Mandatory Standards & Eligibility Workshop

The following school representative acknowledges receipt of the NYSPHSAA Rules and Regulations and furthermore understands their responsibility to read and understand and to disseminate the NYSPHSAA Rules and Regulations to their coaches, student athletes and parents.

Print School Name: ____________________________ Section: ____________________________
Print First & Last Name: ____________________________ Title: ____________________________
Call Phone Number: ____________________________ Office Phone Number: ____________________________
E-mail Address: ____________________________

Signature: ____________________________ Date: ____________________________

Athletic department Twitter account: ____________________________ N/A

IF AVAILABLE:
Superintendent Name: ____________________________
Superintendent e-mail address: ____________________________
Principal Name: ____________________________
Principal e-mail address: ____________________________
Workshop Format

 Informational topics
 Rules & Regulations review

NYSPHSAA Administrative Staff

 Dr. Robert Zayas- Executive Director
 Joe Altieri- Assistant Director
 Todd Nelson- Assistant Director
 Kristen Jadin- Assistant Director
 Lisa Arnold- Finance
 Chris Joyce- Sales & Marketing
 Chris Watson- Communications Director
School Comp Pass

- NYSPHSAA Championship comp pass distributed to all schools at Fall AD Workshops.
- Good for one admission + guest.
Week #1 = first full week of July

Softball/ Baseball Championships
SAT Exams- **WARNING!**

- **Conflicts** - Football Sectionals & Cross Country Sectionals; Girls & Boys Soccer Regionals; Field Hockey Regionals.

---

SAT Exams- **WARNING!**

- **Conflicts** - Basketball Regionals; Ice Hockey Championships; Girls & Boys Bowling Championships;
SAT Exams- WARNING!

<table>
<thead>
<tr>
<th>SAT TEST DATES</th>
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</thead>
<tbody>
<tr>
<td><strong>2016 TEST DATES</strong></td>
<td><strong>2019 TEST DATES</strong></td>
<td></td>
</tr>
<tr>
<td>August 25, 2018</td>
<td>March 9, 2019</td>
<td></td>
</tr>
<tr>
<td>October 6, 2018</td>
<td>April 3, 2019</td>
<td></td>
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<tr>
<td>November 3, 2018</td>
<td>May 4, 2019</td>
<td></td>
</tr>
<tr>
<td>December 1, 2018</td>
<td>June 1, 2019</td>
<td></td>
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</tbody>
</table>

- Conflicts- Boys Tennis, Girls Golf, Boys Golf Championships; Track Sectionals; Baseball & Softball Sectionals, Girls LAX Regionals

ACT Exams- WARNING!

<table>
<thead>
<tr>
<th>ACT TEST DATES</th>
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<th></th>
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</thead>
<tbody>
<tr>
<td><strong>2018 Test Dates</strong></td>
<td><strong>2019 Test Dates</strong></td>
<td></td>
</tr>
<tr>
<td>September 8, 2018</td>
<td>February 9, 2019 (in NJ)</td>
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</tr>
<tr>
<td>October 27, 2018</td>
<td>April 13, 2019</td>
<td></td>
</tr>
<tr>
<td>December 8, 2018</td>
<td>June 8, 2018</td>
<td></td>
</tr>
</tbody>
</table>

- Conflicts- Baseball, Softball Regionals
- Track & Field, Girls Lax, Boys Lax Championships
Championship Schedules

- It continues to be the practice of the NYSPHSAA not to amend schedules for fairness and equity to all participating teams and students.

Code of Conduct Revisions

- Athletic Director will sign “one” Code of Conduct on behalf of their school

- Schools responsible for:
  - Student/ Coach behavior
  - Medical Release/ Emergency information
  - Consent for use of Photography/ Video
NYSPIHSA Code of Conduct
2018-2019 Regional & State Championships

Participation in NYSPIHSA Regional and Championship events is considered an honor and privilege; with this understanding, athletes and coaches are expected to adhere to standards of behavior and conduct. NYSPIHSA appreciates the work of Athletic Administrators to ensure teams, athletes and coaches are aware of NYSPIHSA standards and expectations when participating in post-season events.

Code of Conduct for Athletes:
1. Use of alcoholic beverages, tobacco products and other drugs (unless prescribed by a physician) will not be tolerated.
2. All curfews and bed checks will be adhered to as established by the Section supervisor or coach.
3. Athletes are responsible for their conduct in regard to public property such as; hotel rooms, transporting vehicles, fields and courts, locker rooms, etc. Athletes or the school they represent will be held financially responsible for any damage they incur.
4. Athletes must use transportation “authorized” by their section and school to and from the event.
5. There will be no gambling of any kind.

Code of Conduct for Coaches/ Sectional Supervisors shall:
1. Enforce Code of Conduct for athletes. Report problems to supervisors and send written reports to the Section and home school district.
2. Establish curfews and bed checks.
3. Be responsible for athletes from departure point of trip until trip is completed and ensure all athletes have transportation to their home district.
4. Make sure all emergency medical information is available for all student-athletes on site.
5. Notify proper authorities in the event an athlete is injured.
6. Abstain from the use of alcohol and controlled substances (unless prescribed by a physician).
7. Abstain from gambling of any kind.

Emergency Medical Release:
NYSPIHSA member schools, are responsible for ensuring coaches and/or Section supervisors have all necessary Emergency Medical Release information on site for all participating student-athletes.

Consent for use of Photography/Video:
NYSPIHSA member schools are responsible for notifying the NYSPIHSA Executive Director (in writing at least 48 hours prior to a NYSPIHSA post-season event), if student-athletes do not consent to their photographs, videos or image being used in NYSPIHSA promotional materials (e.g. press releases, websites, brochures, commercials).
Emergency Medical Release:
NYSPIHSAA member schools are responsible for ensuring coaches and/or Section supervisors have all necessary Emergency Medical Release information on site for all participating student-athletes.

Consent for use of Photography/Video:
NYSPIHSAA member schools are responsible for notifying the NYSPIHSAA Executive Director (in writing at least 48 hours prior to a NYSPIHSAA post-season event), if student-athletes do not consent to their photographs, videos or image being used in NYSPIHSAA promotional materials (i.e. press releases, website, brochures, commercials, championship programs, etc.).

By signing below, the NYSPIHSAA member school acknowledges understanding, knowledge and agreement with the information above.

Member School Name: ____________________________  Section: _____
(Please print)

Athletic Director’s Name: ____________________________
(Please print)

Athletic Director’s Signature: ____________________________  Date: ______

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Required Number of Practices & Games

![High School Sport Standards Table]
Spalding

- Available on NYSPHSAA website
  - Go to Resources → forms
- New GBB and BBB Product number
- NOSCAE Stamp

Traffic Safety

- NYS GTSC would like to host traffic safety events at schools throughout the state. Have access to guest speakers, simulators, demonstration crews, etc. and can offer them at no charge.
- Traffic Safety Week events, homecoming, prom, etc would all be great times for schools to host these events.
- Interested-contact Chris Joyce or Sgt Todd Engwer (todd.engwer@dmv.ny.gov, @ 518-473-7972)
Legend Rings

- Legend Rings has renewed as the official ring provider, please solicit a quote from them for championship ring needs.

MaxPreps

- Schedules
- Scores
- Rosters- State Program
- Photos- State Program
- Messaging
  - Update your school’s profile
  - Team App (Flyer)
USA Football

- 1) Schools sign up
- 2) One coach per school attend in-person clinic
- 3) All coaches take the online courses through the NFHS

**ALL THREE** above must be completed to be certified as a USA Heads Up Coach
Updated Guidelines for Concussion Management (June 2018)

- The New York State Education Department Guidelines for Concussion Management in Schools have been revised to reflect the current recommendations on managing concussions.
- Previous guidance was that students must be completely symptom free to return to activities.
  - Now there is emerging research suggesting that some symptoms may be acceptable during return to activities.
  - The updated guidelines now reflect this practice along with emphasizing that schools follow guidance of the student’s health care provider on what symptoms are acceptable for return to activities.

NYSPHSAA and TCM Partnership Overview

- NYSPHSAA and Total Concussion Management (TCM) are teaming up to provide member schools a standard protocol for sideline screening of concussions and other concussion management services.
  - Our goal is to that minimize risk to our student athletes and change the culture of concussion management in NYS. “When In Doubt, Sit Them Out” is no longer good enough.

- TCM currently services 78 schools and organizations and has 856 users in NYS.

- TCM is leading the way to address several gaps in concussion recognition and removal during sports and recreational play including:
  - Emergency protocol needs to be done first, regardless when the athlete complains of other symptoms.
  - Multi-level testing must be performed quickly by any school staff member present when an athlete receives a concussion-related impact.
  - Continuous monitoring and immediate follow-up notification to key personnel is mandatory. An athlete that has been removed must be monitored. We push information within the critical 72-hour window to ensure the athlete “get’s a second look” (reassessment) and diagnosis. In many cases, symptoms arise after the event is over.
NYSPHSAA and TCM Partnership Benefits

- TCM will provide to all 7th-12th grade NYSPHSAA member schools:
  - The easySCAT Sideline solution for during play screening which includes signs and symptom testing and proper removal and follow-up notifications.
  - Concussion management policy maturity assessment which compares your current policy and procedures with the Berlin 2016 world-wide protocol based on the 11 “R’s” discussed in the consensus paper.
  - Berlin 2016 best practice concussion policy template for when updating your current concussion management policy covering 1) sideline assessment, 2) medical diagnostic evaluation, 3) Return-to-Play/Learn strategy.
  - Advisor and Consultant services to assist in educating personnel and updating current policies and procedures.

- NYSPHSAA will also use easySCAT Sideline at all NYSPHSAA state championships for concussion screening during play.

EasySCAT Sideline Solution pricing for a 1-year subscription (one price per school for UNLIMITED students, users and activities)

<table>
<thead>
<tr>
<th>Member School Category</th>
<th>Member School Band</th>
<th>Low (enrollment)</th>
<th>High (enrollment)</th>
<th>List Price</th>
<th>NYSPHSAA Price (35% Discount)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very Small</td>
<td>0-150</td>
<td>$245.00</td>
<td>$159.25</td>
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<tr>
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<td>Medium</td>
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<tr>
<td>Very Large</td>
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<td>$1,231.75</td>
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<td></td>
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<tr>
<td>Extra Large</td>
<td>2001-3,000</td>
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<td>$1,751.75</td>
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</tr>
<tr>
<td>per student</td>
<td>3000</td>
<td>$1.00</td>
<td>$1.00</td>
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</tbody>
</table>

Concussion Management Policy Maturity Assessment and Best Practice Template

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
<th>NYSPHSAA Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Best Practice Assessment Survey + Recognize and Remove</td>
<td>$300.00</td>
<td>Free of Charge</td>
</tr>
<tr>
<td>Scoring and Gap Analysis using Berlin 2016 11 &quot;R’s&quot; (when available)</td>
<td>$100.00</td>
<td>Free of Charge</td>
</tr>
<tr>
<td>Best Practice Concussion Management Policy in Electronic Format configured for the school based on a short survey</td>
<td>$300.00</td>
<td>Free of Charge</td>
</tr>
</tbody>
</table>

Getting Started

To purchase through the NYSPHSAA partnership please contact TCM at sales@easyscat.com or call us. Also, easySCAT Sideline can be purchased through your local BOCES using your interscholastic code. The NYSPHSAA discount still applies.

Dominic Palumbo  Paul Bailey
EVP Sales  CEO and President
dom@easyscat.com  paul@easyscat.com
Participation Survey

- Distributed in late March/early April
- Due by the end of May
- Important information for NYSPHSAA, sport committees, NFHS, championships, etc.
- Use High School BUILDING BEDS CODE to access (same as Scholar-Athlete)

MANDATORY

DEADLINES

FALL
Monday, Week #23
December 3, 2018

WINTER
Monday, Week #37
March 11, 2019

SPRING
Monday, Week #47
May 20, 2019
### School of Distinction/Excellence

<table>
<thead>
<tr>
<th>School of Distinction</th>
<th>School of Excellence</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>100%</strong> of varsity athletic programs qualified for and received Scholar-Athlete Team Award</td>
<td><strong>75%</strong> of varsity athletic programs qualified for and received the Scholar-Athlete Team Award</td>
</tr>
</tbody>
</table>

**Application Required: Deadline JUNE 30th.**

*Application available on the Scholar-Athlete website AFTER Spring Scholar-Athlete Deadline.

Qualified is interpreted to mean teams having met the deadline date to apply as set for each sports season. Schools must also meet the deadline for the School of Distinction and School of Excellence application.

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### Hazing Prevention: It’s Everyone’s Responsibility™ High School Training Kit

- 20 minute multimedia presentation that uses examples specific to student-athletes to help prevent hazing activity in high school.
- Facilitator's Guide
- Discussion topics
- Optional assessments.
- To access the course go to: [https://nysphsaa.prevent.zone/](https://nysphsaa.prevent.zone/)

**FREE**
CSEA Excelsior Award

- The award honors an individual who has displayed extraordinary dedication and support of high school athletics.

- Nominations dues October 12th

- Form on NYSPHSAA Website – Quick Links.

New state law is clear on hazing: It won't be tolerated

By Dave Anderson | Published August 13, 2018 | Updated August 13, 2018

A new state law will impose an order – time behind bars – when fraternity and sorority hazing gets out of hand.

Under a measure signed Monday by Gov. Andrew M. Cuomo, those who engage in initiation rituals that involve physical contact or the risk of injury or death can be charged with first-degree hazing. Maximum penalty is a year in jail.

The legislation was prompted by the death of 19-year-old Michael Deng of Flushing, a Baruch College student who suffered a head injury due to a hazing ritual in 2013.

“As we prepare for the beginning of another school year,” Cuomo said in a statement, “parents and students alike deserve to have peace of mind that we take hazing seriously and will have zero tolerance for these abuses.”
Community Service Challenge

NYSPHSAA will partner with Team Up 4 Community to provide a FREE platform for students, coaches, teams, administrators, and schools to apply for the NYSPHSAA Community Service Challenge. A challenge will take place each sports season. A team does not need to be in season to apply. The NYSPHSAA SAAC will determine a winner after each season’s submission deadline.

Submissions for fall opened August 13th!

Deadline Dates:
Fall Monday of Week #19- November 5, 2018
Winter Monday of Week #36- March 10, 2019
Spring Monday of Week #49- June 2, 2019

New!

- 10-15 minute inspirational video, presented in a sports documentary style.
- A new video will be released each month
- GOAL: Feature current or past NYSPHSAA student-athletes, coaches, and administrators.
- All Captains Club episodes are made available on YouTube for additional viewing.

To send story suggestions, contact Kristen Jadin (kjadin@nysphsaa.org) or Chris Watson (cwatson@nysphsaa.org).
Each section has 2 student-athlete representatives (1 male and 1 female rep)

Application distributed in April

1 spot open in each section, each year

Optional 2 year term (if a junior representative)

Sections are beginning their own section SAAC.

"Our goal is to dedicate efforts to promote safety, sportsmanship, leadership (in the classroom and athletic arena), and positive relationships with coaches, administrators and other student-athletes. We work to represent the perspective of all NYSPHSAA student-athletes by presenting their concerns to the NYSPHSAA, thereby developing initiatives for future improvement of all NYSPHSAA member schools and communities."

NYSPHSAA/ NYSED RULES AND REGULATIONS
NYSED Commissioners Regulations

NYSED COMMISSIONER’S REGULATIONS

NYSED TOOLKIT:
NYSED Curriculums and Instruction: Physical Education, Athletics and Coaching
- Learning Standards for Health, PE, and Family & Consumer Sciences
- Resources and Guidelines
- Adapted Physical Education
- Athletics and Coaching
  - Guidelines
  - Resources
  - Forms

ATHLETIC PLACEMENT PROCESS:
- Athletic Placement Process
- Athletic Placement Process FAQ

COACHING CERTIFICATION:
- Coaching Certification Information

MIXED COMPETITION:
- Mixed-Competition Standards

REGULATION 135 4:
- 135.6 Official Compilation of Codes, Rules and Regulations of the State of New York

SCHOOL HEALTH EXAMINATIONS:
- School Health Examination Guidelines
Athletic Placement Process

A. Physical Fitness Standards

- The previous guidance included separate fitness tests for specific sports and levels of play. Beginning in the fall of 2015, the President's Physical Fitness Test will be the physical fitness standard used in the APP. See: https://www.presidentschallenge.org/challenge/physical/benchmarks.shtml To meet the APP physical fitness standards the student must meet the 85th percentile level of the national norm for their age in 4 out of 5 test components (see Appendix E, I, and J in the APP document). For students trying out for swimming, students may choose either the 1 mile walk/run or the 500 yard swim. (See Appendix J).

30 feet apart-Student picks up 2 blocks or similar, cross starting line. Times counted in seconds.
- One Mile Run/Walk (Measure heart/leg endurance) -Times are recorded in minutes and seconds.
- Pulleys -Option 1 (Measures upper body strength and endurance) Can use either overhead grasp (palms facing away from the body) or palm facing towards the body). Chin must clear the bar to count as a pullup. Reminder: Smooth motion rather than jerky or swing motion.
- Right Angle Pushups -Option 2 (For upper body strength and endurance) Keeping knees and back straight, lower body until 90-degree angle.
Athletic Placement Process

B. Maturity Assessment

- The role of the medical director is essentially the same in the revised process, as the medical director continues to determine the physical maturity of the student. However, in the past Selection Classification Process, the Tanner scores were

- The Tanner scores on (chart H found in the APP document) are no longer required numbers, as was the case in the previous Selection Classification Process but, are now recommended numbers for the APP. Please note: The recommended Tanner scores are based on the average Tanner score of the average aged male or female that typically competes at those levels. Tanner scores are higher for females compared to males at the same levels, which more accurately reflects the earlier ages that females achieve physical maturity.

Coaching Certification

- All NYSPHSAA member schools must abide by NYSED regulations for Coaching Certification

- Includes:
  - Non-Public Schools
  - Volunteer Coaches
  - Assistant Coaches
Mixed Competition

CONSTITUTION OF THE NYSPEAL, INC.

ARTICLE I

Purpose
To provide a central association through which public secondary schools of the State may cooperate for the following ends. This association shall be the organization responsible for governing interscholastic athletic activities for boys and girls in grades 7-12 in its member schools. Nonpublic schools may petition and be accepted for full membership.

1. To establish necessary principles and procedures for the conduct of interscholastic athletics.
2. To strengthen the work of the local schools in developing good sportsmanship and high ideals among students and teams.
3. To encourage all forms of interscholastic activities for all boys and girls in grades 7-12 as an integral part of the educational program.
4. To adopt, recognize, interpret, and enforce uniform eligibility rules and sports standards governing participation in interscholastic athletics at all levels as established in the Regulations of the Commissioner of Education governing athletics.
5. To conduct regional and state championship tournaments.
6. To enforce the constitution, bylaws, rules, regulations, and sports standards adopted by this association, its sections, and leagues.
7. To strive continually to strengthen programs and maintain risk in sports through study, research, and experimentation.
8. To meet with and assist sports officials at the state and sectional levels to identify and solve existing problems.
9. To cooperate with non-school groups engaged in sports activities to establish guidelines for outside competition.
10. To comply with the provisions of the New York State Non-Profit Corporation Law.
Definitions

ADVISORY COUNCIL: All school personnel of member schools are considered advisory members. They may make recommendations to the Executive Committee and serve on committees of the Association. (Constitution, Article V, (1))

AGE OF MAJORITY: Age of majority refers to persons sixteen to eighteen years of age living apart from their parents and financially independent of them. Minors claiming emancipation must have established a residence in which they maintain themselves beyond the support and control of their natural parents.

ATHLETIC COUNCIL: The administrative body for each of the sections of the NYSPHSAA, consisting of representatives from leagues and member schools. (Constitution, Article V, (3))

BONA FIDE STUDENT: A bona fide student is a regularly enrolled boy or girl whose name is on the official attendance register of the secondary school represented and who is in good standing. (Eligibility Standard #1)

CENTRAL COMMITTEE: The Central Committee is the legislative body of the NYSPHSAA, consisting of a chief school officer, a principal, and two athletic representatives elected from each section, and the elected officers and ex-officio members. (Constitution, Article III, (1), (d))

CLUB TEAM: Neither the regulations of the Commissioner of Education nor the NYSPHSAA recognize extracurricular activities called “club team.” Interscholastic teams may not practice/compete with or compete against “club team.”

COMMISSIONER’S REGULATIONS: The Regulations of the Commissioner of Education are policies and controls enacted by the Board of Regents and administered by the State Education Department. The NYSPHSAA has additional regulations and standards. See By-Laws and Regulations. NOTE: All NYSPHSAA private/parochial schools must comply with all coaching certification requirements as outlined in the Commissioner’s Part 135.4 effective July 1, 2016.

COMPETITOR: Any competitor must be a bona fide student in the member school district represented and is considered to be the school team or part of such team. Compliance with all NYSPHSAA bylaws and standards and conformance with all NYSDE regulations is required. Participation as an individual competitor counts toward the maximum number of contests permitted and meets the requirements of the Representation Standard #26.

CONDUCTING A CONTEST: All contests shall be under the direction and supervision of qualified school personnel who shall have full knowledge of and give full approval to the plans for the contest. It is necessary to be physically present with authority to change any part of the procedures which are contrary to NYSPHSAA, Inc. policy or not in the best interests of secondary school competitors (Eligibility Standard #26). When a contest or game is held in conjunction with a fund-raising effort, the following criteria is required to be met:

1. The host school is required to have the charity event approved by a school administrator and/or Board of Education.
2. The sport specific game rules (NFHS, NCAA, etc.) may not be altered.
3. All NYSPHSAA and NYSDE eligibility standards must be followed.
4. Donations may not be made based on the outcome of student performance.

TABLE OF CONTENTS
ASK NYSPHSAA [CLICK HERE]
Bylaws and Eligibility Standards

1. Age and Grade

- July 1st
- Student turns 19 prior to July 1st = Ineligible

1. AGE AND GRADE:

Regulation of the Commissioner of Education

A student shall be eligible for interschool competition in grades 9, 10, 11 and 12 until his/her nineteenth birthday. If the age of nineteen years is reached on or after July 1, the student may continue to participate during that school year in all sports. NOTE: Students may be eligible regardless of age or grade if they have been approved through the State Education Department’s Athletic Placement Process. The 15-year-old below the 9th grade needs only to meet the Athletic Placement Process maturity standards to be eligible at the high school level. (Duration of Competition #8)

Reporting Procedure: All violations shall be reported to the League and Section.
2. Amateur

2. AMATEUR:
   a. A student who represents a school in an interscholastic sport shall be an amateur in that sport. An amateur is one who engages in athletic competition solely for the pleasure of the activity and for the physical, mental, and social benefits derived from participation. When competing in non-NYSPHSAA sponsored events, an athlete forfeits amateur status in a sport by:

   1. Competing for money or other compensation (allowable entry fees, travel, meals, and lodging expenses may be accepted.)

   2. Receiving an award or prize of monetary value which has not been approved by this Association. NOTE: Only awards or prizes having a monetary value of two hundred fifty dollars ($250) or less per competition will be approved by the Association. When honoring student-athletes for success in NYSPHSAA sponsored championship events, Boards of Education are encouraged to approve limited awards that are appropriate to high school level competition.

   3. Capitalizing on athletic fame by receiving money or gifts of monetary value (scholarships to institutes of higher learning are specifically exempted).

   4. Signing a professional playing contract in that sport.

   b. Instructing, supervising, or officiating in any organized youth sports program, recreation, playground, or camp activities will not jeopardize amateur standing. Receiving compensation for officiating shall not affect amateur standing.

   c. A student who violates the above rule may apply to the league or to the designated body within that section for reinstatement one year from the date of the latest violation.

   Reporting Procedure: All violations shall be reported to the League and Section.

3. Appeal Procedure

3. APPEAL PROCEDURE:
   The NYSPHSAA, Inc. is an association of member schools. Therefore, appeals will only be entertained from school, leagues and sections.

1. The decision of the Athletic Council clearly is contrary to the evidence presented.

2. The facts found by the Athletic Council constitute a violation of the Association’s Constitution, standards or rules, or Regulations of the Commissioner of Education, or

3. A procedural error affected the reliability of the information that was utilized to support the finding of the Athletic Council.
6. Bona Fide Students

A contestant must be a bona fide student of the high school represented and must be taking at least four subjects including Physical Education. A foreign exchange student may be considered a bona fide student if all of these eligibility rules are satisfied. A student in an education program in two schools may represent only the home school.

NOTE: A student in shared services, part-time or full-time program, taking the equivalent of four subjects including Physical Education, is considered as being registered in the home school. Exceptions for special cases must be approved by League and Section.

A student who satisfies all eligibility standards, enrolled in the equivalent of three requirements for graduation, may be enrolled in one or more college courses for advance placement. The student must be earning a minimum of three high school credits and Physical Education to be eligible.

For assistance in determining the eligibility of students enrolled in a GED program, please contact the NYSFHSAA office.

Combining of Teams- Graduated Scale

2018-2019
Class AA = 100%
Class A = 100%
Class B = 100%
Class C = 40%
Class D = 30%

The graduated scale is used for up to 3 "team" mergers and mergers with 4 or more "teams" take 100% of their BEDS; ONLY in team sports. (July 2017)

Beginning in 2019-2020
The percentage is dependent upon the association’s “Sport Specific classification cut-off numbers” (July 2018)

Five Classes (100%, 100%, 100%, 40%, 30%)
Four Classes (100%, 100%, 40%, 30%)
Three Classes (100%, 40%, 30%)
Two Divisions (100%, 40%)
7. College

7. COLLEGE:

A student is no longer eligible to represent the school in that sport in that season if the student participates in practice or competition with or against any individual or team(s) representing a college that season. Prior to completion, the NYSPHSA Executive Director may grant an exemption of the College Rule for an individual sport athlete when vying for a standard that would qualify them for the Olympic trials and/or Olympic Games when this opportunity is not offered through the New York State Public High School Athletic Association and/or the National Federation of State High School Associations. The exemption would permit a student to participate as an “unattached” individual with no affiliation to their school team in a competition against open and college competitors in an approved competition set forth by the Olympic Committee without violating the College Rule. (Jan. 2012).

Reporting Procedure: All violations shall be reported to the League and Section.

Transfer Rule, Foreign Exchange, College Rule, Representation Rule, Duration of Competition and the Bona Fide Student Regulation.
8. Duration of Competition (NYSED)

- Regardless of participation

- Consecutive Semesters
  - 7th graders = 6 consecutive years
  - 8th graders = 5 consecutive years
  - 9th graders = 4 consecutive years

Extension of Eligibility

- 5th year of eligibility

- Student “missed” a semester of eligibility as a result of an illness or accident, or social/ emotional condition which as led to needing additional semesters to graduate
Extension of Eligibility Questions

- What semester of eligibility did the student miss?
- What was the student’s illness, accident, or social/ emotional condition which is requiring additional semesters to graduate?
- When will the student turn 19?
  - Prior to July 1st?

9. Foreign Exchange/ International Student

- Three categories of foreign students:
  - 1) Foreign Exchange students in a CSIET program
  - 2) Foreign Exchange students not in a CSIET program
  - 3) International Students
Foreign Exchange/ International Student

1) Foreign Exchange students in a CSIET program
   • Receive One year waiver of transfer rule
2) Foreign Exchange students not in a CSIET program
   • “Subject” to transfer rule
   • Ineligible in any sports with prior playing experience (higher or equal level)
3) International Students
   • “Subject” to transfer rule
   • Ineligible in any sports with prior playing experience (higher or equal level)

10. Health Examination

10. HEALTH EXAMINATION:
Regulation of the Commissioner of Education
[NYSED LINK]
A student who may engage in interschool competition shall receive an adequate health examination and health history update when required, and may not practice or participate without the approval of the school medical officer. NOTE: Physicals
12. Interschool Scrimmage

12. INTERSCHOOL SCRIMMAGE

A scrimmage is a practice that is a SIMULATED CONTEST.

In scrimmages:

a. Both squads use the same field simultaneously with both coaches making corrections and giving instructions.

b. Game rules must be altered - see sport specific requirements (High School Sport Standards).

c. No official score is kept.

d. Time period(s) are defined in the sport standards section of the NYS High School Sports Association Handbook.

e. No admission is charged.

f. The use of officials would be permitted and encouraged whenever possible for the purpose of instruction regarding the rules and proper application of rules.

9.09 Field Hockey Scrimmage Rules:

1. A field hockey scrimmage must start with a sideline or sixteen (16) yard line and;

Scrimmages must also include one or more of the following:

2. A running clock and/or modified periods.

3. Incorporate all or part of the Overtime Procedure into the scrimmage.

4. Each team will take five (5) offensive corners, playing until either a goal is scored; ball goes out of bounds or crosses the 25-yard line.

13.09 Ice Hockey Scrimmage Rules:

1. An ice hockey scrimmage shall be divided into two (2) halves with the time to be determined by coaches.

2. The time clock and penalty clocks may be used for time keeping only but no score may be kept.

Scrimmages must also include one or more of the following:

3. Each team must play short-handed in predefined situations.

4. Use of half (1/2) ice situations.
13. Interstate Contests

13. INTERSTATE CONTESTS:
Sanctioning is a means of encouraging well-managed competition. The sanctioning program has the primary purpose of protecting the welfare of high school students. A secondary purpose of the sanctioning program is to protect the existing programs sponsored by member schools. Schools may obtain information regarding the sanctioning process and print Application for Sanction forms (NYSPHSAA or NFHS applications) from the NYSPHSAA web site.

c. A member school wishing to host a contest involving an out-of-state school must file an application for Sanction for any contest involving four or more schools, or any contest involving three or more states. Timeline, application fee and application form information is available on the NYSPHSAA web site, http://www.nysphsaa.org.

d. A member school planning to participate in an interstate contest involving four or more schools, or any interstate contest which is co-sponsored by an organization other than a member high school, must give notice of entry to the NYSPHSAA, Inc., office so that the school may receive verification that the contest has been sanctioned.

NOTE: Failure to comply with the above regulation may cause a team or individuals to be ineligible from that date of participation for the remainder of that sport season.

14. Middle or Junior High School

14. MIDDLE OR JUNIOR HIGH SCHOOL:
Member schools with students in grades 7, 8, or 9 have agreed to abide by the rules of our Modified Programs. Situations not covered in the Modified Rules will follow the high school standards.
15. Mixed Competition

Mixed Competition

15. MIXED COMPETITION:

Male and female pupils on interschool athletic teams. See Commissioner Regulation.

NYS ED LAW

Mixed Competition

a. Equal opportunity to participate in interschool competition either on separate teams or in mixed competition on the same team shall be provided to male and female students, except as hereinbefore provided. In schools that do not provide separate competition for male and female students in a specific sport, no student shall be excluded from such competition solely by reason of sex except in accordance with the provision of sub clauses (b) and (d) of this clause. For the purpose of this clause, baseball and softball shall be considered to constitute a single sport.

b. The sports of baseball, basketball, boxing, field hockey, football, ice hockey, lacrosse, rugby, soccer, softball, speedball, team handball, power volleyball where the height of the net is set at less than eight feet, and wrestling, the fitness of a given student to participate in mixed competition shall be determined by a review panel consisting of the school physician, a physical education teacher designated by the principal of the school and if requested by the parents of the pupils, a physician selected by such parents. Such panel shall make its determination by majority vote of the members, and in accordance with standards and criteria issued by the department.

c. Where a school provides separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, may permit a female or females to participate on a team organized for males. However, where separate competition is provided, males may not participate on teams organized for females.
17. Non-Federation Member Schools

17. NON-FEDERATION MEMBER SCHOOLS:

No scrimmage or game shall be played with other than public and those private and parochial schools that belong to the New York State Federation of Secondary School Athletic Associations. Verification of membership may be secured from the NYSPHSAA website (www.nysphsaa.org).

All other schools which are registered with the State Education Department shall apply for Friends and Neighbors status to be eligible to compete with NYSPHSAA, Inc., member schools. Applications must be processed through the Sectional Athletic Council in which the school is located. The application shall contain the agreement to abide by the NYSPHSAA, Inc., rules and will be signed by the applicant. The application, with an administrative fee of two hundred dollars, shall be forwarded by the Section Secretary to the Executive Director of the State Association with recommendations and substantiating statements for or against approval. The State Executive Committee shall make the final determination. Approval shall only be for a period of two years at which time schools may reapply for Friends and Neighbors status.

18. Outside Agencies

18. OUTSIDE AGENCIES:

Cooperation is permitted with any organization, college, or university, which may offer encouragement and/or the use of facilities for competition. An application form must be submitted to the Section Athletic Council prior to the planning of a contest. Approval may be given if the following conditions are satisfied:

1. A school, league, Section or the Association must cosponsor the activity.

2. Secondary school personnel shall be responsible for planning and for conducting the activity.

3. The contest shall be developed with due regard for health and safety standards as set forth by the Commissioner’s Regulations, and policies and standards of the NYSPHSAA, Inc.

4. Insurance shall be provided which will protect the participants in case of injury and the organization or institution against liability.

5. The philosophy and standards which are to be followed shall be consistent with those listed in the NYSPHSAA, Inc., HANDBOOK.

6. Financial arrangements are to be clearly specified in the application for approval.
19. Penalties

19. PENALTIES:

a. If a school uses an ineligible student in any interscholastic contest, such contest shall be forfeited to the opposing schools. In individual sports, the use of an ineligible player would result in the contest being forfeited, however, the performances and outcomes of the other individuals would stand.

c. If an individual or team exceeds the maximum number of contests permitted, the penalty is team
ineligibility from the date of violation for the rest of the season. In the sports of wrestling, cross
country, indoor track and outdoor track, swimming and diving when an individual exceeds the
maximum number of contests, only the individual would no longer be eligible for that season. When
an athlete exceeds the maximum number of contests the level in which the student-athlete participated
as an ineligible competitor will be affected.

f. School Districts may appeal to the Section to gain relief from the prescribed penalty if the
violation of eligibility standards resulted from circumstances out of the District's control.

20. Post-Schedule

20. POST-SCHEDULE:

No team or individual student may represent its school in any post-schedule contest other than
those conducted by school or State Association authorities in accordance with approved standards.
NOTE: If contests are within the season established by the Section, within the maximum number
allowed and conducted by school authorities, they are allowed.
## 21. Post-Season

- Must be during the “established” season.

**21. POST SEASON:**

No team, or individual student, may represent its school in any post-season games, meets, or tournaments.
22. Practice Sessions

b. No student or team may be permitted to participate in school organized practice or play on seven consecutive days during the regular season. Specifically, during the regular season, physical education or instructional activities related to the sport on seven consecutive days are prohibited.

NOTE: Any contests leading up to Sectional play is considered "regular season."

Only one practice session a day and only six days of a calendar week may be counted toward the total practice sessions required. A practice session conducted on the same day as a game cannot be counted to meet the minimum practice requirement to be eligible for that day’s contest. All required practice sessions shall be organized and planned for a reasonable length of time and shall include vigorous activity specific to the sport for the purpose of improving the physical condition of the players. Warm-ups prior to a game/contest are not considered "practice." Each of the required number of practices for an individual must include vigorous activity; however, practice sessions required for the team beyond those needed by the individual may be used solely for meetings, film review and similar activities.

NOTE: Practice is considered an integral part of the interschool program in that sport. An individual must be eligible according to age and all other Eligibility Standards to participate in practices or competitions with the high school squad in that sport.

c. School sponsored activities conducted out of the sport season such as general conditioning, weight training, weight lifting, intramurals, recreation, open gyms, club activities and camps are permitted:

1. if such programs are not mandated by coaches or school personnel;
2. if such programs are available to all students.

d. Upon returning from military training, student-athletes shall be eligible for participation in interscholastic athletics once they have completed the required number of practices. Eligibility for participation will also include meeting all eligibility requirements imposed by the Commissioner of Education and NYSPHSAA such as, but not limited to, health examination, age, grade, etc.

g. Games and practice between students and adults (alumni or faculty) are not approved.
25. Recruitment and Undue Influence

25. RECRUITMENT AND UNDEU INFLUENCE:

Recruiting and Undue Influence is defined as the use of influence by any person connected directly or indirectly with a NYSPHSAA school to induce a student to transfer from one school to another, or to enter the ninth grade at a member school for athletic purposes - whether or not the school presently attended by the student is a member of NYSPHSAA.

a. The use of undue influence to secure a student for competitive purposes in a sport is prohibited. An infraction shall cause the student to forfeit eligibility in that sport for one year from the date of enrollment. The offending school shall be subject to provisions of Bylaw #19 (D).

b. Evidence of undue influence includes, but is not limited to, personal contact by coaches and sponsors in an attempt to persuade transfer, gifts of money, jobs, supplies, clothing, free transportation, admission to contests, invitation to attend practices and/or games, or free and/or reduced tuition.

26. Representation

**Team Sports:** For the sports of baseball, basketball, field hockey, ice hockey, lacrosse, soccer, softball and volleyball an individual is eligible for the team if he/she has been an eligible participant on a team in that sport in that school for a minimum of six (6) scheduled contests during the regular season. For football, a student must be an eligible participant for a minimum of three (3) contests. For Competitive Cheerleading, a student must be an eligible participant for a minimum of two (2) competitions.

**Team/Individual and Individual Sports:** For the sports of archery, badminton, bowling, cross country, fencing, golf, gymnastics, rifle, skiing, swimming, tennis, outdoor track, winter track and wrestling an individual must also have represented their school in six (6) scheduled contests during the season to be eligible. These required contests must occur on six (6) different dates and must be conducted prior to the conclusion of the team’s regular schedule. See “NOTE” below.
NOTE: Teams organized for one gender may only practice and compete against teams of that same gender. Furthermore, once an individual competes on a team for one gender during the regular season, he/she may not compete for or against a team organized for the other gender during that regular season.

NOTE: for individual, individual/ team sports, when a school district does not have a team designated for each singular gender, the Section Executive Director may grant a waiver of the Representation Standard for Sectional Competition when a student has met the qualification for participation in the current school year’s NYSPHSAA Championship event. The waiver request must be submitted to the Section Executive Director before the start of Sectional Competition. The athlete must meet all eligibility standards, to receive the waiver.

**Example:** allows girls to play golf on boys team during the regular season and play in girls Sectional tournament.

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### 27. Senior All-Star Contests

**27. SENIOR ALL-STAR CONTEST:**

A senior all-star contest shall be any athletic contest for which admission is charged or donations accepted in which one or more of the competing teams is composed of one or more players who during the school year was a member of the high school team in the same sport, and whose participation in the senior all-star contest is based on outstanding performance as a member of the high school team.

- a. The only senior all-star contests approved by the NYSPHSAA, Inc., are those approved by a section. These contests must be approved first by the Section in which the contest is to be held, by the NYSPHSAA, Inc. Executive Director, and reported to the Executive Committee.

- b. Only seniors who have completed their secondary school eligibility in that sport may compete in these contests. Special circumstances may be appealed to the Section Executive Director.

- c. A contestant may participate in any approved senior all-star contest in the same sport during the school year.

- d. All approved senior all-star athlete contests must be conducted within the approved sport season.

- e. All application criteria established for the Senior All-Star Contest must be followed. The criteria and contest application shall be obtained from the Section Secretary or Association office.
28. Sportsmanship

Any coach:

1. Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest;

2. Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and

3. Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season (regular season or post schedule play), the Section Athletic Council will assess the penalty carrying over into the next season of participation.

4. The Section Athletic Council will have the authority to extend the period of ineligibility in those cases where the actions of the individual that was disqualified from a contest or scrimmage are warranted. The period of ineligibility cannot exceed one year from the date of the disqualification.

Any Player:

1. Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest;

2. Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and

3. Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season. If the third ejection takes place in the last contest of the season (regular season or post schedule play), the Section Athletic Council will assess the penalty carrying over into the next season of participation.

4. The Section Athletic Council will have the authority to extend the period of ineligibility in those cases where the actions of the individual that was disqualified from a contest or scrimmage are warranted. The period of ineligibility cannot exceed one year from the date of the disqualification.
31. Transfer Rule

- Transfers begin with a “change in registration”
  - No Change in registration = no transfer

- With a corresponding change of address the student is eligible.

- Without a corresponding change of address
  - Ineligible for 1 year – sport specific

Non-Corresponding Change of Address

- Changing registration without a change of address

- Waivers & Exemptions
Transfer Waivers

- Transfers **without** a corresponding change of address:
  - Health & Safety (Hardship)
  - Financial
  - District of Residency

Transfer Exemptions

1. **Age of majority**: can substantiate they are independent and self-supporting.
2. **If a private or parochial school ceases to operate**
3. A student who is a ward of the court or state; **Guardianship** does not fulfill this requirement.
4. Divorced or "legally" separated parents.
5. **A student who is declared homeless** by the superintendent pursuant to Commissioner's Regulation 100.2.
6. **A student of a military employee** who is transferred to an active military base may enroll in the non-public school closest to their residence and maintain eligibility if the student enrolls in a non-public school immediately following the change in residence.
32. Transgender Guidelines

Procedure:
1. The student and the parent(s)/guardian shall notify the Superintendent (or designee) that the student would like the opportunity to participate in interscholastic athletics consistent with the gender he/she identifies as.

2. The student’s home school will determine the eligibility of a student seeking to participate in interscholastic athletics in a manner consistent with his/her gender identity where the student’s gender identity does not correspond to his/her sex assigned at birth.

3. The Superintendent (or designee) will confirm the gender identity asserted for purposes of trying out for an interscholastic sports team through documentation from the parent, guardian, guidance counselor, or from a doctor, psychologist or other medical professional.

4. Once a member school has rendered a determination of eligibility to try out for an interscholastic sports team or teams which corresponds to the student’s gender identity the eligibility is granted for the duration of the student’s participation in interscholastic athletics. The student must meet all NYSPHSAA standards for eligibility for practice and competition.

5. The Athletic Director should notify the NYSPHSAA if any accommodations are needed.

High School Sports Standards
Jewelry Rule

JEWELRY RULE:

No jewelry, which includes visible body piercing objects, shall be worn in a sport. Any piece of jewelry that is visible at the start of or during a contest is in violation of the NYSPHSAA Jewelry Rule. Religious medals must be taped to the body and under the uniform. Medical medals must be taped to the body so they are visible. Soft, pliable barrettes are permissible, body gems are not. The use of metal hair fasteners to secure hair is permissible in Girls Gymnastics. NOTE: The sports of Bowling and Golf are exempt from this rule. Wristwatches are permitted in cross country and for practice only for track and field. Hair restraints, to control a competitor’s hair, are permitted in track and field and cross country. (Dec. 2010)

Drone Policy

DRONE POLICY:

Approved May 5, 2017 (Executive Committee)

The New York State Public High School Athletic Association prohibits the use or possession of unmanned aircraft or aerial systems (UAS), also known as drones, for any purpose by any person or entity at all scrimmages, regular season and post season events.

This prohibition applies to the area above and upon all spectator areas, fields of play, courts, arenas, stadiums, mats, gymnasiums, pools, practice facilities, parking areas and or other property being utilized for the purpose of the interscholastic activity.

If there is a report of UAS activity at an athletic event school, Section and/or State Association officials will, in consultation with the sports officials, suspend the play until such time as the UAS is removed from the area as defined above or the school, Section/State and sports officials determine it is safe to proceed.

For purposes of this policy, a UAS is any unmanned airborne device or aircraft. The NYSPHSAA, Section and/or Member School reserves the right to refuse admission to anyone operating or attempting to operate a UAS or to request the immediate removal of any person using or attempting to use a UAS in violation of this policy.

The NYSPHSAA Executive Director has the authority to grant an exception to this policy to law enforcement, public safety agencies, NYSPHSAA media partners, or other entities or individuals. Any request for an exception to the policy must be submitted to the Executive Director at least a week prior to the event. The exception is limited to the specific event requested and requires the consent of the host venue.
Thunder and Lightning Policy

THUNDER & LIGHTNING POLICY:
EFFECTIVE 10/25/01
Applied to regular season through NYSPHSAA Finals:
1. Thunder and lightning necessitates that contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation or discussion- thunder is thunder, lightning is lightning.
   a. With your site administrator, set up a plan for shelter prior to the start of any contest.

2. When thunder is heard and/or lightning is seen, the following procedures should be adhered to:
   a. Suspend play and direct participants to go to shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g. bus, van, and car).
   b. Do not permit people to stand under or near a tree; and have all stay away from poles, antennas, towers and underground watering systems.
   c. After thunder and/or lightning have left the area, wait 30 minutes after the last boom is heard or strike is seen before resuming play or competition.

Heat Index and Wind Chill Policy

HEAT INDEX AND WIND CHILL POLICY
EFFECTIVE SPRING 2010
Applies to Regular season through NYSPHSAA finals.
- [Heat Index Procedures]
- [Wind Chill Procedures]
4. BASKETBALL (BOYS)

4.0.1 Rules: NFHS

4.0.2 Maximum Number of games: 20

4.0.3 Practice Requirements:
   Number of practices prior to first scrimmage: 8 (team), 6 (individual)
   Number of practices prior to first contest: 10 (team), 8 (individual)

4.0.4 Nights rest between contests: 1 night

4.0.5 Individual contests limitation per day: 1 contest

4.0.6 Scrimmage limitations per day: 1 scrimmage

4.0.7 Waivers of NFHS Basketball Rules:
   1. A waiver of the orange ball for the month of February if both teams agree. (Dec. 2010)
   2. A waiver of Rule 2-12 to require the official’s scorer to wear a striped shirt only in NYSPHSAA Semi-finals and Finals.
   3. A waiver of rule 2-16 to allow for four (4) timeouts per game, plus one (1) 30-second timeout per half, in a regulation game.

4.0.8 NYSPHSAA Boys Basketball Rules:
   1. Boys’ basketball will use a 35-second shot clock.
   2. The use of NFHS Rule 2-2-1 for all NYSPHSAA Championship semi-final and final games if it can be done at no additional expense to the Association.

4.0.9 Boys Basketball Scrimmage Rules:
   1. A basketball scrimmage must include ten (10) minute time periods with running time (except timeouts) and unlimited time outs.
   2. The score will be cleared at the end of the game and the game will be reset.
   3. Optional shot clock

Modified Sports
Structure of Modified

Executive Committee reviewing

Five areas to bring to modified committee:

1) Consideration for extended playing time to mirror high school rules
2) Consideration to have “option” for more games
3) Consideration for “Modified” to be changed to “Middle School Athletics”
4) Consideration for re-formatting of online rules
5) More emphasis on modified rules at annual Fall athletic director workshops

1. Modified Age

1. AGE: Upon entry into the 7th grade, a student is eligible for modified program competition. One is ineligible when the sixteenth birthday is attained; however, if a student attains the sixteenth birthday during a sport season he/she may complete that sport season. NOTE: Schools, leagues and sections may organize Modified Program competition by age, grade, geography and/or ability levels within the limitations of the NYSPHSAA Eligibility Rules to ensure safe and equitable competition. Teams shall practice and compete only against other teams that use the same criteria for organization (i.e. age, grade, performance).
Extended Playing Time

<table>
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<tr>
<th>SPORT</th>
<th>TIME LIMIT</th>
<th>MINIMUM # OF PLAYERS</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Regulation Game</td>
<td>5 Period Play</td>
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<tr>
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<td>7 minute quarters</td>
<td>7 minute quarters</td>
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<tr>
<td>FIELD HOCKEY</td>
<td>25 minute halves</td>
<td>12 minute periods</td>
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<tr>
<td>FOOTBALL</td>
<td>10 minute periods</td>
<td>12 minute quarters</td>
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<tr>
<td>BOYS LACROSSE</td>
<td>9 minute quarters</td>
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<tr>
<td>GIRLS LACROSSE</td>
<td>25 minute halves</td>
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<td>SOCCER</td>
<td>15 minute quarters</td>
<td>15 minute periods</td>
</tr>
<tr>
<td>Volleyball</td>
<td>3 out of 5 game matches</td>
<td>5 games</td>
</tr>
</tbody>
</table>

12. Practice Sessions

12. PRACTICE SESSIONS: Each student may participate in only one practice session a day on only six days of a calendar week. Practice sessions shall be limited to two hours and be at least 45 minutes in length. No student may be permitted to participate in school organized practice or play on seven consecutive days.

All required practice sessions shall include vigorous activity related to the specific sport.

A tryout session may be used toward the required number of practices needed prior to the first scrimmage or contest when the high school and modified seasons start simultaneously or when the high school tryout periods are contiguous to the beginning of the modified sports season.
13. Promotion

13. PROMOTION: A contestant in grades 7, 8, and 9 who practices or competes with or against a freshman, junior varsity or varsity performer shall not return to the modified athletic program in that same season in that same sport. Contestants shall not be promoted to a higher classification within the modified program or to a junior varsity or varsity team after completion of fifty percent of their modified schedule.

   NOTE: EXCEPTIONS:
   a) General Eligibility Rule #17 “TRYOUTS.”

   b) In school where no junior varsity program is provided in a specific sport, a ninth grade modified contestant may be promoted to the varsity team at any point in the season if he/she displays the skills and maturity to compete at the varsity level. A promoted 9th grade contestant is eligible to participate immediately upon promotion providing that he/she has completed the necessary number of required practices for that specific sport. The contestant may not exceed the total number of contests as outlined in the High School Sport Standards Chart.

Promotion continued...

c) In a section whose “early winter” season ends in mid-winter, followed by the “late winter” season, the modified ninth grader could not be elevated to the varsity for post schedule contests in a sport played in the “early winter” modified season.

d) Promotion Regulation shall be waived for Boys’ and Girls’ Swimming & Diving and Boys’ and Girls’ Outdoor Track and Field permitting schools with section approval the option of running combined modified and varsity swimming and diving meets, alternating events.

e) The NYSPHSAA Executive Director may grant a waiver of the promotion rule if a High School team is dropped by the school district.
16. Transfer

16. TRANSFER: A student who is enrolled in one school may subsequently transfer no more than once during a school year without a corresponding change in the residence of his parents or guardians, or having reached the age of majority establishes a residency.

a) A student who transfers from one school to another becomes eligible after starting regular attendance.

b) Transfer students trying out for sports before school opens in the fall shall register and be accepted by the principal of that school before the medical examination and the first practice. This shall constitute the start of regular attendance for fall sports.

NOTE: After approval by the school medical officer a student may practice immediately and must satisfy the specific Sports Standard according to the number of practice sessions required.

c) Practices at the previous school district may be counted toward the minimum number of practices required provided the principal or athletic director of the previous school submits, in writing, the number and dates of such practices to the principal or athletic director of the new school.

d) 7th and 8th graders that compete at the high school level will be subject to the transfer rule in "that" sport (effective with the 2017-2018 school years).

17. Tryouts

17. TRYOUTS:

a. A section may establish tryout periods to allow EXCEPTIONAL ATHLETES who have completed and passed the NYS Education Department Athletic Placement Process (APP) the opportunity to be selected for a high school team.

b. Seventh and eighth grade students must pass the APP qualifications prior to the tryout period.

c. Ninth grade students do not have to pass the APP qualification to participate in the tryout.

d. The tryout period for a modified athlete shall be defined as participation in three (3) of the first five (5) practice days of the high school season. During the tryout period, the modified athlete may not return to modified program until the athlete’s tryout is complete.

e. Tryout periods for wrestling, boy’s lacrosse and ice hockey shall be a maximum of five (5) of the first seven (7) practice days of the high school season.

f. The tryout period for football shall be a maximum of eight (8) of the first ten (10) days of the high school season.

g. Student athletes participating in sectional approved tryout sessions are not subject to the Promotion rule.

h. In cases involving new transfer students, overlapping season, and/or medical conditions the student's try-out period will be 3 out of 5 days, 5 out of 7 days, or 8 out of 10 days of the high school season depending on the sport.
Modified Start Dates

THE SECTION COUNCIL FOR MODIFIED ATHLETICS
1. Establishes essential administrative units and sports chairmen to provide the leadership necessary for the Modified Sports Programs in the schools of the section. Official league representatives and sports chairmen shall comprise the Section’s Council for Modified Athletics.

a) Shall establish the dates for the opening of all sports seasons.

Fall – With Section/League approval, the modified program: Fall season starting date will be week #7 in the NYSPIAA Standard Calendar.

Winter – With Section/League approval Week #19 is the earliest possible date for the winter sports season. Later dates may be set.

Spring – With Section/League approval Week #36 is the earliest possible date for the spring sports season.
Thank You

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