable entry fees, travel, meals, and lodging expenses is permitted.) (Feb. 2019)

2. Receiving an award or prize of monetary value which has not been approved by this Association. NOTE: Only awards or prizes having a monetary value of two hundred fifty dollars ($500) or less per competition will be approved by the Association. When honoring student-athletes for success in NYSPHSAA sponsored championship events, Boards of Education are encouraged to approve limited awards that are appropriate to high school level competition. (May 2019)

3. Capitalizing on athletic fame by receiving money or gifts of monetary value (scholarships to institutes of higher learning are specifically exempted).

4. Signing a professional playing contract in that sport.

b. Instructing, supervising, or officiating in any organized youth sports program, recreation, playground, or camp activities will not jeopardize amateur standing. Receiving compensation for officiating shall not affect amateur standing.
3. Appeal Procedure

3. APPEAL PROCEDURE:
The NYSPHSAA, Inc. is an association of member schools. Therefore, appeals will only be entertained from school, leagues and sections.

1. The decision of the Athletic Council clearly is contrary to the evidence presented.

2. The facts found by the Athletic Council constitute a violation of the Association’s Constitution, standards or rules, or Regulations of the Commissioner of Education, or

3. A procedural error affected the reliability of the information that was utilized to support the finding of the Athletic Council.

Appeal Filing Fee

d. An aggrieved party shall be one or more-member schools of the NYSPHSAA, Inc., and the notice of appeal shall be signed by the chief school officer of the schools involved. The aggrieved party must notify the Executive Director of the NYSPHSAA, Inc., of its intention to appeal to the Appeal Panel not later than fifteen (15) calendar days from the date the aggrieved party received written decision of the Athletic Council and submit a statement indicating whether the aggrieved party desires to submit its appeal in writing only or whether they desire to make oral argument by either telephone conference call or in person. A filing fee of $500 (July 2019) must be received from the aggrieved party prior to the appeal hearing. The Executive Director of the NYSPHSAA, Inc., shall notify the parties of the date by which written presentation must be submitted and the date, place and time for any oral arguments.
Questions:

- “My daughter attends a small private school that does not offer high school volleyball. Can she play volleyball at the public school where we live since we pay taxes in that school district?”

- “Can a homeschool student in our district play baseball for our school?”

6. Bona Fide Students

6. BONA FIDE STUDENTS:

A contestant must be a bona fide student of the high school represented and must be taking at least four subjects including Physical Education. A foreign exchange student may be considered a bona fide student if all of these eligibility rules are satisfied. A student in an education program in two schools may represent only the home school.

NOTE: A student in shared services, part-time or full-time program, taking the equivalent of four subjects including Physical Education, is considered as being registered in the home school. Exceptions for special cases must be approved by League and Section.

A student who satisfies all eligibility standards, enrolled in the equivalent of three requirements for graduation, may be enrolled in one or more college courses for advance placement. The student must be earning a minimum of three high school credits and Physical Education to be eligible.

For assistance in determining the eligibility of students enrolled in a GED program, please contact the NYSPHSAA office.
Combining of Teams- Graduated Scale

**2018-2019**

Class AA = 100%
Class A = 100%
Class B = 100%
Class C = 40%
Class D = 30%

The graduated scale is used for up to 3 "team" mergers and mergers with 4 or more "teams" take 100% of their BEDS; ONLY in team sports. (July 2017)

**Beginning in 2019-2020**

The percentage is dependent upon the association’s “Sport Specific classification cut-off numbers” (July 2018)

- **Five Classes** (100%, 100%, 100%, 40%, 30%)
- **Four Classes** (100%, 100%, 40%, 30%)
- **Three Classes** (100%, 40%, 30%)
- **Two Divisions** (100%, 40%)

7. College

**7. COLLEGE:**

A student is no longer eligible to represent the school in that sport in that season if the student participates in practice or competition with or against any individual or team(s) representing a college that season. Prior to completion, the NYSPHSAA Executive Director may grant an exemption of the College Rule for an individual sport athlete when vying for a standard that would qualify them for the Olympic trials and/or Olympic Games when this opportunity is not offered through the New York State Public High School Athletic Association and/or the National Federation of State High School Associations. The exemption would permit a student to participate as an “unattached” individual with no affiliation to their school team in a competition against open and college competitors in an approved competition set forth by the Olympic Committee without violating the College Rule. (Jan. 2012)

*Reporting Procedure: All violations shall be reported to the League and Section.*
Transfer Rule, Foreign Exchange, College Rule, Representation Rule, Duration of Competition and the Bona Fide Student Regulation.

8. Duration of Competition (NYSED)

- Regardless of participation
- Consecutive Semesters
  - 7th graders = 6 consecutive years
  - 8th graders = 5 consecutive years
  - 9th graders = 4 consecutive years
A football player enters 9th grade in 2015. The student is diagnosed with cancer in late August of 2015, requiring extensive hospitalization missing the remainder of the school year and ultimately requiring additional semesters to graduate. In 2018, the school applies for an extension of eligibility to allow him to play during the 2019-2020 season. Does he qualify?

A) No, because he exceeds the age limit.
B) No, because he played football during her freshman season.
C) Yes, because he would qualify for an extension of eligibility because his illness caused him to need extra semesters to graduate.
D) Yes, because all students who require additional semesters to graduate can receive an extension of eligibility.

Extension of Eligibility

5th year of eligibility

Student “missed” a semester of eligibility as a result of an illness or accident, or social/ emotional condition which as led to needing additional semesters to graduate
Extension of Eligibility Questions

1. What semester of eligibility did the student miss?

2. What was the student’s illness, accident, or social/emotional condition which is requiring additional semesters to graduate?

3. When will the student turn 19?
   - Prior to July 1st?

8. A student from Spain has registered in our school as a foreign exchange student. The student is part of a CSIET program. He recently swam for Spain’s National Team in the World Championships. Is he eligible to swim for our boys swim team in the winter?

   a. No; if he swam for a national team, he would be considered ineligible for high school competition in New York.

   b. Yes; since he is part of a CSIET program, he is given a one-year waiver of the Transfer Rule.

   c. Yes; all foreign exchange students receive a one-year waiver of the Transfer Rule.

   d. No; foreign exchange students are only eligible at the sub-varsity level.
9. Foreign Exchange/International Student

- Three categories of foreign students:
  - 1) Foreign Exchange students in a CSIET program
  - 2) Foreign Exchange students not in a CSIET program
  - 3) International Students
Foreign Exchange/ International Student

1) Foreign Exchange students in a CSIET program
   - Receive One year waiver of transfer rule
2) Foreign Exchange students not in a CSIET program
   - “Subject” to transfer rule
   - Ineligible in any sports with prior playing experience
     (higher or equal level) TRANSFER RULE
3) International Students
   - “Subject” to transfer rule
   - Ineligible in any sports with prior playing experience
     (higher or equal level) TRANSFER RULE

10. Health Examination

   ○ NO REQUIRED NYSED FORM

10. HEALTH EXAMINATION:
Regulation of the Commissioner of Education:
[NYSED LINK] A student who may engage in interschool competition shall receive an adequate health examination and health history update when required, and may not practice or participate without the approval of the school medical officer. NOTE: Physicals
### 15. Mixed Competition

**15. MIXED COMPETITION:**

Regulation of the Commissioner of Education

Male and female pupils on interschool athletic teams. See Commissioner Regulation.

a. Equal opportunity to participate in interschool competition either on separate teams or in mixed competition on the same team shall be provided to male and female students, except as hereinafter provided. In schools that do not provide separate competition for male and female students in a specific sport, no student shall be excluded from such competition solely by reason of sex except in accordance with the provision of sub clauses (b) and (d) of this clause. For the purpose of this clause, baseball and softball shall be considered to constitute a single sport.

b. In the sports of baseball, basketball, boxing, field hockey, football, ice hockey, lacrosse, rugby, soccer, softball, speedball, team handball, power volleyball, where the height of the net is set at less than eight feet, and wrestling, the fitness of a given student to participate in mixed competition shall be determined by a review panel consisting of the school physician, a physical education teacher designated by the principal of the school and if requested by the parents of the pupil, a physician selected by such parents. Such panel shall make its determination by majority vote of the members, and in accordance with standards and criteria issued by the department.

c. Where a school provides separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, may permit a female or females to participate on a team organized for males. However, where separate competition is provided, males may not participate on teams organized for females.
18. Outside Agencies

18. OUTSIDE AGENCIES:
Cooperation is permitted with any organization, college, or university, which may offer encouragement and/or the use of facilities for competition. An application form must be submitted to the Section Athletic Council prior to the planning of a contest. Approval may be given if these conditions are satisfied:

1. A school, league, Section or the Association must cosponsor the activity.

2. Secondary school personnel shall be responsible for planning and for conducting the activity.

3. The contest shall be developed with due regard for health and safety standards as set forth by the Commissioner’s Regulations, and policies and standards of the NYSPHSAA, Inc.

4. Insurance shall be provided which will protect the participants in case of injury and the organization or institution against liability.

5. The philosophy and standards which are to be followed shall be consistent with those listed in the NYSPHSAA, Inc., HANDBOOK.

6. Financial arrangements are to be clearly specified in the application for approval.
19. Penalties

19. Penalties:

a. If a school uses an ineligible student in any interscholastic contest, such contest shall be forfeited to the opposing schools. In individual sports, the use of an ineligible player would result in the contest being forfeited, however, the performances and outcomes of the other individuals would stand.

c. If an individual or team exceeds the maximum number of contests permitted, the penalty is team ineligibility from the date of violation for the rest of the season. In the sports of wrestling, cross country, indoor track and outdoor track, swimming and diving when an individual exceeds the maximum number of contests, only the individual would no longer be eligible for that season. When an athlete exceeds the maximum number of contests the level in which the student-athlete participated as an ineligible competitor will be affected.

e. School Districts may appeal to the Section to gain relief from the prescribed penalty if the violation of eligibility standards resulted from circumstances out of the District’s control.

Maximum Number of Games

- Teams are limited to a maximum number of games.
- Penalty for playing too many games/contests is ineligibility for the rest of the season.

- PLEASE MAKE SURE YOUR COACHES KNOW HOW MANY GAMES/CONTESTS THEY ARE PLAYING!
PLEASE MAKE SURE YOUR COACHES KNOW HOW MANY GAMES/CONTESTS THEY ARE PLAYING!!!!

22. Practice Sessions

b. No student or team may be permitted to participate in school organized practice or play on seven consecutive days during the regular season. Specifically, during the regular season, physical and/or instructional activities related to the sport on seven consecutive days are prohibited.

NOTE: Any contests leading up to Sectional play is considered “regular season.”

Only one practice session a day and only six days of a calendar week may be counted toward the total practice sessions required. A practice session conducted on the same day as a game cannot be counted to meet the minimum practice requirement to be eligible for that day’s contest. All required practice sessions shall be organized and planned for a reasonable length of time and shall include vigorous activity specific to the sport for the purpose of improving the physical condition of the players. Warm-ups prior to a game/contest are not considered “practice.” Each of the required number of practices for an individual must include vigorous activity; however, practice sessions required for the team beyond those needed by the individual may be used solely for meetings, film review and similar activities.

NOTE: Practice is considered an integral part of the interschool program in that sport. An individual must be eligible according to age and all other Eligibility Standards to participate in practices or competitions with the high school squad in that sport.
Standard Practice Requirements

- Standardized practice requirements for all sports and levels.
  - Varsity → Modified

- 6 practices to represent your school; 10 in football, gymnastics, wrestling & baseball.

- Started Fall 2019.

c. School sponsored activities conducted out of the sport season such as general conditioning, weight training, weight lifting, intramurals, recreation, open gyms, club activities and camps are permitted:
  1. if such programs are not mandated by coaches or school personnel;
  2. if such programs are available to all students.

e. Upon returning from military training, student-athletes shall be eligible for participation in interscholastic athletics once they have completed the required number of practices. Eligibility for participation will also include meeting all eligibility requirements imposed by the Commissioner of Education and NYSPHSAA such as, but not limited to, health examination, age, grade, etc.

g. Games and practice between students and adults (alumni or faculty) are not approved.
26. Representation

**Team Sports:** For the sports of baseball, basketball, field hockey, ice hockey, lacrosse, soccer, softball and volleyball an individual is eligible for the team if he/she has been an eligible participant on a team in that sport in that school for a minimum of six (6) scheduled contests during the regular season. For football, a student must be an eligible participant for a minimum of three (3) contests. For Competitive Cheerleading, a student must be an eligible participant for a minimum of two (2) competitions.

**Team/Individual and Individual Sports:** For the sports of archery, badminton, bowling, cross country, fencing, golf, gymnastics, rifle, skiing, swimming, tennis, outdoor track, winter track and wrestling an individual must also have represented their school in six (6) scheduled contests during the season to be eligible. These required contests must occur on six (6) different dates and must be conducted prior to the conclusion of the team’s regular schedule. See “NOTE” below.

**NOTE:** Teams organized for one gender may only practice and compete against teams of that same gender. Furthermore, once an individual competes on a team for one gender during the regular season, he/she may not compete for or against a team organized for the other gender during that regular season.

**NOTE:** for individual, individual/team sports, when a school district does not have a team designated for each singular gender, the Section Executive Director may grant a waiver of the Representation Standard for Sectional Competition when a student has met the qualification for participation in the current school year’s NYSPHSAA Championship event. The waiver request must be submitted to the Section Executive Director before the start of Sectional Competition. The athlete must meet all eligibility standards, to receive the waiver.

**Example:** allows girls to play golf on boys team during the regular season and play in girls Sectional tournament.
NOTE: For all individual sports, a girl may participate during the regular season as member of the boys team via mixed competition and also compete in tournaments organized specifically for girls, as long as she does not exceed the maximum number of contests during the regular season. (Feb. 2019)

**Example:** allows girls to play golf on boys team during the regular season and play in girls ONLY regular season tournaments

28. Sportsmanship

*Any coach:*

1. Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest;

2. Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and

3. Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season (regular season or post schedule play), the Section Athletic Council will assess the penalty carrying over into the next season of participation.

4. The Section Athletic Council will have the authority to extend the period of ineligibility in those cases where the actions of the individual that was disqualified from a contest or scrimmage are warranted. The period of ineligibility cannot exceed one year from the date of the disqualification.
Any Player:

1. Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest;

2. Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and

3. Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season. If the third ejection takes place in the last contest of the season (regular season or post schedule play,) the Section Athletic Council will assess the penalty carrying over into the next season of participation.

4. The Section Athletic Council will have the authority to extend the period of ineligibility in those cases where the actions of the individual that was disqualified from a contest or scrimmage are warranted. The period of ineligibility cannot exceed one year from the date of the disqualification.

31. Transfer Rule

- Transfers begin with a "change in registration"
  - No Change in registration = no transfer

- **With** a corresponding change of address.

  **AND**

- **Without** a corresponding change of address.
Corresponding Change of Address

- When a student changes registration, with a “corresponding” change of address the student is ELIGIBLE.

Parents becoming legally separated/divorced.
- Purchasing a new home.
- Renting an apartment or house.
- “Other” parent moving into the school district.
Transfer Rule

Question:
- “A student transferred to our school in September without a corresponding change of address and was declared ineligible for the sport of basketball since he played last year. The parents have now purchased a home in our school district (November), can he play?”

Answer:
- No; a period of ineligibility cannot be superseded; the student is ineligible. Change in registration and residence MUST be “corresponding.”

Non-Corresponding Change of Address

b. A student who transfers without a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months prior) is ineligible to participate at the varsity level in any interscholastic athletic contest in a particular sport for a period of one (1) year if as a 9-12 student participated in that sport during the one (1) year period immediately preceding his/her transfer. **NOTE:** Students in grades 7-10, shall be eligible to participate at the sub-varsity level and practice at all levels, while students in grades 11-12 shall be limited to practice (all levels) only. (July 2019). At no time during the one-year period of ineligibility at the varsity level should a student participate in a scrimmage or be an exhibition participant at the varsity level.
Non-Corresponding Change of Address

- Changing registration without a change of address
  - Ineligible at the varsity level for one year from the date of registration.
    - Grades 7-10 = sub-varsity eligibility & practice
    - Grades 11-12 = practice only

- Waivers & Exemptions

Transfer Rule

- Question:
  - “A student turned 19 in late June. I know he is not eligible as per the NYSED Age regulation, but can he practice with the varsity team?”

- Answer:
  - No; the ability to practice is only granted for students who transfer without a corresponding change of address.
Hello,

My daughter has to attend a fifth year at high school due to issues with her IEP. We know she can not complete this year, but is there any rule or reason she can not practice and be part of the school team?

Thank you for any information you can give me!

Sincerely,

Transfer Rule

Answer:

- She is not able to practice with the team; the ability to practice is only granted to students who transfer without a corresponding change of address. This student has exhausted her eligibility.
Transfer Rule

Question:

“A 10th grade student moved in with her older sister into our school district; her parents remained in the previous school district. She was the leading scorer on her basketball team last year that won State. Is she eligible to play basketball?”

Answer:

Yes; she is eligible to play sub-varsity and practice at any level.

Transfer Rule

Question:

“A 11th grade student moved in with her older sister into our school district; her parents remained in the previous school district. She was the leading scorer on her basketball team last year that won State. Is she eligible to play basketball?”

Answer:

No; she is only able to practice; sub-varsity eligibility is limited to 7-10 grade students who transfer without a corresponding change of address.
Transfer Rule

Question:

- “We had a student who transferred without a corresponding change of address at the start of the school year. Unfortunately, my varsity baseball coach did not know that he was not eligible at the varsity level and because of a shortage of players, the student played in 15 varsity games. Is there a penalty?”

Answer:

- Yes; this student is considered an ineligible athlete and all games he played in at the varsity level must be forfeited.

Question from A.D.

- I have an incoming freshmen from who played JV Soccer last year as an 8th grader. Per the revised transfer rule, I believe she would be eligible for sub-varsity competition this year at our school. However, due to a decrease in the number of girls soccer players in recent years, we haven’t had a JV Girls team since 2010 and I do not expect we will be able to field one this year. Assuming we do not have a JV team, due to limited number of players, would this student be ineligible to play in varsity level games?

- NOT ELIGIBLE AT VARSITY LEVEL
Transfer Rule

Question:
- “A foreign exchange student, NOT in a CSIET program, wants to play soccer at our school; he is classified as a 10th grader. I have identified that he does have prior playing experience in his home country at a level equal to New York high school soccer? Can he play JV soccer?”

Answer:
- YES; the ability to practice is only granted to students who transfer without a corresponding change of address.

Foreign Exchange/ International Student

1) Foreign Exchange students in a CSIET program
   - Receive One year waiver of transfer rule

2) Foreign Exchange students not in a CSIET program
   - “Subject” to transfer rule
     - Ineligible "AT VARSITY LEVEL" in any sports with prior playing experience (higher or equal level) TRANSFER RULE Applies

3) International Students
   - “Subject” to transfer rule
     - Ineligible "AT VARSITY LEVEL" in any sports with prior playing experience (higher or equal level) TRANSFER RULE Applies
Transfer Waivers

- Transfers **without** a corresponding change of address:
  - Health & Safety (Hardship)
  - Financial
  - District of Residency

Transfer Rule

- Superintendents approve students to **attend** school; Superintendents DO NOT declare athletic eligibility.

- Example:
  - Student moves with mom who rents an apartment in school district. Dad and sister remain at previous home/ school district.
    - Student is ineligible without a waiver/ exemption
District of Residency Waiver

- Students who return from any school to the public school of the residence of his/her parents (or other persons with whom the student has resided for at least six months) or a private school within that districts boundaries shall receive a waiver of the transfer rule. Such transfer without penalty will only be permitted once in a high school career.

- Schools must submit the required transfer form to the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval.

Transfer Exemptions

- 1. Age of majority: can substantiate they are independent and self-supporting.

- 2. If a private or parochial school ceases to operate

- 3. A student who is a ward of the court or state; Guardianship does not fulfill this requirement.

- 4. Divorced or "legally" separated parents.

- 5. A student who is declared homeless by the superintendent pursuant to Commissioner's Regulation 100.2.

- 6. A student of a military employee who is transferred to an active military base may enroll in the non-public school closest to their residence and maintain eligibility if the student enrolls in a non-public school immediately following the change in residence.
32. Transgender Guidelines

Procedure:
1. The student or the parent(s)/guardian shall notify the Superintendent (or designee) that the student would like the opportunity to participate in interscholastic athletics consistent with the gender he/she identifies as.

2. The student’s home school will determine the eligibility of a student seeking to participate in interscholastic athletics in a manner consistent with his/her gender identity where the student’s gender identity does not correspond to his/her sex assigned at birth.

3. The Superintendent (or designee) will confirm the gender identity asserted for purposes of trying out for an interscholastic sports team through documentation from the parent, guardian, guidance counselor, or from a doctor, psychologist or other medical professional.

4. On a seasonal basis the school will provide approval of eligibility to try out for an interscholastic sports team or teams which corresponds to the student’s gender identity.

5. The Athletic Director should notify the NYSPHSAA if any accommodations are needed.

Appeals:
All appeals with respect to a District’s determination as to eligibility of a transgender student to participate in interscholastic sports will go directly to the Commissioner of Education.

Transgender Student-Athletes

- Current NYSPHSAA guidelines essentially allow the school to determine the best team placement for the student.

- Meetings with NYS Attorney General’s office & NYSED to evaluate potential revisions.
High School Sports Standards

Jewelry Rule

JEWELRY RULE:
No jewelry, which includes visible body piercing objects, shall be worn in a sport. Any piece of jewelry that is visible at the start of or during a contest is in violation of the NYSPHSA Jewelry Rule. Religious medals must be taped to the body and under the uniform. Medical medals must be taped to the body so they are visible. Soft, pliable barrettes are permissible, body gems are not. The use of metal hair fasteners to secure hair is permissible in Girls Gymnastics. NOTE: The sports of Bowling and Golf are exempt from this rule. Wristwatches are permitted in cross country and in practice only for track and field. Hair restraints, to control a competitor’s hair, are permitted in track and field and cross country. (Dec. 2010)
Drone Policy

DRONE POLICY:
Approved May 5, 2017 (Executive Committee)

The New York State Public High School Athletic Association prohibits the use or possession of unmanned aircraft or aerial systems (UAS), also known as drones, for any purpose by any person or entity at all scrimmages, regular season and post season events.

This prohibition applies to the area above and upon all spectator areas, fields of play, courts, arenas, stadiums, mats, gymnasiums, pools, practice facilities, parking areas and or other property being utilized for the purpose of the interscholastic activity.

If there is a report of UAS activity at an athletic event school, Section and/or State Association officials will, in consultation with the sports officials, suspend the play until such time as the UAS is removed from the area as defined above or the school, Section/State and sports officials determine it is safe to proceed.

For purposes of this policy, a UAS is any unmanned airborne device or aircraft. The NYSPIHSAA, Section and/or Member School reserves the right to refuse admission to anyone operating or attempting to operate a UAS or to request the immediate removal of any person using or attempting to use a UAS in violation of this policy.

The NYSPIHSAA Executive Director has the authority to grant an exception to this policy to law enforcement, public safety agencies, NYSPIHSAA media partners, or other entities or individuals. Any request for an exception to the policy must be submitted to the Executive Director at least a week prior to the event. The exception is limited to the specific event requested and requires the consent of the host venue.

Thunder and Lightning Policy

THUNDER & LIGHTNING POLICY:
EFFECTIVE 10/25/01
Applied to regular season through NYSPIHSAA Finals:
1. Thunder and lightning necessitates that contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation or discussion- thunder is thunder, lightning is lightning.
   a. With your site administrator, set up a plan for shelter prior to the start of any contest.

2. When thunder is heard and/or lightning is seen, the following procedures should be adhered to:
   a. Suspend play and direct participants to go to shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g. bus, van, and car).

   b. Do not permit people to stand under or near a tree; and have all stay away from poles, antennas, towers and underground watering systems.

   c. After thunder and/or lightning have left the area, wait 30 minutes after the last boom is heard or strike is seen before resuming play or competition.
Heat Index and Wind Chill Policy

HEAT INDEX AND WIND CHILL POLICY
EFFECTIVE SPRING 2010
Applies to Regular season through NYSPHSAA finals.

- Heat Index Procedures
- Wind Chill Procedures

4. BASKETBALL (BOYS)
4.01 Rules: NFHS

4.02 Maximum Number of games: 28

4.03 Practice Requirements:
Number of practices prior to first scrimmage: 8 (team), 6 (individual)
Number of practices prior to first contest: 10 (team), 8 (individual)

4.04 Nights rest between contests: 1 nights

4.05 Individual contests limitation per day: 1 contest

4.06 Scrimmage limitations per day: 1 scrimmage

4.07 Waivers of NFHS Basketball Rules:
1. A waiver of the orange ball for the month of February if both teams agree (Dec. 2010)
2. A waiver of Rule 2-12 to require the officials' scorer to wear a striped shirt only in NYSPHSAA Semi-finals and Finals.
3. A waiver of rules for timeouts to allow for four (4) timeouts per game, plus one (1) 30-second timeout per half, in a regulation game.

4.08 NYSPHSAA Boys Basketball Rules:
1. Boys' basketball will use a 35 second shot clock.
2. The use of NFHS Rule 2-2-1 for all NYSPHSAA Championship semi-final and final games if it can be done at no additional expense to the Association.

4.09 Boys Basketball Scrimmage Rules:
1. A basketball scrimmage must include ten (10) minute time periods with running time (except time-outs) and unlimited time-outs.
2. The score will be cleared at the end of the time period and the time will be reset.
3. Optional shot clock.
Modified Sports

Modified Sport Changes

- Executive Committee reviewed and Central Committee approved several changes to Modified program.
MODIFIED BOYS AND GIRLS SOCCER

X Action Item

_____ Discussion Item

Presenter:
Jim Rose, NYSPHSAA Modified Co-Chairmen

Proposal:
To make the following changes/additions/deletions to Boys and Girls Modified Soccer in the Handbook:
1. Under Game Rules, eliminate #2 and follow the NFHS rule and play two 40-minute halves.
2. Edit Game Rule #5 to allow one timeout per half.
3. Remove the prohibition of slide tackles, overhead scissor kicks, and flip throw-ins.
4. Modify Game Rule #12 to state “exemption from the uniform requirements of a numbered goalie jersey and white home uniforms.”

MODIFIED FOOTBALL

X Action Item

_____ Discussion Item

Presenter:
Jim Rose, NYSPHSAA Modified Co-Chairmen

Proposal:
To make the following changes/additions to Modified Football:
1. Remove the Administration and test sections of the modified handbook.
2. Game rule #2 to allow gap alignment in 4-5-6 man fronts.
3. Change the early season practice requirements to 2 days of helmets, 3 days of helmet and shoulder pads and 5 days of full equipment and full contact.
4. Remove game condition #2 under 8 man football regarding the field size.
MODIFIED BOYS LACROSSE

X Action Item

Discussion Item

Presenter:
Jim Rose, NYSPHSAA Modified Co-Chairmen

Proposal:
The following changes/additions/deletions will be made to the Boys Lacrosse Section of the Modified Handbook:
1. Remove the administration section.
2. All of the bullet points under “Equipment” will be removed except the uniform and helmet regulation.
3. Change the length of quarters from 9 minutes to 10 minutes per quarter including overtime.
4. Under Game Conditions eliminate #3, #6, #7, and number #8.
5. Replace #10 with “substitutes are permitted whenever the ball goes out of bounds. Substitution during live play shall be on the fly.”
6. Edit #11, “When a goalie gets a penalty, the in-home player may serve the penalty.”
7. Add, “A goal will be disallowed after the horn sounds to indicate the end of the period.”

MODIFIED CROSS COUNTRY

X Action Item

Discussion Item

Presenter:
Jim Rose, NYSPHSAA Modified Co-Chairmen

Proposal:
To consider the following changes to Modified Cross Country:
1. Decrease the nights rest from 3 nights to 2 nights.
2. Add “It is recommended that there be a minimum standard of 6 meets scheduled for Modified Cross Country.”
MODIFIED SOFTBALL

X Action Item
____ Discussion Item

Presenter:
Jim Rose, NYSPHSAA Modified Co-Chairmen

Proposal:
To increase the number of doubleheaders allowed in modified softball from two to three.

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MODIFIED TRACK AND FIELD

X Action Item
____ Discussion Item

Presenter:
Jim Rose, NYSPHSAA Modified Co-Chairmen

Proposal:
To add to the handbook "It is recommended that there be a minimum of six meets scheduled for modified track and field."
MODIFIED BOYS AND GIRLS VOLLEYBALL

X  Action Item

Discussion Item

Presenter:
Jim Rose, NYSPIHSAA Modified Co-Chairmen

Proposal:
To reduce the minimum nights rest in boys and girls volleyball from 2 nights to 1 night.

MODIFIED WRESTLING

X  Action Item

Discussion Item

Presenter:
Jim Rose, NYSPIHSAA Modified Co-Chairmen

Proposal:
To increase the maximum number of points a student can wrestle during the week from 3 to 4.
1. Modified Age

1. AGE: Upon entry into the 7th grade, a student is eligible for modified program competition. One is ineligible when the sixteenth birthday is attained; however, if a student attains the sixteenth birthday during a sport season he/she may complete that sport season. NOTE: Schools, leagues and sections may organize Modified Program competition by age, grade, geography and/or ability levels within the limitations of the NYSPHSAA Eligibility Rules to ensure safe and equitable competition. Teams shall practice and compete only against other teams that use the same criteria for organization (i.e. age, grade, performance).
Extended Playing Time

<table>
<thead>
<tr>
<th>SPORT</th>
<th>TIME LIMIT</th>
<th>MINIMUM # OF PLAYERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>BASKETBALL</td>
<td>Regulation Game 7 minute quarters</td>
<td>7</td>
</tr>
<tr>
<td></td>
<td>5 Period Play 7 minute quarters</td>
<td>15</td>
</tr>
<tr>
<td></td>
<td>4 Quarter Extended Play 9 minute quarters (quarter 1-8 min)</td>
<td>19</td>
</tr>
<tr>
<td>FIELD HOCKEY</td>
<td>25 minute halves 12 minute periods</td>
<td>11</td>
</tr>
<tr>
<td>FOOTBALL</td>
<td>10 minute quarters 15 minute quarters</td>
<td>14</td>
</tr>
<tr>
<td>BOYS LACROSSE</td>
<td>9 minute quarters 11 minute quarters</td>
<td>16</td>
</tr>
<tr>
<td>GIRLS LACROSSE</td>
<td>25 minute halves 12 minute periods</td>
<td>18</td>
</tr>
<tr>
<td>SOCCER</td>
<td>15 minute quarters 18 minute quarters</td>
<td>12</td>
</tr>
<tr>
<td>Volleyball</td>
<td>3 out of 5 game matches 6 games with a max of 20 pg per game</td>
<td>12</td>
</tr>
</tbody>
</table>

12. Practice Sessions

12. PRACTICE SESSIONS: Each student may participate in only one practice session a day on only six days of a calendar week. Practice sessions shall be limited to two hours and be at least 45 minutes in length. No student may be permitted to participate in school organized practice or play on seven consecutive days.

All required practice sessions shall include vigorous activity related to the specific sport.

A tryout session may be used toward the required number of practices needed prior to the first scrimmage or contest when the high school and modified seasons start simultaneously or when the high school tryout periods are contiguous to the beginning of the modified sports season.
13. Promotion

13. PROMOTION: A contestant in grades 7, 8, and 9 who practices or competes with or against a freshman, junior varsity or varsity performer shall not return to the modified athletic program in that same season in that same sport. Contestants shall not be promoted to a higher classification within the modified program or to a junior varsity or varsity team after completion of fifty percent of their modified schedule.

   NOTE: EXCEPTIONS:
   a) General Eligibility Rule #17 “TRYOUTS.”
   b) In school where no junior varsity program is provided in a specific sport, a ninth grade modified contestant may be promoted to the varsity team at any point in the season if he/she displays the skills and maturity to compete at the varsity level. A promoted 9th grade contestant is eligible to participate immediately upon promotion providing that he/she has completed the necessary number of required practices for that specific sport. The contestant may not exceed the total number of contests as outlined in the High School Sport Standards Chart.

Promotion continued...

c) In a section whose “early winter” season ends in mid-winter, followed by the “late winter” season, the modified ninth grader could not be elevated to the varsity for post schedule contests in a sport played in the “early winter” modified season.

d) Promotion Regulation shall be waived for Boys’ and Girls’ Swimming & Diving and Boys’ and Girls’ Outdoor Track and Field permitting schools with section approval the option of running combined modified and varsity swimming and diving meets, alternating events.

e) The NYSPHSAA Executive Director may grant a waiver of the promotion rule if a High School team is dropped by the school district.
16. Transfer

16. TRANSFER: A student who is enrolled in one school may subsequently transfer no more than once during a school year without a corresponding change in the residence of his parents or guardians, or having reached the age of majority establishes a residency.

a) A student who transfers from one school to another becomes eligible after starting regular attendance.

b) Transfer students trying out for sports before school opens in the fall shall register and be accepted by the principal of that school before the medical examination and the first practice. This shall constitute the start of regular attendance for fall sports. NOTE: After approval by the school medical officer a student may practice immediately and must satisfy the specific Sports Standard according to the number of practice sessions required.

c) Practices at the previous school district may be counted toward the minimum number of practices required provided the principal or athletic director of the previous school submits, in writing, the number and dates of such practices to the principal or athletic director of the new school.

d) 7th and 8th graders that compete at the high school level will be subject to the transfer rule in "that" sport (effective with the 2017-2018 school years).

17. Tryouts

17. TRYOUTS:

a. A section may establish tryout periods to allow EXCEPTIONAL ATHLETES who have completed and passed the NYS Education Department Athletic Placement Process (APP) the opportunity to be selected for a high school team.

b. Seventh and eighth grade students must pass the APP qualifications prior to the tryout period.

c. Ninth grade students do not have to pass the APP qualification to participate in the tryout.

d. The tryout period for a modified athlete shall be defined as participation in three (3) of the first five (5) practice days of the high school season. During the tryout period, the modified athlete may not return to modified program until the athlete’s tryout is complete.

e. Tryout periods for wrestling, boy’s lacrosse, and ice hockey shall be a maximum of five (5) of the first seven (7) practice days of the high school season.

f. The tryout period for football shall be a maximum of eight (8) of the first ten (10) days of the high school season.

g. Student athletes participating in sectional approved tryout sessions are not subject to the Promotion rule.

h. In cases involving new transfer students, overlapping season, and/or medical conditions the student’s try-out period will be 3 out of 5 days, 5 out of 7 days, or 8 out of 10 days of the high school season depending on the sport.
Modified Start Dates

THE SECTION COUNCIL FOR MODIFIED ATHLETICS
1. Establishes essential administrative units and sports chairmen to provide the leadership necessary for the Modified Sports Programs in the schools of the section. Official league representatives and sports chairmen shall comprise the Section’s Council for Modified Athletics.
   a) Shall establish the dates for the opening of all sports seasons.
   Fall – With Section/League approval the modified program: Fall season starting date will be week #7 in the NYSPIAA Standard Calendar.
   Winter – With Section/League approval Week #19 is the earliest possible date for the winter sports season. Later dates may be set.
   Spring – With Section/League approval Week #36 is the earliest possible date for the spring sports season.
Thank You

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