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2018-2019 Indoor Track & Field Handbook

Published: 11/7/2018

Updated 11/29/18 pp 3, 4, 5 add Portville to COS All/Lime, Franklinville, & Olean

Updated 12/11/18 Page 3 Corrected Schedule 1/12/19 at HC

Updated 2/11/19 Team Champ Admission \$5

STATE TICKETS \$10 at Door \$8 on-line <https://gofan.co/app/events/49817>

Please note handbooks are subject to changes at anytime

www.nysphsaa.org

<http://www.nysphsaa.org/Sports/Track-Field-Indoor>

www.section6.e1b.org

Table of Contents	Page No.
2018-2019 Indoor Track & Field Calendar	3
Section VI Indoor Track & Field Divisions	3
Section VI Indoor Track & Field Committee	3
2018-2019 Indoor Track & Field Schedule.....	4
Section VI Indoor Track & Field Classifications	5
New 2018-19 Season	5
NYSPHSAA Indoor Track & Field Sports Standard	5
From Page 90 of 2018 NYSPHSAA Handbook	5
Section VI Guidelines and Expectations	8
Coach Information - General Competition Guidelines.....	9
Cancellation Policy for Section VI Indoor Track & Field Meets	10
Contingency Plan for Sectional Competition (weather or illness).....	10
Fredonia State Dual Divisional Meets.....	11
Diagram for Fredonia Steele Hall	12
Buffalo State Dual Divisional Meets.....	13
9 th & 10 th Grade Championships.....	14
Western New York Relays	15
Section V vs. Section VI Invitational	16
Houghton College Invite	17
Section VI Team Championships.....	18
Section VI Championships (State Qualifier).....	19
Order of Events	20
Sectional Qualifying Standards.....	20
NYSPHSAA Championships.....	21
NYSPHSAA Qualifying Standards	22
Indoor Track and Field Records – Boys.....	23
Indoor Track and Field Records – Girls	24
Section VI Policies	25
All-WNY Scholar Athlete Indoor Track Team.....	25
Regulations Regarding Senior All-Star & Outside Agency Contests	25
Section VI Policy on Neutral Sites	25
Section VI AED Policy	25
Section VI Travel to State Competition Policy	26
Sportsmanship Philosophy & Code of Conduct	27

Forms

(available at www.section6.e1b.org Under *Information*, click on *Handbooks and Sport Forms*)

Team Rosters: Boys, Girls
Pole Vault Certification Form
All-WNY Scholar – Athlete Nomination Form
Responsibilities Chart

[Opt out of Transportation](#) see deadline page 3

[Section VI Conduct Expectations](#) **current 2017**

<http://ny.milesplit.com/> **Website instructions**

2018-2019 Indoor Track & Field Calendar

The Section VI approved Indoor Track & Field season is
November 5, 2018 to April 9, 2019

League coaches meeting at West Seneca West 6:00 pm.....Thurs. 11/7/18
 First Practice Monday, November 5, 2018
 First Scrimmageafter 12 team / 10 individual practices
 First Contestafter 12 team / 10 individual practices
 Team Rosters due.....Mon. November 26, 2018
 On-Line Entries due prior to meet **Instructions** **New Website** <https://www.athletic.net/>

Opt out Transportation for State Championship..... at end of sectional Feb. 21, 2019

Deadline for nominations for All-WNY Scholar AthleteMarch 1, 2019

Section VI Indoor Track & Field Divisions

Division A	Division B	Division C	Division D	Division E	Division F
Dunkirk/SC	Niagara Falls	Lancaster	Orchard Park	Clarence	Lockport
Falconer/MG	Kenmore West	WSW	Hamburg	Frontier	Will North
Fredonia/West	Hutch Tech	McKinley	Kenmore East	North Tonawanda	Will East
Jamestown	Will South	WSE	Iroquois	Grand Island	Sweet Home
Lake Shore	Amherst	Pioneer	Tapestry	Cheektowaga	Springville
Allegany/Olean/FR/Prtv	Canisius	Depew	Holland/EA	Mt. St. Mary's	Olmsted
St. Francis		St. Joes			Buff Sem

Section VI Indoor Track & Field Committee

Boys Chair

Peter Szymanski PSzymanski698@gmail.com
Home: 675-1504 **Cell:** 480-2333

Girls Chair

Brian Lombardo Brianlombardo77@gmail.com
 East Aurora High School
Cell: 574-8816

Consultant: Bill Malican, Retired, H: 646-3238

Committee voting privileges:

As per the Section VI Constitution item 7.6, "The representative members on each sport committee will be appointed by each league and have only one vote per league. Other non-voting members may be selected by the Sport Chairperson. Federated sport representative members that are appointed by their division, league or school will have only one vote. The Sport Chairs of Federated Sports that have divisions will verify that among division representatives each participating league is represented. The Sport Chair may only vote when the vote is tied. A Sport Chair who also represents a league can serve in both capacities but will have only one vote." The voting members of the committee are indicated below with an asterisk.

Representatives:

North: Kevin Carriero - Retired..... H: 681-2735
 North: Emilio Mancino - West Seneca West C: 725-9258
 North: Dan Tryon Tapestry C: 316-5593
 South Mary Doud* - Pioneer H: 912-1772
 South Tom Wood - Iroquois H: 652-3970
 South Matt Adams* Holland C: 465-1760

2018-2019 Indoor Track & Field Schedule

Date	Time	Event	Site
Friday, November 30	4:30 PM – 9:30 PM	A-B Meet - Varsity 'B' Meet Only!!	BSC
Saturday, December 01	8:00 AM – 12:00 PM	C-E Meet - Varsity 'B' Meet Only!!	BSC
Saturday, December 01	1:00 PM – 5:00 PM	D-F Meet - Varsity 'B' Meet Only!!	BSC
Saturday, December 01	10:00 AM	Shot Put & Weight-Throw	LFH
Saturday, December 08	10:00 AM – 5:00 PM	Houghton College - Varsity Season Opener	HC
Friday, December 14	4:30 PM – 9:30 PM	D-E Meet	BSC
Saturday, December 15	8:00 AM – 12:00 PM	B-F Meet	BSC
Saturday, December 15	1:00 PM – 5:00 PM	A-C Meet	BSC
Saturday, December 15	10:00 AM	Shot Put & Weight-Throw	LFH
Friday, December 21	5:00 PM – 10:00 PM	C-F Meet	FSC
Saturday, December 22	8:30 AM – 12:30 PM	A-D Meet	FSC
Saturday, December 22	1:00 PM – 5:00 PM	B-E Meet	FSC
Saturday, December 29	10:00 AM – 5:00 PM	Western New York Relays	HC
Saturday, January 05	10:00 AM – 4:00 PM	Varsity Select Meet #1	HC
Saturday, January 12	10:00 AM – 4:00 PM	Houghton College Invitational	HC
Saturday, January 19	10:00 AM – 5:00 PM	Border-War Invitational V vs. VI	HC

CANCELLED TO BE RESCHEDULED - 1/26 10:00 AM – 5:00 PM 9th/10th-Grade Championships
HC

Friday, February 01	5:00 PM – 11:00 PM	Highlander Invitational	HC
Saturday, February 02	9:00 AM – 5:00 PM	Rock & Roll Throw-Off	LFH
Saturday, February 09	8:30 AM – 12:30 PM	Varsity Select Meet #2	FSC
Saturday, February 16	10:00 AM – 5:00 PM	Team Championships	HC
Thursday, February 21	10:00 AM – 5:00 PM	Section VI – State Qualifier Champs	HC
Thursday 2/28/19 to Saturday 3/2/19		NYSPHSAA/Federation Championships Ocean Breeze, Staten Island, NY	

STATE TICKETS \$10 at Door \$8 on-line <https://gofan.co/app/events/49817>

Site Key: BSC- Buffalo State College, FSC: Fredonia State College
 HC- Houghton College, LFH-Lancaster Field House

Division A	Division B	Division C	Division D	Division E	Division F
Dunkirk/SC	Niagara Falls	Lancaster	Orchard Park	Clarence	Lockport
Falconer/MG/CV/Frws	Kenmore West	WSW	Hamburg	Frontier	Will North
Fredonia/West	Hutch Tech	McKinley	Kenmore East	North Tonawanda	Will East
Jamestown	Will South	WSE	Iroquois	Grand Island	Sweet Home
Lake Shore	Amherst	Pioneer	Tapestry	Cheektowaga	Springville
Allegany/Olean/FR/Prtv	Canisius	Depew	Holland/EA	Mt. St. Mary's	Olmsted
St. Francis		St. Joes			Buff Sem

Section VI Indoor Track & Field Classifications

CLASS A			CLASS B			CLASS C		
Niagara Falls	NFL	1523	Hamburg	ECIC	846	Lake Shore	ECIC	567
Lancaster	ECIC	1373	McKinley	Buffalo	823	Holland/E. Aurora	ECIC	562
Orchard Park	ECIC	1144	North Tonawanda	NFL	791	Pioneer	ECIC	554
Clarence	ECIC	1085	All/Lime, Frkly, Olean	CCAA	777	Dunkirk/SC	CCAA	541
Lockport	NFL	1038	Williamsville East	ECIC	770	Iroquois	ECIC	540
Williamsville North	ECIC	1028	Sweet Home	ECIC	758	Cheektowaga	ECIC	534
Frontier	ECIC	1024	Grand Island	NFL	714	Falconer/CV, MG,Frwsb	CCAA	480
Jamestown	ECIC	1020	Kenmore East	NFL	714	Depew	ECIC	432
West Seneca West	ECIC	931	Williamsville South	ECIC	689	Fredonia/Westfield	CCAA	421
Kenmore West	NFL	892	West Seneca East	ECIC	632	Springville	ECIC	421
All/Lime, Frkly, Olean ADD Portvill	CCAA	870	Amherst	ECIC	621	Olmsted	Buffalo	310
Hutch Tech	Buffalo	868				Tapestry	Indep	256

<u>Allegany-Limestone</u>	Franklinville, Olean ADD Portville 12/12/18 Exec Com	5/16/2018 12/12/18	777 871
<u>Holland</u>	East Aurora	5/16/2018	562
<u>Dunkirk</u>	Silver Creek	5/16/2018	541
<u>Falconer</u>	Cassadaga Valley, Maple Grove, Frewsburg	5/16/2018	480
<u>Fredonia</u>	Westfield	5/16/2018	421

Section VI Indoor Track & Field Responsibility Chart

Use Link below to access responsibility chart

https://docs.google.com/spreadsheets/d/1X4KzZA21k67V9v_xqSFJn4CjZnJD8-LR5JS5EVH-_9w/edit?usp=sharing

New 2018-19 Season

1. On-Line Entries due prior to each meet New Website <https://www.athletic.net/>
2. See changes in red in NYSPHSAA Handbook to Indoor Track & Field Sports Standard

NYSPHSAA Indoor Track & Field Sports Standard From Page 90 of 2018 NYSPHSAA Handbook

<http://www.nysphsaa.org/Resources/Handbook>

21. TRACK & FIELD (INDOOR)

21.01 Rules: NFHS

21.02 Maximum Number of meets: 16 (maximum plus section, state championships and games necessary to break divisional or league ties.

21.03 Practice Requirements:

Number of practices prior to first scrimmage: 10 (team), 8 (individual)

Number of practices prior to first contest: 10 (team), 10 (individual)

21.04 Nights rest between contests: 1 night

21.05 Individual contests limitation per day: 3 events; 1 contest

21.06 Scrimmage limitations per day: 1 scrimmage

21.07 Waivers of NFHS Track & Field Rules:

None.

21.08 NYSPHSAA Track & Field (Indoor) Rules:

1. A contestant (girl or boy) shall be limited to participation in three (3) events.
2. There must be one night of rest between contests and no more than three (3) contests scheduled per week.
3. An individual competitor may participate in a maximum of sixteen (16) contests.
4. Wristwatches are approved for practice only.
5. Sections are allowed to bring a second relay team in the 4x200, 4x400 and the 4x800 effective 2018. (Jan. 2017)

6. Weight throw procedures and specifications for Indoor Track & Field. (Oct. 2017).

a. [Procedures and Specifications Document](#)

7. Procedures for Wheelchair Athletes:

1. Special Accommodations: Schools would be required to apply for a Special Accommodation for each student competing in a wheelchair. The request would have to include all necessary medical documentation which requires the accommodation. NYSPHSAA approval is required for the student to participate using a wheelchair. Accommodations will include the following:
 - a. If only one wheelchair athlete in the race, then they will race with the able-bodied athletes (Outdoor only). In Indoor Track & Field, the wheelchaired athletes will race in a heat by themselves (based upon the recommendation of the Adaptive USA Track & Field and NYSPHSAA Indoor Track & Field Committees). If two or more-wheel chair athletes, then they will race at the same time in a separate heat from the able-bodied athletes. All wheelchair athletes must wear a helmet.
 - b. In all laned events the wheelchair athlete will be given two lanes to compete in. In non-laned races the wheelchair athlete will start on the outside lane or behind the able body athletes and not be able to cut into lane 1 until the first 100 meters has passed.
 - c. In field events the wheelchair athlete will be able to use a throwing chair set up by an adult to compete in shot put and discus.
 - d. In Indoor Track & Field the wheelchaired athletes will race on either a banked or flat track, based on the direction of the host site's rules and regulations.
2. Scoring: Wheelchair athletes will either race against a clock or another Wheelchair athlete. Wheelchair Athletes and able body athletes will not compete against each other for points or place finishes.
 - a. If only one wheelchair athlete is competing in the race then they will be racing against the clock and if they meet or exceed the standard then they will receive 1 point for their team. If in post season they will receive the 1 point plus qualify for the next level of competition.
 - b. If two wheelchair athletes competing against each other the first-place athlete will receive 2 points and the second-place athlete will receive 1 point. If there are three wheelchair athletes, the first-place finisher will receive 5 points and the second-place finisher will receive 3 points and the third-place finisher will receive 1 point. In the

post season the top finisher will advance to the next level of competition.

3. Standards: The following standards will be used to determine qualifying and earning points for the athlete's teams. The standards will be derived from the standards and results of the Adaptive Track and Field USA Database which has over 25 years of data.

Event	Gender	Standard
55 M	Female	30.0
55 M	Male	20.0
300M	Female	1:40
300M	Male	1:20
600M	Female	3:20
600M	Male	2:40
1000M	Female	5:18
1000M	Male	4:25
1500M	Female	6:20
1600M	Male	6:20
3000M	Female	14:00
3200M	Male	12:40
Shot	Female	7 feet
Shot	Male	9 feet

21.09 Track & Field (Indoor) Scrimmage Rules:

A track & field scrimmage must conform to the following:

1. No scoring – no official results or place finishers recorded.
2. No performance may be used to meet the qualifying standard or be considered a record.
3. Competitors and events must adhere to the limitations of the NFHS.

21.10 Track & Field (Indoor) Championship Week #:

Week #35

Section VI Guidelines and Expectations

Please Read Carefully!

It is imperative that the league be structured so that meets are run in an orderly fashion and that all participants are given an equal opportunity to compete. Cost constraints prohibit hiring a 'full-complement of officials' for each meet. The Section VI Chairpersons and their designees as 'meet management' have taken the responsibility of providing a well-organized and supervised competitive environment. These guidelines should clearly define the responsibility of the many coaches and athletes so that the meets may continue to be effectively run. **Section VI member schools in violation of this policy will be reported to the Section VI Executive Director and the school's Athletic Director. Repeated violations will be referred to the Section VI Executive Director for sanctions.** The following was approved by Section VI Athletic Council September 2008:

"For Indoor Track, the following penalty will be assessed to any athlete failing to comply with Section VI rules and regulations: ejection from competition for that day" (approved September 2008)

Non-Public Schools who violate this policy will likewise be referred. Repeated violations will cause the offending school to be dropped from participation in the league.

1. **Meet Management:** Section VI Indoor Track meets will be supervised by the Chairpersons and/or their designees. The track officials organization shall provide a starter, 2 finish judges, a jumps judges, and a pole vault official for regular contests. The league shall also hire its meet management team. The schools will volunteer to provide the remainder of the officials (coaches or qualified adults) to conduct the meet. Schools will rotate these assignments. The assignments will include: long jump, triple jump, hurdles crew, high jump, shot put, pole vault, awards, and clean-up.

Assignments are located on page 4. The two chairpersons will serve as the site chairpersons for each meet in lieu of other assignments. Individuals (athletes, coaches, spectators) not involved in an event as a competitor or as meet management must remain outside the competitive area. They must be off the floor (upstairs) at Fredonia and Buffalo State, and in their designated team area at Lancaster.

2. **Entries: ***NEW *** All Entries to be submitted on-line at <https://www.athletic.net/athletic.net> Website instructions**

- ♦ Schools that exceed the maximum numbers of entries allowed will lose that many entries in the next event.
- ♦ No event will be re-seeded to accommodate coaches' mistakes. Please note entry limits!

***All entries will be submitted electronically beginning with the first section VI competition. All entries are due two nights prior to competition. If entries are not on time you run the risk of not having your athletes entered or having your athletes' places in unseeded sections. If your roster was received on time, you are allowed 3 changes for all tri-meets. For all tri-meets you are also allowed two relays. Relay names will be checked beginning with the WNY relays-you may list up to 8 names. Fresh/Soph Champs, Team Challenge, and the League Champs will all be fully FAT timed. There will be no changes only scratches at the LEAGUE CHAMPS. FOR STATE QUALIFIERS-entries are due the Sunday before, and there will be no additions at the meet.

NOTE: All Section 6 student athletes can only be entered in any competitions by their own district approved coaching staff member(s). This applies to competitions within our Section and outside of our Section.

3. **Supervision:** Schools are responsible for properly supervising their athletes. At Fredonia, Section VI event staff will be clearly identified. It is expected that athletes, coaches, and spectators will follow the Section VI Conduct Expectations on the Section 6 web site: Link to [Conduct Expectations](http://www.section6.e1b.org/cms/lib/NY19000854/Centricity/Domain/20/WinterHB/IndoorTrackandFieldConductExpectations.pdf) <http://www.section6.e1b.org/cms/lib/NY19000854/Centricity/Domain/20/WinterHB/IndoorTrackandFieldConductExpectations.pdf> current 2017
 - a. Athletes are not to be in any area (e.g. ice rinks) or use any equipment (e.g. pitching machines) not specifically contracted by Section VI. At Fredonia, athletes should remain in the designated team areas as shown in the diagram on p. 9; only coaches and spectators should be in the balcony.

Penalty: ♦First Offense will result notification of coach.
♦Second Offense may result in disqualification of individuals involved and referral to Athletic Director and Section VI.
 - b. Vandalism is strictly prohibited.

Penalty: ♦Referral to Section VI and suspension of individuals from our League for one year.
♦Referral to Section VI and billing of school for total cost of repairs.
 - c. Coaches must properly supervise their athletes in the competitive area.

- 1) Athletes are not to be on the floor unless called for their event.
- 2) While on the floor, athletes should remain in the area for their event.
- 3) Athletes are to leave the floor immediately following their competition.
- 4) Spikes are only to be worn at specified times during this season.
- 5) No food and beverages are allowed on the competitive floor or in the pool area.
- 6) Athletes cannot remove uniform while in the competitive area.
 Disqualification from competition may occur depending on infraction.
Penalty: ♦First Offense: - warning and athlete shall leave floor plus notification of coach
 ♦Second Offense: - disqualification from remainder of competition and referral to Athletic Director and Section VI.

-All athletes must sign the athlete code of conduct prior to their first meet.

4. **Attendance at Meets:** The League will be divided into six (6) distinct divisions for this season. The maximum number of student athletes allowed in the facilities we're contracted with has determined this new format. (read #4 under Coach Information below). Schools are eligible to attend only the Section 6 competitions where their respective divisions are scheduled.
5. **Rules for competition at Fredonia State:** Failure to abide by the following rules will result in disqualification from the meet:
 - a) Spectators: An accommodation has been made that will allow spectators.
 - b) Teams will be assigned to a specific area outside the arena. Athletes **MUST REMAIN** in this area until called to the floor to compete. An adult with a school issued ID must remain with the non-competing athletes. No sleeping bags, blankets, pillows or similar items will be allowed. Frisbees, footballs, throwing of any items are prohibited.
 - c) There will be no running or warming up in the hallway.
 - d) The Section will designate an area on the arena floor for warming up once an event has been called to the floor. No athlete should come to the floor until the event is called.
6. Athletic Placement Process Athletic Directors and coaches must abide by the Section VI Procedure on the Section VI website: <http://www.p12.nysed.gov/ciai/pe/toolkitdocs/AthleticPlacementProcessJuly2016.pdf>

Coach Information - General Competition Guidelines

Please Read Carefully!

1. No later than **Mon., Nov. 26**, you must send a copy of your Boys and Girls roster (see forms page 2) to:

<u>Boys Rosters to:</u> Boys Chair, Peter Szymanski Home: 675-1504 Pszymanski698@gmail.com	<u>Girls Rosters to:</u> Girls Chair, Brian Lombardo Brianlombardo77@gmail.com
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2. The Section VI Indoor Track League will operate under NYSPHSAA and National Federation Rules. Please be aware of the state's uniform rules.
3. Make certain that your team has had a minimum of ten (10) practices and that all athletes who compete for you have had ten (10) practices. **None** of our meets will be considered scrimmages.
4. Teams will only be allowed a maximum of seventy total student athletes at any given Section 6 competition at any facility contracted by Section 6. Coaching staffs may decide on any total number combination with respect to gender.
5. Athletes are limited to competing in **3** events. The total number of any combination of events in which an athlete can compete, in one meet, is three, as per NYSPHSAA rules.
6. In order to be eligible for the Sectional Championships, the minimum number of athletic contests in which an athlete must have participated in is six (6). For example # of meets prior to the Sectional meet Eligible?
 Athlete A with 8 meets - OK Athlete B with 5 meets - not eligible
7. Because of the various facilities and the various time constraints, the formats for the meets will vary also. Please check the master schedule (on page 3) to determine the format used for that meet. The formats are located on the pages as indicated in the Table of Contents (page 1).
8. For team champs: Top 8 places will be scored this year.
9. In general, girls running events will precede boys running events. Fastest heats will be competed last, unless noted.
10. Field event orders will vary from meet to meet. Check your schedule.

Coach Information - General Competition Guidelines Continued

11. In general, Long Jump and Triple Jump will be open pit. (~45 minutes per group, ~15 minute warm-up)
All jumpers may use a longer distanced board once they have met the Section 6 standard for that jumping event. Standards are as follows:

LONG JUMP: Starting boards until standard met		TRIPLE JUMP: Starting boards until standard met	
Girls	8 feet	Girls	20, 24 and/or 28 feet only
Boys	12 feet	Boys	28, 32 and/or 36 feet only

Supervisor(s) / official(s) in charge of these events must properly demarcate the runways and jumping pits at least one half hour prior to the start of the event.

12. Opening heights at non-Championship Section 6 competitions:
- | | | |
|-------------|---|----------------|
| High Jump: | Boys - 4' 8" | Girls - 3' 10" |
| Pole Vault: | Boys - 7' 6" in December, 8' in January and 8'6 in February | |
| | Girls - 5' 6" in December, 6' in January, and 6'6 in February | |
13. Pole-vaulters are required to have a completed pole vault certification form to compete. (See forms page 1).
15. Field event finals will only be held at the Section 6 team champs and Section 6 state qualifier meet.
15. At non- Championship Section 6 competitions, all throwers will be allowed four attempts. If the weight throw is contested then, in the interest of time, the following minimum standards will apply:
- | | |
|--------------------------|------------------------|
| Girls Shot Put – 20 feet | Boy Shot Put – 30 feet |
|--------------------------|------------------------|
- Supervisor(s) / official(s) in charge of these events must properly demarcate the throwing areas at least one half hour prior to the start of the event.

Cancellation Policy for Section VI Indoor Track & Field Meets

- 1) During inclement weather, if the competition facility and the roads to that destination are open, then the competition will go on as scheduled. If either the roads or the facility are closed, then the competition will be cancelled.
- 2) The Chairmen will make a good faith effort to reach all parties concerned via the use of the internet (Section6Runs.com and possible others) and radio station WBEN 930 AM

Under NO CIRCUMSTANCES is a site, contracted by Section VI, available for practice when a meet is cancelled.

Contingency Plan for Sectional Competition (weather or illness)

1. Contests will be postponed only if a participating school is officially closed due to weather or illness.
2. It is the responsibility of the Athletic Director (or designee) to notify the Sport Chairperson that the school has been closed due to weather conditions (or illness) as soon as he/she becomes aware of such action. Officials and the media will be notified by the Chairperson (or designee).
3. In the event that a school is closed on the day its playoff contest is scheduled, the decision to play shall rest with the District Superintendent.
4. In the event that weather conditions reverse themselves prior to competition time: The competition may be held with the mutual consent of the participating Athletic Directors and the approval of the Sport Chairperson.
5. When a contest is at a non-school site: If the competition facility and the roads to that destination are open, then the competition will go on as scheduled. If either the roads or the facility are closed, then the competition will be cancelled. ***Under NO CIRCUMSTANCES is a site contracted by Section VI available for practice when a competition is cancelled.***
6. The Sport Chairperson will notify the Executive Director of any postponements.
7. **PLEASE NOTE:** It is up to the individual leagues and their member schools to recognize the potential for snow days, power outages, etc. that may cause cancellations and problems.

Fredonia State Dual Divisional Meets

LOCATION: S.U.N.Y. College at Fredonia

NOTES:

- *Entries due 2 nights prior to meet, 3 changes per team, maximum.
- *160 meter oval with a 55 meter straight.
- *Runbacks in the horizontal jumps are prohibited.
- *There are no finals for any event.
- *Maximum of 3 attempts allowed in each horizontal jump and 4 in the shot put.
- *NO SPIKES
- *Starting blocks are not provided.
- *Spectators must remain on the balcony.
- *Student athletes must leave the competitive area after performing.
- *Horizontal jumps “warm-up’s” must begin half an hour prior to the start of the events for the day.

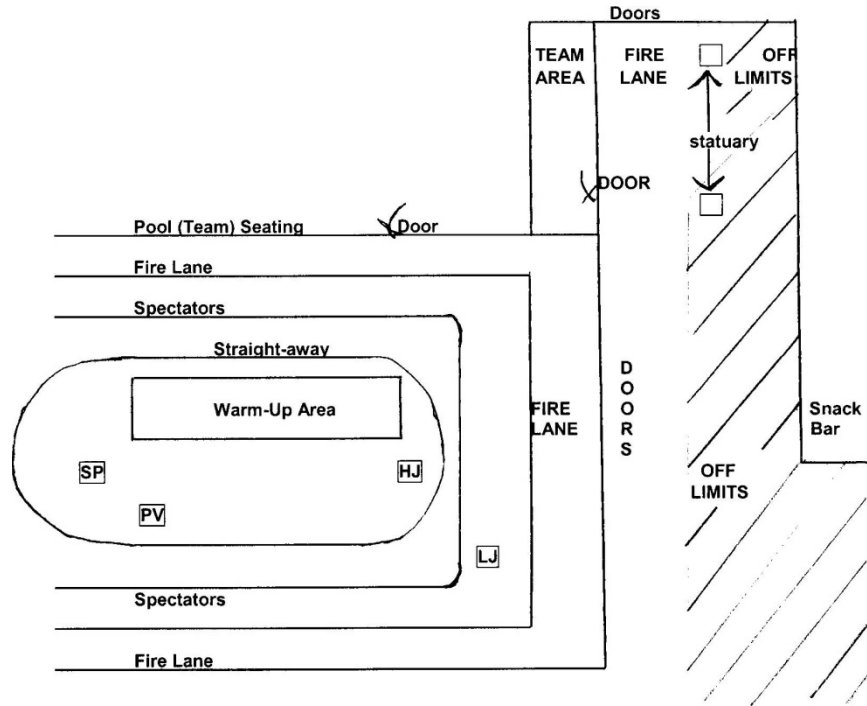
Order of Events

<u>TRACK Event Order</u>	<u>GENDER Order</u>	<u>Maximum Entries</u>
55m Hurdles (heats)	Girls/Boys	4
30/3200m Run (sections)	Girls/Boys	4
55m Dash	Girls/Boys	4
1000m Run (sections)	Girls/Boys	4
1500m Racewalk (sections)	Girls	4
600m Run	Girls/Boys	4
15/1600m Run (sections)	Girls/Boys	4
300m Dash (heats)	Girls/Boys	4
4 by 800m Relay (sections)	Girls/Boys	2
4 by 400m Relay (heats)	Girls/Boys	2
4 by 200m Relay (heats)	Girls/Boys	2

<u>FIELD Event Order/Information</u>	<u>GENDER Order</u>	<u>Maximum Entries</u>
High Jump (format TBD) Opening Heights: G-3' 10" B-4' 8"	Girls then Boys	4
Triple Jump (timed open pit) Starting boards unless standard has been met – Girls Boards: 20', 24' and/or 28' only Boys Boards: 28', 32', and/or 36' only	Girls then Boys	4
Long Jump (timed open pit following TJ) Starting boards unless standard has been met – G-8' B-12'	Girls then Boys	4
Pole Vault Opening Heights: See Item #12	Girls then Boys	4
Shot Put (flights)	Girls then Boys	6

Diagram for Fredonia Steele Hall

- * Teams will be accommodated in the areas noted (foyer and pool balcony).
An adult must be close by.
- * Spectators: only around track balcony.
- * Warm-ups: only in designated area on track floor.
- * NO sleeping bags, footballs, frisbees, etc.
- * Elevator for handicapped use only.



Section VI will have easily identifiable event staff on site. Coaches and athletes must follow their directions.

Buffalo State Dual Divisional Meets

LOCATION: S.U.N.Y. College at Buffalo

NOTES:

- Entries due 2 nights prior to meet, 3 changes max per team.
- *160 meter oval with a 55 meter straight.
- *Runbacks in the horizontal jumps are prohibited.
- *There are no finals for any event.
- *Maximum of 3 attempts allowed in each horizontal jump and 4 in the shot put.
- *NO SPIKES ALLOWED**
- *Starting blocks are not provided.
- *Spectators must remain on the balcony.
- *Student athletes must leave the competitive area after performing.
- *Only high jump competitors can use the basketball court while the event is active.
- *Horizontal jumps “warm-up’s” must begin half an hour prior to the start of the events for the day.
- *The Pole Vault is not contested.

Order of Events

<u>TRACK Event Order</u>	<u>GENDER Order</u>	<u>Maximum Entries</u>
55m Hurdles (heats)	Girls/Boys	4
30/3200m Run (sections)	Girls/Boys	4
55m Dash (heats)	Girls/Boys	4
1000m Run (sections)	Girls/Boys	4
1500m Racewalk (sections)	Girls	4
600m Run (sections)	Girls/Boys	4
15/1600m Run (sections)	Girls/Boys	4
300m Dash (heats)	Girls/Boys	4
4 by 800m Relay (sections)	Girls/Boys	2
4 by 400m Relay (heats)	Girls/Boys	2
4 by 200m Relay (heats)	Girls/Boys	2

<u>FIELD Event Order/Information</u>	<u>GENDER Order</u>	<u>Maximum Entries</u>
High Jump (format TBD) Opening Heights: G -3' 10" B -4' 8"	Boys then Girls	4
Triple Jump (timed open pit) Starting boards unless standard has been met – Girls Boards: 20', 24' and/or 28' only Boys Boards: 28', 32', and/or 36' only	Girls then Boys	4
Long Jump (timed open pit following TJ) Starting boards unless standard has been met – G -8' B -12'	Girls then Boys	4

9th & 10th Grade Championships

LOCATION: Houghton College

NOTES:

- * This meet is for 9th and 10th Graders and approved Athletic Placement Process 7th and 8th Graders ONLY.
- * 200 meter oval with a 55 meter straight.
- * Runbacks in the horizontal jumps are prohibited.
- * Four attempts will be allowed in the horizontal jumps/ shot put/weight throw four attempts no finals.
- * Maximum ¼” pyramid spikes can be utilized for the 55 meter dash, hurdles, and the horizontal jumps.
- * Starting blocks are not provided.
- * Spectators must remain in designated areas.
- * Student athletes must leave the competitive area after performing.
- * Horizontal jumps “warm-up’s” must begin half an hour prior to the start of the events for the day.

- Guidelines:**
- ◆ There will be two groups, 9th Grade and under, and 10th Grade only
 - ◆ There is a maximum of 3 entries per group.
 - ◆ Entries are due **Wednesday 1/23/19 by 8:00pm.**
 - ◆ A relay with at least one sophomore is considered a 10th Grade relay.

Awards: Ribbons for first through sixth place in both groups.

Admission: \$3.00 for spectators and family

Order of Events

<u>TRACK Event Order</u>	<u>GENDER Order</u>	<u>Maximum Entries</u>
55m Hurdles (heats)	Girls/Boys	3/group
30/3200m Run (sections)	Girls/Boys	3/group
55m Dash (heats)	Girls/Boys	3/group
1000m Run (sections)	Girls/Boys	3/group
1500m Racewalk (sections)	Girls	3/group
600m Run (sections)	Girls/Boys	3/group
15/1600m Run (sections)	Girls/Boys	3/group
300m Dash (heats)	Girls/Boys	3/group
4 by 800m Relay (sections)	Girls/Boys	1/group
4 by 400m Relay (heats)	Girls/Boys	1/group
4 by 200m Relay (heats)	Girls/Boys	1/group

<u>FIELD Event Order/Information</u>	<u>GENDER Order</u>	<u>Maximum Entries</u>
Triple Jump (timed open pit) Starting boards unless standard has been met – Girls Boards: 20’, 24’ and/or 28’ only Boys Boards: 28’, 32’, and/or 36’ only	Both genders 10am	3 per groups. 4 jumps, no finals
High Jump (format TBD) Opening Heights: G -3’ 10” B -4’ 8”	Boys then Girls	3 per group,
Shot Put (flights), then weight throw	Boys then Girls	3 per group 4 attempts no finals
Weight throw followed by shotput	Boys then Girls	3 per group 4 attempts no finals
Pole Vault Opening Heights: G -5’ 6” B -7’ 6”	Boys then Girls	3 per group
Long Jump (timed open pit following TJ) Starting boards unless standard has been met – G -8’ B -12’	Follows Triple	3 per groups. 4 jumps, no finals

Western New York Relays

LOCATION: Houghton College

NOTES:

- *Races will be run combined A/B/C and results pulled out for top 6 in each class..
- *200 meter oval with a 55 meter straight.
- *Runbacks in the horizontal jumps are prohibited.
- *There are no finals for any event.
- *Scoring (10-8-6-4-2-1) and awards through three places.
- *Maximum of 4 attempts allowed in each horizontal jump and 4 in the shot put. No Finals
- *Two team awards per gender per class.
- *Individual performances are combined to produce a final result which is then used for scoring.
- *Team score tie breaker will be number of first places, then second places, etc.
- *Entries due two days prior to event
- *Student athletes may individually qualify for the Section 6 State Qualifier in any regular event as normal.
- *Maximum ¼” pyramid spikes can be utilized for All Events.
- *Starting blocks are not provided.
- *Spectators must remain in spectator area.
- *Student athletes must leave the competitive area after performing.
- *Horizontal jumps “warm-up’s” must begin half an hour prior to the start of the events for the day.

Order of Events

<u>TRACK Event Order</u>	<u>GENDER Order</u>	<u>Maximum Entries</u>
4 by 800m Relay (sections)	Girls/Boys	1
55m Hurdles (heats)	Girls/Boys	2
Sprint Medley Relay (sections) – 200m-200m-400m-800m	Girls/Boys	1
15/1600m Run (sections)	Girls/Boys	2
1500m Racewalk (sections)	Girls	2
Double 4x1 Lap Relay (sections)	Girls/Boys	1
Distance Medley Relay (sections) – 1200m-400m-800m-1600m	Girls/Boys	1
4 by 200m Relay (sections)	Girls/Boys	1
4 by 400m Relay (sections)	Girls/Boys	1

<u>FIELD Event Order/Information</u>	<u>GENDER Order</u>	<u>Maximum Entries</u>
High Jump (format TBD) Opening Heights: G-3' 10" B-4' 8"	Boys then Girls	2
Triple Jump (timed open pit) Starting boards unless standard has been met – Girls Boards: 20', 24' and/or 28' only Boys Boards: 28', 32', and/or 36' only	Girls and Boys	2
Long Jump (timed open pit following TJ) Starting boards unless standard has been met – G-8' B-12'	Girls and Boys	2
Pole Vault Opening Heights: G-5' 6" B-7' 6"	Boys then Girls	2
Shot Put (flights) -4 attempts	Boys then Girls	2
Weight Throw , followed by Shot Put - 4 attempts	Boys then Girls	2

**Section V vs. Section VI Invitational
Sat., January 19, 2019 at Houghton College**

10:00 am - 5:00 pm

ORDER OF EVENTS

(Slowest to Fastest)

Houghton College

TRACK EVENTS: (Slow to Fastest) Girls followed by Boys – 10:00 AM Start

3000m - Girls	Final
3200m - Boys	Final
55m Hurdles	Final
55m Dash	Final
1000m	Final
1500m Race-Walk – Girls Only	Final
600m	Final
1500 Meter – Girls	Final
1600 Meter – Boys	Final
Distance Medley Relay - (1200m – 400m – 800m – 1600m)	Final
300 Meters	Final
4 x 800 Meter Relay - Sections	Final
4 x 400 Meter Relay - Sections	Final
4 x 200 Meter Relay - Sections	Final

FIELD EVENTS: 4 Attempts – No Finals - 10:00 AM Sharp

Triple Jump – 4 Attempts – Girls/Boys – Two Pits

High Jump – Finals – Girls then Boys

Shot Put – 4 Attempts - Girls in one circle/Boys in the other circle – We will be using two circles

Weight Throw – 4 Attempts – Girls/Boys

Pole Vault – Finals – Girls then Boys

Long Jump – 4 Attempts – Girls/Boys – Two Pits

Opening Heights

High Jump – Boys – 5' 2"

Girls – 4' 4"

Pole Vault – 9' 0"

Girls – 7' 0"

Houghton College Invite

Sat., 1/5/19, 1/12/19, 2/1/19

10:00 am - 6:00 pm

LOCATION: Houghton College

NOTES:

- *Entries due 2 nights prior to meet, no additions at meet, scratches only
- *200 meter oval with a 55 meter straight.
- *Runbacks in the horizontal jumps are prohibited.
- *There are no finals for any event.
- *Maximum of 4 attempts allowed in each horizontal jump and 4 in the shot put/weight throw.
- *Maximum ¼” pyramid spikes can be utilized for the all events.
- *Spectators must remain in their designated area.
- *Student athletes must leave the competitive area after performing.
- *Horizontal jumps “warm-up’s” must begin half an hour prior to the start of the events for the day

Order of Events

<u>TRACK Event Order</u>	<u>GENDER Order</u>	<u>Maximum Entries</u>
55m Hurdles (heats)	Girls/Boys	2
30/3200m Run (sections)	Girls/Boys	2
55m Dash (heats)	Girls/Boys	2
1000m Run (sections)	Girls/Boys	2
1500m Racewalk (sections)	Girls	2
600m Run (sections)	Girls/Boys	2
15/1600m Run (sections)	Girls/Boys	2
300m Dash (heats)	Girls/Boys	2
4 by 800m Relay (sections)	Girls/Boys	1
4 by 400m Relay (heats)	Girls/Boys	1
4 by 200m Relay (heats)	Girls/Boys	1

<u>FIELD Event Order/Information</u>	<u>GENDER Order</u>	<u>Maximum Entries</u>
High Jump (format TBD) Opening Heights: G-3' 10" B-4' 8"	Boys then Girls	2
Triple Jump (timed open pit) Starting boards unless standard has been met – Girls Boards: 20', 24' and/or 28' only Boys Boards: 28', 32', and/or 36' only	Boys and Girls	2
Long Jump (timed open pit following TJ) Starting boards unless standard has been met – G-8' B-12'	Boys and Girls	2
Pole Vault Opening Heights: See Item #12	Boys then Girls	2
Weight Throw, flights	Boys then Girls	2
Shot Put, flights following weight throw	Boys then Girls	2

Section VI Team Championships

LOCATION: Houghton College

Entries: ♦Maximum 1 for all individual running and field events, 2 with the standard.
 ♦Maximum 1 for all relays. ♦ Entries are due **2/14/19** before 8pm. Scratches only at the meet.

Clerk of Course: ♦All seed times/performances must be verified.

Jury of Appeals: Section VI Indoor Track & Field Committee.

Scoring: All events are scored 10-8-6-5-4-3-2-1 **divided into Class A, B, C**

Awards: Ribbons for 1st through 6th place in all events per division. Trophies to the top **Two teams in each Class**. The male and female Most Valuable Performer Awards will be voted upon the week, via coaches nomination, following this competition and recognized at the Section 6 State Qualifier.

Admission: \$5.00

NOTES:

In both 55m, and 55m hurdles and 300 winner of each heat will advance to the finals and the next fastest times will be added to make 8 finalists.

*200 Meter oval with a 55 meter straight with normal Section VI safety and procedural rules.

*Runbacks in the horizontal jumps are prohibited.

*Trials and Finals in both the shot put and horizontal jumps

***Anyone advancing to finals will score above anyone who does not advance even if they get disqualified in finals.**

*Maximum ¼" pyramid spikes can be used in all events.

* Team score tie breaker will be number of first places, then second places, etc.

***Events will be combined and then class results will be pulled from there.**

*The jumps and pole vault will be combined with separate flight sheets **for A, B & C.**

The shot put will be run in separate flights based on gender and school size.

Order of Events

<u>TRACK Event Order</u>	<u>GENDER Order</u>	<u>Maximum Entries</u>
55m Hurdles Semi's	Girls/Boys	1, 2 with standard
55m Dash Semi's	Girls/Boys	1, 2 with standard
30/3200m Run	Girls/Boys	1, 2 with standard
55m Hurdles Finals	Boys/Girls	1, 2 with standard
55m Dash Finals	Girls/Boys	1, 2 with standard
1000m Run	Girls/Boys	1, 2 with standard
1500m Racewalk *The 1500m Racewalk is contested by the girls only.	Girls	1, 2 with standard
300m Run Semi's	Girls/Boys	1, 2 with standard
600m Run	Girls/Boys	1, 2 with standard
15/1600m Run	Girls/Boys	1, 2 with standard
15 Minute Break	Girls/Boys	
300m Run Finals	Girls/Boys	
4 by 800m Relay	Girls/Boys	1
4 by 400m Relay	Girls/Boys	1
4 by 200m Relay	Girls/Boys	1

<u>FIELD Event Order/Information</u>	<u>GENDER Order</u>	<u>Maximum Entries</u>
Triple Jump (timed open pit) Starting boards unless standard has been met – Girls Boards: 20', 24' and/or 28' only Boys Boards: 28', 32', and/or 36' only	Girls and Boys	1, 2 with standard
High Jump (format TBD) Opening Heights: G-3' 10" B-4' 8"	Boys then Girls	1, 2 with standard
Shot Put (flights)	Boys then Girls	1, 2 with standard
Weight Throw ,	Boys then Girls	1, 2 with standard
Pole Vault Opening Heights: G-6' 6" B-8' 6"	Boys then Girls	1, 2 with standard
Long Jump (timed open pit following TJ) Starting boards unless standard has been met – G-8' B-12'	Girls and Boys	1, 2 with standard

Section VI Championships (State Qualifier)

Friday, February 23, 2018 at Houghton College

- Entries:**
- Top 8 in each event from the Team Championships Meet may enter.
 - Anyone equaling or bettering the Sectional Qualifying Standard from the updated Performance List. (Standards are on page 18.)
 - Wild Card Entry: Each school may enter one additional boy and one additional girl – in one event each – who has not met the above entry criteria.

Clerk of Course: All entry cards are to be turned in at first call. Two minutes after the final call is made the event will be seeded. No entries will be accepted after that.

Seeding:

ORIGINAL SCRATCHES AND WILD CARDS and RELAYS ARE DUE SUNDAY NIGHT-**2/17/19**-BY 6PM. All section 6 athletes who have achieved the section standard will be entered, coaches have the opportunity to scratch Sunday night and add their wild card. Scratches at the meet are allowed. **The updated Performance List will be used to verify correct seeding. Results from all league meets may be referenced to correct any possible discrepancy in the listing of any time, distance, or height. If any athlete fails to show up for an event their meet is over.

**Due to the nature of the State Championships schedule and order of events, there will be timed trials and finals for the 4x200 and 4x400 meter relays as well as the 300 meter dash.

1. For the 55m, 55H, 300 and relays winner of each heat and the next fastest times to get to 8 competitors.
2. Each team is allowed one relay entry at the Section 6 State Qualifier.
3. The trials heats and lane assignments of these events will be determined after the final call for these entries. Eight or less competitors in the 300 meter Dash will contest a final only.
4. There will be flights in the long jump, triple jump, and shot put. There will be no more than two flights, with the maximum of 12 in the final flight. Eight athletes will advance to finals.

Jury of Appeals: Boys and Girls Chairpersons and the Chief Finish Judge.

Officials: The Sectional Chairpersons in cooperation with the head of each officials' group will place all officials in sectional assignments that are best suited to their area of expertise.

Awards: Sectional patches will be awarded to the Top 4 places in each event. Awards will be distributed in a timely fashion at a designated location on the infield that does not interfere with the competition. The first through the fourth place finishing athletes / relays must report to the awards stand when they are called down to be recognized, and receive their state information.

State Championship Qualifiers: The Top 2 individuals in each individual event and the winning team in each relay event will qualify for the NYSPHSAA Championships at Ocean-Breeze, Staten Island on **Sat., March 2rd**. In addition, the 3rd place athlete in the 300m, 600m, 1000m, and 1500m/1600m will qualify to run on the Intersectional Medley Relay team. Each relay may bring one alternate.

Minimum qualifying standards for High Jump and Pole Vault:

High Jump - Girls: 5'-0", Boys: 6'-0"

Pole Vault - Girls: 9'-6", Boys: 12'-0"

(These have been the opening heights used at the State Meet the past few years.)

Admission: \$5.00 (Pre-school free)

Cancellation: If the Section 6 State Qualifier is cancelled due to inclement weather, the alternate date will be "Snow Date" in the schedule on page 3. If this date is not available, then the final results from the Team Championships will be seed as the qualifier.

Sectional Qualifier List:

The chairmen will post the full list of all qualified athletes and relays usually on a weekly or bi-weekly basis. Brian Lombardo will be responsible for the women's list and Pete Szymanski will be responsible for the men's list. The lists will be available within the "Indoor Track" page of the Section 6 website <http://www.section6.e1b.org/Indoor Track>

PLEASE NOTE: Those teams who do not submit a roster will not have their athletes and relays listed until a complete roster has been tendered to the League Chairmen.

We would encourage the coaches of all hurdle / sprint athletes to have those athletes compete in the 55 meter dash and the 55 hurdles BEFORE Sectionals to either make the standard or better their 55 meter times in either events. At our State Qualifier, we will use their best FAT 55 meter distance times for seeding purposes. We will not "convert" their 55 meter times (or any times for that matter). So they may compete at the State Qualifier but they will compete using their fastest FAT 55 meter distance times. Seeding Policies as outlined in the team champs will be used. The 4x200 and 4x400 will be advanced like the 55 m Dash.

Athletes / relays will be seeded using the FINAL updated Performance Lists. If a relay is not comprised of athletes that can possibly perform as well as a previous best effort, please adjust the seed time accordingly. This will be fair to those top relays attempting to move on to State Championships.

Section VI Championship (State Qualifier) Order of Events

Track Events (slow to fast) Girls followed by Boys

10:15 am 55m Hurdles Semis
55m Dash Semis
Girls 3000m Run
55m Hurdles Finals Boys then Girls
55m Dash Finals
Boys 3200m
4 x 400m Relay Semis
4 x 200m Relay Semis
1000m Run
1500m Racewalk – girls only
300m Semis
600m Run
Girls 1500m Run
Boys 1600m Run
15 minute break
300m Finals
4x800m Relay
4x400m Relay Finals
4x200m Relay Finals

Field Events *3 trials, Top 8 to Finals where applicable.

10:00 am Triple Jump G/B
Pole Vault B/G
10:00am Weight Throw G/B
High Jump B/G
Follows Triple Long Jump G/B
Follows Weight Shot Put G/B

NOTE: Field events will begin competing at the posted time. Preparations are to be completed by then. No runbacks in the horizontal jumps allowed.

Opening Heights

High Jump Boys - 5' 2" Girls - 4' 4"
Pole Vault Boys - 9' 0" Girls - 7' 0"

Sectional Qualifying Standards

These standards were developed by the Section VI Indoor Track & Field Committee.

<u>Event</u>	<u>Boys</u>	<u>Girls</u>	<u>Event</u>	<u>Boys</u>	<u>Girls</u>
50m dash	6.2	7.1	50m Hurdles	8.0	8.8
55m dash	7.04	7.94	55m Hurdles	9.24	10.04
300m	39.44	45.24	1500m Racewalk		9:30.0
600m	1:31.5	1:48.5	Weight Throw	35'	30'
1000m	2:49.5	3:20.0	Long Jump	19' 0"	15' 0"
1500m		5:18.0	Triple Jump	38' 0"	31' 0"
1600m	4:50.0		High Jump	5' 8"	4' 10"
3000m		11:40.0	Shot Put	42' 0"	31' 0"
3200m	10:45.0		Pole Vault	10' 6"	8'

Each school will be allowed one relay entry at the Sectionals. Add 0.24 seconds for FAT.

NYSPHSAA Championships

Sat., March 2, 2019 at Ocean Breeze

New Combined meet Opening Ceremonies 8:45 am 9:00 am start

Admission: \$10 at door or \$8 on-line LINK HERE <https://gofan.co/app/events/49817>

[Opt Out of Section VI State Transportation:](#) Deadline end of sectionals

TENTATIVE Order of Events

Track Events

9:00 am

55m Hurdles Semis	G/B
55m Dash Semis	G/B
3000m Dash	G
55m Hurdles Finals	B/G
55m Dash Finals	G/B
3200m	B
4 x 400m Relay Semis	G/B
4 x 200m Relay Semis	G/B
1000m Run	G/B
1500m Racewalk	G
300m Semis	G/B
600m Run	G/B
600m Run	G
1600m Run	B
Intersectional Relay (1000, 200, 600, 1600)	G/B
300m Finals	G/B
4x800m Relay	G/B
4x400m Relay Finals	G/B
4x200m Relay Finals	G/B

Field Events

8:45 am

1st Flight Girls Weight, followed by 2nd , 3^d

9:00 am Boys/Girls Triple Jump
Girls Pole Vault
Boys/Girls Long follows Triple
Boys Weight follows Girls Weight
Boys Pole Vault – top flight in pit after 55
Lower flight follows girls
Girls/Boys Shot-put follows Boys Weight

NYSPHSAA Qualifying Standards (For the 3rd competitor)

In addition to the top two finishers in each individual event, each section may send the third place finisher provided that they have met the following qualifying standard. In order to qualify, the athlete must have placed third in the State Qualifier Meet and have met the standard during this season.

<u>Event</u>	<u>Boys</u>	<u>Girls</u>
55m Dash	:06.5 (:06.74)	:07.2 (:07.44)
300m Dash	:36.5 (:36.74)	:41.94 (:41.94)
600m Run	1:24.5 (1:24.74)	1:38.5 (1:38.74)
1000m Run	2:35.0 (2:35.24)	3:02.0 (3:02.24)
1500m Run	not applicable	4:49.3 (4:49.54)
1600m Run	4:28.5 (4:28.74)	not applicable
3000m Run	not applicable	10:20.9 (10:21.14)
3200m Run	9:42.0 (9:42.24)	not applicable
55m Hurdles	:07.7 (:07.94)	:08.5 (:08.74)
1500m Racewalk	not applicable	7:28.0 (7:28.24)
Long Jump	21' 6"	17' 2"
Triple Jump	43' 6"	36' 1"
High Jump	6' 4"	5' 3"
Shot Put	52' 0"	37' 7"
Pole Vault	13' 0"	10'
Weight Throw	50' 0"	40' 0"
4 x 200	1:34.94	1:47.54
4 x 400	3:32.44	4:06.94
4 x 800	8:05.04	9:36.24

Bona fide and verifiable marks achieved any time during this season may also be used for seeding purposes at the State Championships. Please let the chairperson know if your qualifying athlete has a better mark from a meet prior to the State Qualifier.

Section VI

Indoor Track and Field Records – Boys

(updated 12/7/17)

Event	Name	School	Performance	Year
55m dash	Wayne Gordon	Sweet Home	6.37 FAT	2012
300m	Nathaniel Davis	Sweet Home	34.28	2018
		OLD	34.74	2017
600m	Justin Craddock	Kenmore East	1:20.59 FAT	2005
1000m	Chris Nowak	Sweet Home	2:27.20 FAT	2017
1600m	Nick LaRosa	Frontier	4:14.7 (conv.)	1992
3200m	Charlie Kern	Sweet Home	9:15.89 FAT	1987
(Federation)	(Cole Townsend)	(Canisius)	(9:13.73)	(2011)
55m Hurdles	Ron Andrews	Sweet Home	:07.44 FAT	1997
Long Jump	Nathaniel Davis	Sweet Home	23' 8.25"	2018
Long Jump OLD	Jailyn Twitty	Amherst	23'8"	2012
Triple Jump	Jailyn Twitty	Amherst	47'4 W'	2012
High Jump	Sean Vago	Williamsville S	6'-11 1/4"	1995
Shot Put	Devon Patterson	Will South	63'10.75	2014
Pole Vault	Anton Kunnas	North Tonawanda	15'6"	2017

ADD Weight Throw for 2018 no record

4 x 200m Relay		Niagara Falls	1:29.59	2017
	(Rodney Barnes, Tariq Taul, Roshain Wallace, Christian Meranto)			
4 x 400m Relay		Sweet Home	3:26.64	1998
	(Joel Patrick, Jared Voglar, Brian Harge, Joe Clark)			
4 x 800m Relay		Sweet Home	7:59.43	2015
	(Will Schultz, Chris Nowak, Matt Penberthy, Mitchell Daddario)			
Intersectional Medley Relay			9:09.14 FAT	2002
	(Blaine Gallson - Frontier, Eric Bream - Lockport, Alex Imhof - Amherst, Sam Pecoraro - Lockport)			

Section VI

Indoor Track and Field Records – Girls

(updated 10/16/17)

Event	Name	School	Performance	Year
55m dash	Jenna Crean	Orchard Park	:07.09	2018
55m dash	Tirana McDermott	Jamestown	:07.14 FAT	2000
55m dash	Ashley Grazen	Lancaster	7.14	2014
300m	Jenna Crean	Orchard Park	38.99	2017
600m	Sonja Robinson	Williamsville East	1:34.7	1984
1000m	Abigail Benson	Iroquois	2:54.10 FAT	2011
1500m	Mary Pat Hickey	Clarence	4:38.0	1985
3000m	Marissa Saenger	Clarence	9:51.92 FAT	2013
55m Hurdles	Ronnetta Alexander	Williamsville South	:07.90 FAT	2003
1500m Racewalk	Tina Weber	Lancaster	7:01.9	1985
Long Jump	Mikayla Pearce	Maryvale	19'-8"	2012
Triple Jump	McKyla Brooks	Frontier	40'2.5	2013
High Jump	Alison Smith	Clarence	6'-1"	1987
Shot Put	Melissa Kurzdorfer	Lancaster	50' 6"	2010
Pole Vault	Mary Saxer	Lancaster	14'-0"	2005
ADD Weight Throw for 2018 no record				
4 x 200m Relay		Lancaster	1:44.48	2016
	(Isabelle Licata, Olivia Gervan, Ashley Grazen and Molly Scarpello)			
4 x 400m Relay		Dunkirk	4:00.81	2017
	(Emilee Hanlon, Jaylah Cossin, Jericha Petrella and Emma Seiders)			
4 x 800m Relay		Frontier	9:30.75 FAT	2011
	(Rebecca Love, Shannon Dalton, Emily Krasinski and Renae Sweeney)			
Intersectional Medley Relay			10:31.39 FAT	2010
	Elisa Frazier - Williamsville South, Abigail Zabrodski – Jamestown, Sarah Loud - Williamsville North, and Maritina Tsembelis - Grand Island			

Section VI Policies

All-WNY Scholar Athlete Indoor Track Team

Coaches and Athletic Directors are encouraged to nominate athletes for selection to the **All-WNY Scholar Athlete Boys Indoor Track and Girls Indoor Track Team**. The criteria for selection are listed on-line: <http://www.section6.e1b.org/ALLWNYSA> **Applications must be completed on-line**. All paperwork must be mailed or e-mailed to the Section VI office before **March 1, 2019**. The team will be honored by both Section VI and the Buffalo News.

Regulations Regarding Senior All-Star & Outside Agency Contests

((updated October 2013 NYSPHSAA Executive Committee)

1. All Senior All-Star and Outside Agency contests **MUST** be approved by Section VI. In addition, Senior All-Star contests must be approved by NYSPHSAA. The forms required are posted on the section website*
2. All Senior All-Star and Outside Agency contests must be conducted within the season dates approved by the Section VI Athletic Council for that sport. The calendar of approved season dates for all sports is posted on the section website*
3. Only seniors who have completed their secondary school eligibility in that sport may compete in these contests.
4. *A contestant **may participate in any approved senior all star athlete contest in the same sport during the school year.** (approved October 24, 2013, NYSPHSAA Executive Committee Meeting).*

NOTE: A Senior All-Star contest by NYSPHSAA standards, is one in which an athlete's participation is based solely on outstanding performance as a member of a high school team. If open-tryouts are held, the contest is NOT a NYSPHSAA All-Star contest.

*www.section6.e1b.org Click on *Forms* Scroll down to *Senior All Star*, or call the Section office 821-7581.

Section VI Policy on Neutral Sites

For finals, no team shall compete on its home site if multiple sites have been scheduled. The exception: if the home field is the only field that's playable.

Section VI AED Policy

(effective Feb. 2003)

The game site-chairperson will be responsible for securing an AED for the certified trainer's use at all sectional contests, and at all regional and state contests that are hosted by Section VI. The certified trainer will be provided by an orthopedic group contracted by Section VI, at all post-season contests held at **neutral sites**. **Note:** If a school suffers loss or damage to an AED that is being used for post-season contests, the Section will be financially responsible.

Section VI Travel to State Competition Policy

(Extended Jan. 2016)

For the complete policy click on #310 in the → [Policy Manual](#)

Summary for Individual Sports

Championships to cover the following costs for state competition. The following costs for state competition

- 1) Transportation, lodging and meals for Cross Country, B&G Swim, Indoor and Outdoor Track and Bowling.
- 2) Lodging and meals for G Gymnastics, B&G Golf, B & G Tennis and Alpine Skiing
- 3) Lodging for wrestling

and will discontinue year-end reimbursement to districts for these costs.

Member schools participating in state competition will be responsible for all costs related to that participation with exception of items 1,2,3 above. Section VI responsibility for member school participation in state championships is outlined below.

Supervision:

One or more certified coaches are required to travel with the student athletes from their school and must be present on any Section VI contracted bus, where the athletes are housed, at the state competition site and all related events.

Transportation:

Individual Sports Group 1: Alpine Skiing, Rifle, Golf, Tennis, Gymnastics, Wrestling

The schools will be responsible for transporting their athletes to state competition and all associated transportation costs.

Individual Sports Group 2: Bowling, C.Country, Ind.Track, Track & Field, Swimming

a) The Section VI office will contract bus transportation for the athletes. There are two choices for the school:

- 1) A school may choose to have its athlete(s) travel to state competition on the Section contracted bus. The following rules apply:
 - The athlete (and coach) must use the lodging and meals if pre-arranged by the Sport chair.
 - The athlete (and coach) must remain with the Section until the completion of the athlete's competition. The athlete will not be released prior to completion of competition.
 - When competition is completed, the athlete may be released to parents/coach for return home on alternate transportation if the Section release form is completed before the state meet
- 2) A school may choose to have its athlete(s) travel to state competition in an alternate manner under the following stipulations:
 - A school that opt-outs of Section transportation will be responsible for arranging their own lodging and meals.
 - The request to opt-out of travel on the Section VI bus must be submitted in writing to the Sport chair and the Section VI office by the date specified in the sport handbook.
 - The school must submit all required release forms to the Sport chair by the specified date.
 - The school must arrange for the athlete to rendezvous with the Sport chair (or designee) at a pre-designated time and place prior to the competition.

b) Transportation expenses will be billed to Section VI.

c) Section VI will apply to the NYSPHSAA for the allowed reimbursement of **\$1.35** per mile on the state grid.

Lodging:

Individual Sports: The Sport chair will be responsible for reserving a block of rooms for all athletes (4 per room). The block will include rooms for coaches (2 per room) for individual sports in Group 1 (see 310.2). For individual sports in Group 2, the block will be increased by 50% to allow for coaches. (e.g.: If XC needs a block of 40 rooms for athletes and supervisors, they will now reserve a block of 60 rooms) When the qualifiers have been determined, the Sport chair will register all athletes and coaches who are using Section transportation from the block of reserved rooms. Schools that opt-out of Section transportation are responsible for registering their own athletes and coaches. They may register for the remaining rooms in the reserved block until the rooms are exhausted or choose their own lodging. Schools will be responsible for the cost of athletes' meals at state competition with the exceptions indicated in item 1,2,3 above.

Meals:

Schools will be responsible for the cost of athletes' meals at state competition with the exceptions indicated in item 1,2,3 above. For some individual sports, the Section will facilitate meal handling by paying meal expenses and invoicing the schools per participating athlete. This plan, if used, will be listed in the sport handbook. (Approved by Section VI Athletic Council 3/21/07. Revised; 3/19/08, 1/21/09, 9/16/09, 1/20/10, 5/15/13, 5/14/14), 1/20/16

SECTION VI - NYSPHSAA Sportsmanship Philosophy & Code of Conduct

Philosophy

1. We believe that interscholastic athletics is an important part of education and support the ideals and values embodied in good sportsmanship.
2. We believe that sportsmanlike behavior is essential if interscholastic competition is to contribute usefully and constructively to the broad goals of education and to the quality of life of those involved.
3. We pledge ourselves individually and collectively to encourage and support the development and maintenance of a sportsmanlike atmosphere for athletic competition.

Code of Conduct

1. A genuine interest in and enjoyment of interscholastic competition requires conduct that reflects the understanding that contests as a part of an overall school program are intended to be enjoyed. Behavior that reflects a winning at all cost attitude violates this standard.
2. Interscholastic competition provides valuable lessons and learning experiences that are not possible in the regular classroom setting. All involved must support the need to develop the ability to compete with enthusiasm and to accept winning with grace and losing with dignity.
3. Coaches, players, and fans should know that participation is an honor and privilege which requires them to conduct themselves in a manner that brings honor and pride to their school and community.
4. Respect for the cultural and ethnic diversity of one's opponents, their school, and community is a fundamental tenet of wholesome athletic competition. This standard suggests that planned activity is needed to demonstrate a warm and friendly welcome, mutual respect, and a genuine readiness to participate in a sportsmanlike manner.
5. Players should demonstrate both knowledge of the rules and respect for game officials and their decisions. Coaches and school officials have the responsibility to teach and encourage these attributes.

******* Sportsmanship Statement Reminder *******

The following statement will be read over the public address system just prior to the pledge to the flag. If there is no public address system, the statement will be read to both teams by the site chairperson or his representative:

“The New York State Public High School Athletic Association requires officials to enforce all sportsmanship rules for student athletes and coaches. They will not tolerate negative statements or actions between opposing competitors, especially trash talking, taunting, or baiting of opponents. If such comments are heard or actions seen, a penalty may be assessed immediately. The officials been instructed not to issue warnings. Let today's/tonight's contest reflect mutual respect.”