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2018 - 2019 Boys Swimming & Diving Handbook

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<http://www.nysphsaa.org/Sports/Swimming-Diving-Boys>

nyhsswim.com

www.section6.e1b.org

www.section6swim.com

<https://sites.google.com/view/ny-section-vi-swimming/home>
for Team Manager & Meet Manager Resources

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Online Forms

Available at www.section6.e1b.org click on *General Information*, [Handbooks and Sports Forms](#)

Diving Entry Form
State Meet Qualifying Verification Form
Opt Out of Section VI Transportation to State Competition
All-WNY Scholar Athlete OnLine form

2018-2019 Boys Swimming & Diving Committee

Committee voting privileges:

As per the Section VI Constitution item 7.6, "The representative members on each sport committee will be appointed by each league and have only one vote per league. Other non-voting members may be selected by the Sport Chairpersons. Federated sport representative members that are appointed by their division, league or school will have only one vote. The Sport Chairs of Federated Sports that have divisions will verify that among division representatives each participating league is represented. The Sport Chair may only vote when the vote is tied. A Sport Chair who also represents a league can serve in both capacities but will have only one vote."

The voting members of the committee are indicated below with an asterisk.

Sport Co-Chairs:

Nathan Bourke

Kenmore East

(S) 874-8402 x 22359 (C):672-9876

nbourke@ktufsd.org

Timothy Menges

Starpoint

(S): 625-7272 (C): 573-4161

tmenges@starpointcsd.org

Committee Members:

BPS: Kristy Mrugala

City Honors

klmrugala@buffaloschools.org

CCAA: Bruce Johnson

Frewsburg

bjohn1547@aol.com

ECIC: Doug Newman

Cleveland-Hill

dnewman@clevehill.org

NFL: Mike Corsaro

Niagara Wheatfield

mcorsaro@nfschools.net

N-O: Randy Knakk

Albion

rknaak@albionk12.org

At Large Members: Dan Brown (Olean), Paul Cary (Clarence), Jim Cavaretta (Newfane),

Chris Miller (Williamsville East), and John Sullivan (Lockport)

2018-2019 Boys Swimming & Diving Season Calendar

The Section VI approved Boys Swimming season is

November 5, 2018 to March 11, 2019

Section Wide Coaches Meeting at SUNY Buffalo, 11am

Saturday November 3, 2018

First Practice

November 5, 2018

Team Roster Submission Deadline

Noon Monday, November 12, 2018

First Scrimmage

After 12 team/10 Individual Practices

First Contest

After 12 team/10 Individual Practices

Class Swimming & Diving Entry Deadline (online)

Noon Sunday, January 27, 2019

Class Entry Verification Deadline

Noon Monday, January 28, 2019

Class Meet Prelims

Thursday January 31, 2019

Class Diving Meet

Friday February 1, 2019

Class Meet Finals

Saturday February 2, 2019

Sectional Swimming & Diving Entry Deadline (online)

6:00 pm Thursday, February 7, 2019

Sectional Entry Verification Deadline

Noon Friday February 8, 2019

Sectional Championship Meet (Timed Finals)

Wednesday February 13, 2019

Deadline to Opt-Out of Section VI Transportation

Wednesday February 13, 2019

State Scholar Athlete

Thursday February 28, 2019

ALL- WNY Scholar Athlete Forms Deadline

Thursday February 28, 2019

NYS Championship Meet

Thursday February 28-Saturday March 2, 2019

Coaches Ranking Deadline

Friday March 8, 2019

Boys Swimming & Diving Classification for 2018-19

<u>Host Team:</u>	<u>Combined Schools</u>	<u>Approval Date</u>	<u>Approved #</u>
Dunkirk:	Dunkirk, Brocton, & Westfield	5/16/18	552
Eden:	Eden & Gowanda	5/16/18	593
Fredonia:	Fredonia & Cassadaga Valley	5/16/18	449
Frewsburg:	Frewsburg & Southwestern	5/16/18	386
Hutch-Tech:	Hutch-Tech & Emerson	5/16/18	1523
International Prep:	I-Prep & Leonardo Da Vinci	5/16/18	796
Jamestown:	Jamestown & Falconer	5/16/18	1122
Kenmore East:	Kenmore East & Kenmore West	5/16/18	1606
Lafayette:	Newcomer & Lafayette International	5/16/18	323
Middle College:	Middle College and Bennett	5/16/18	321
Olean:	Olean, Allegany-Limestone, Portville, Franklinville	5/16/18	870
Panama:	Panama, Chautauqua Lake, & Maple Grove	5/16/18	192
Riverside Int.	Riverside Academy	5/16/18	167
West Seneca East:	West Seneca West & West Seneca East	5/16/18	1563

Boys Swimming Classification 2018- 2019

CLASS A (15 Schools)

* Kenmore	NFL	1606
* W. Seneca	ECIC	1563
* Hutch-Tech	BPS	1523
Niagara Falls	NFL	1523
Lancaster	ECIC	1373
Orchard Park	ECIC	1144
Clarence	ECIC	1085
Lockport	NFL	1038
Williamsville North	ECIC	1028
Frontier	ECIC	1024
*Jamestown	ECIC	1122
Niagara Wheatfield	NFL	942
*Olean	CCAA	870
Hamburg	ECIC	846
McKinley	BPS	823

CLASS B (18 Schools)

IPrep-DaVinci	BPS	796
North Tonawanda	NFL	791
Williamsville East	ECIC	770
Sweet Home	ECIC	758
Williamsville South	ECIC	689
Grand Island	NFL	714
South Park	BPS	642
Amherst	ECIC	621
Starpoint	ECIC	610
Eden	ECIC	593
Lake Shore	ECIC	589
Iroquois	ECIC	567
Pioneer	ECIC	554
*Dunkirk	CCAA	552
Cheektowaga	ECIC	534
Maryvale	ECIC	501
Lewiston Porter	NFL	500
East Aurora	ECIC	480

CLASS C (21 Schools)

City Honors	BPS	461
Albion	NO	444
* Fredonia	CCAA	440
Depew	ECIC	432
Springville	ECIC	421
Tonawanda	ECIC	396
Newfane	NO	395
Alden	ECIC	394
*Frewsburg	CCAA	386
Medina	NO	377
Akron	NO	326
Roy-Hart	NO	324
*Lafayette	BPS	323
*Panama	CCAA	321
*MEC-Bennett	BPS	321
Olmsted	BPS	310
Cleveland Hill	ECIC	305
East Community	BPS	254
Bflo Arts Acad	BPS	242
Holland	ECIC	205
Barker	NO	180
Riverside	BPS	167

2018-19 Points of Emphasis

- New Format for Championships: Class Prelims and Finals, Sectional Timed Final (Parallels the format followed in the Girls Class Meets and Sectionals.)
- National Federation allows for an 11 dive format to be used in dual meets with prior mutual consent of the coaches.
- Use of the Section6swim.com website **MANDATED** for all teams, see page 5.

***NEW* 2018-2019 Website Requirements**

The Section 6 Girls and Boys Swim Committees have recommended the mandated use of the <http://www.section6swim.com/> website by ALL teams. The website is the tool for promoting the sport with WNY top 10 and NYS top 25 lists as well as all dual meet results. Additionally, this site is used by both the boys and girls State Meet committees for making official entries for the NY State Championships.

The fee associated with the website was covered by the Section. It is especially critical that coaches send accurate team rosters to Paul Cary and the website prior to competition this winter. The website has assigned team designations (abbreviations) for all teams throughout the State. It is important that we use those team designations with our team/meet manager files. Failure to send rosters and results to the website may result in exclusion from Class and Sectional competition. Coaches may receive a list of corrections to make in their Team-Manager database following roster submission. In addition to maintaining accurate rosters, meet host will be responsible for uploading dual meet results to the website within *48 hours of the completion of the meet*.

Coaches who are unfamiliar with the website will find on-line instructions at the site and/or may seek assistance from the Section Chair or any member of the Section 6 Committee. A guide sheet for use of the website will be available prior to the season on Paul Cary's resource page.

<https://sites.google.com/view/ny-section-vi-swimming/home>

Important *NEW* Points for Class/Sectional Meets

With feedback from coaches, and to parallel the girls season, the Section 6 swim committee has adopted a new format, which continues to separate the Class meets from the Sectional meet. This will allow teams to enter different line-ups for the Class and Sectional meets.

Additionally, there will still be two separate diving championships, one for the Class meets and one for Sectionals. Since the greatest participation comes during the Class Championships, we will run the Class meets as a two-day Prelim/Final format. Prelims will be at High Schools on Thursday January 31, with all three finals meets at UB's Alumni Arena on Saturday February 2. Class Diving will be on Friday February 1 at Maryvale.

The new qualifying times for the Class prelims (see page 6) will allow more entries, with the top **24** advancing to finals in each Class. The exception is diving where only a single qualifying standard for eleven dives, 225 points. Each team may enter two relays per relay event in prelims, however only the A relay may advance to finals. Your B relay should comprise of swimmers who have qualified in individual events.

Coaches, please be mindful of the entry and verification deadlines listed on page three. **FAILURE TO MEET ENTRY AND VERIFICATION DEADLINES MAY RESULT IN EXCLUSION FROM THE MEET!**

2018-2019 Class Championship Meet Schedule

Admission to Class Swimming and Diving Prelims and Finals:

\$5.00 for all sessions. (Preschool Age Free)

Programs:

\$2.00 (Prelims & Finals)

	Meet	Date	Site	Times
Class Championship Prelims	Class A Swim B Swim C	Thu. January 31 Thu. January 31 Thu. January 31	Clarence Maryvale City Honors	4:30 pm Warm-up, 5:30 pm Start 4:30 pm Warm-up, 5:30 pm Start 5:30 pm Warm-up, 6:30 pm Start
Class Championship Diving	Diving	Fri. February 1	Maryvale	4:00 pm Warm-up, 5:30 pm Start
Class Championship Finals	Class A Swim B Swim C	Sat. February 2 Sat. February 2 Sat. February 2	SUNY Buffalo SUNY Buffalo SUNY Buffalo	10:30am Warm-Up, 11:30am Start 2:00pm Warm-Up, 3:00 pm Start 5:30pm Warm-Up, 6:30 pm Start

Class Championship Cut Times for 2018-19

Event	New Class A	New Class B	New Class C
200 Medley	Possible 2 per Team *see guidelines below	Possible 2 per Team *see guidelines below	Possible 2 per Team *see guidelines below
200 Free	2:07.50	2:13.75	2:19.50
200 IM	2:27.50	2:32.50	2:41.00
50 Free	25.00	26.00	27.25
Diving	225	225	225
100 Fly	1:07.00	1:11.00	1:15.00
100 Free	55.50	57.50	1:00.50
500 Free	5:51.50	6:03.00	6:20.00
200 FR	Possible 2 per Team *see guidelines below	Possible 2 per Team *see guidelines below	Possible 2 per Team *see guidelines below
100 Back	1:08.00	1:12.00	1:16.25
100 Breast	1:14.25	1:17.00	1:21.50
400 FR	Possible 2 per Team *see guidelines below	Possible 2 per Team *see guidelines below	Possible 2 per Team *see guidelines below

Entry Guidelines

- NFHS rules apply. Schools may enter 4 swimmers per individual event.
- Relay Guidelines:
 1. Only the A Relay will score, and possibly advance to finals.
 2. The B relay must be marked exhibition in the Team Manager file.
 3. The B relay must be comprised of swimmers entered in individual events in the meet.
 4. The B relay will only swim at Prelims.
- Divers must have 11 safe dives, and their entry must be submitted along with team entries.
- Diving lists (dive number, position, designation,) will be sent to the host location.
- Dive lists must have all eleven dives. Deadline for changes will be 30 minutes prior to the start of the preliminary round. Include the divers name, grade and school with your email. Refer to the National Federation Rule book for the required guidelines for the dive list.
- **Entries are due by 12:00pm Sunday January 27, 2019.**

Special Items and Rules

- No one will be allowed on deck for the Class and Sectional meets unless they are bona fide team members dressed in appropriate attire.
- Coaches should notify athletes that vandalism or theft will not be tolerated. Those involved will be prosecuted and/or suspended from competition.
- In swim meets, there will be at least 15 minutes between the 50 Free and 100 Butterfly.

Selection Of Officials

All officials working class and sectional meets are assigned by Section VI, however, the Section VI coordinator and Officials Associations work together to ensure appropriate qualifications and numbers. Officials are contracted by Section VI.

Awards

- Chenille patches are awarded to the top four (4) finalists in each event in Classes A, B, and C.
- Team plaques are awarded to the Champions and runners up at the end of each Finals Meet.

2018-2019 Sectional Championship Meet

The Sectional meet will be held as a last chance opportunity for the top performers in the Section to qualify and advance to the State Championships. The qualifying standards are listed below and are based on the 30th place time from the 2018 meet. The timed final format will allow the most elite competitors from all Classes to go head to head in an effort to advance to the State meet.

	<u>Meet</u>	<u>Date</u>	<u>Site</u>	<u>Times</u>
Section VI Championship	Diving Swim Finals	Wed. February 13 Wed. February 13	SUNY Buffalo SUNY Buffalo	9:00am Warm-up 10:30am start 5:00 Warm-up, 6:00 pm start

2018-2019 Sectional Championship Qualifying Times

<u>EVENT</u>	<u>Qualifying Time</u>
200 Medley Relay	1:56.43
200 Freestyle	1:59.57
200 Individual Medley	2:18.50
50 Freestyle	23.65
Diving	290
100 Butterfly	1:00.99
100 Freestyle	53.83
500 Freestyle	5:31.05
200 Freestyle Relay	1:39.84
100 Backstroke	1:03.49
100 Breaststroke	1:10.24
400 Freestyle Relay	3:49.44

Entry Guidelines

- NFHS rules apply. Schools may enter 4 swimmer per individual event.
- 1 Relay team can be entered, per school, with up to 8 swimmers entered, as long as the qualifying time has been met.
- Entry procedures will be sent via email in Mid-January 2019.
- Divers must have 11 safe dives.
- **Divers will only be permitted to use the 1 meter diving boards at Alumni Arena.**
- **All athletes must shower before entering the Alumni Arena pool.**
- **Entries are due by 6:00pm Thursday, February 7, 2019.**

Awards

- Medals will be provided for athletes earning places one through three in each event.

Section VI State Team Meeting

- There will be a mandatory meeting at the conclusion of the sectional meet for all state meet qualifiers, coaches and parents to pass on necessary / updated state meet information.
- Section VI provides buses to state competition, schools who opt out by submitting the Opt-Out form.

Protocol to Qualify for the State Swimming and Diving Championships

(NYSPHSAA approved August 2011)

1. Swimmers will have the opportunity to qualify for the NYSPHSAA/NYS Federation Championship Meet if they meet the event qualifying standard during the regular season.
2. Swimmers who have qualified for the NYSPHSAA/NYS Federation Championship Meet are required to participate in their respective Sectional Championship Meet. Swimmers are not required to swim the event(s) in which they have met the qualifying standard. If circumstances out of the swimmer's control, such as injury or illness, prohibited participation in the Sectional Championship Meet, the school may appeal to the Section.
3. The Section champion in each event will represent the Section in the NYSPHSAA/NYS Federation Championship Meet. If the champion chooses not to attend the State Meet, the Section may replace the swimmer with the 2nd place finisher only if no other swimmer met the qualifying standard for that event. If a Section has more than one (1) class meet, the fastest individual from the final day of competition from all the classes would be the eligible athlete to move on as well as any other swimmer who met the qualifying standard.
4. Teams who qualify relays for the NYS Meet will be permitted a TOTAL of two alternates per school team. For those teams that qualify six or more swimmers for individual events, the State Committee and Section highly recommends that individually qualified swimmers be listed as the alternates, but teams still will be allowed up to 2 nonqualified alternates if a school has two or three relays qualified.
5. FAT Timing (Fully Automatic Timing) or three (3) hand held watches must be used for the time to meet the qualifying standard. Divers must be scored by NFHS certified officials.

NYSPHSAA Championships 2019

Nassau County Aquatic Center, Long Island, NY

Admissions: \$8.00PER PERSON, PER SESSION ONLINE, and \$10 at the Door

Thurs. February 28

8:00am

Depart for Long Island:

Departure Location: **Former Hamilton Elementary
44 Westfall Drive Tonawanda NY**

4:00 pm

Arrival at Hotel and Prepare for Warm Up

Long Island Marriott
101 James Doolittle Blvd
Uniondale, NY 11553
516-794-3800

5:00-7:00pm

Swim & dive warm ups

Fri. March 1

9:30 am

8:30 am-10:10 am Swim warm ups

9:30 am

One-Way Sprints Lanes 2, 3

10:30 am

Relays Starts Lanes 4-7

8:30 am - 12:45 pm

Swimming preliminaries

1:00 pm

Dive warm ups

Diving (to competition, 11 dives)

Sat. March 2

9:30 am

8:30 am -10:10 am Swim warm ups

9:30 am

One-Way Sprints Lanes 2, 3, 4

10:30 am

Relays Starts Lanes 5, 6, 7

Start of Meet follow Event# below

**Warm-up and start times listed are tentative pending confirmation from the NYSPHSAA.*

2019 STATE QUALIFYING TIMES

Event #	EVENT	Qualifying Time
1	200 Medley Relay	1:40.67
2	200 Freestyle	1:47.60
3	200 Individual Medley	2:00.63
4	50 Freestyle	22.19
5	Diving	450.00
6	100 Butterfly	53.95
7	100 Freestyle	48.76
8	500 Freestyle	4:52.52
9	200 Freestyle Relay	1:30.12
10	100 Backstroke	54.82
11	100 Breaststroke	1:01.20
12	400 Freestyle Relay	3:18.87

Awards

- Individual Events: Medals 1st through 10th place
Ribbons 11th through 20th place
- Relays: Medals 1st through 10th place
- Federation Awards: 1st through 10th place
- Good Sport T-Shirt Award: One per section awarded at same time as Outstanding Swimmer
Plaque to Outstanding Swimmer/Diver of the Meet

2018 – 2019 Swimmer/Diver Scholar Award

The award is sponsored by the NYS Certified Swimming Officials Association, Hanley W. Staley, Charlie Dean, Bill Lagan, Al Fritzinger, Section 1, 2, 3, 9 and PSAL swim coaches and the Long Island Swim Coaches Association.

For the 29th consecutive year, a \$400 scholarship will be awarded at the 59th annual NYSPHSAA Swimming & Diving Championships on Saturday, March 2nd at the Finals. Last year there were many quality applications to review. Sectional coaches are asked to distribute the application to your seniors EARLY in the season so potential applicants can start working on this prestigious award.

Applications must be received by Section Chairperson by **Thursday, February 28, 2019** to be eligible for consideration. All applications must be turned into the Scholarship Chairperson Walter Olszewski on Thursday February 28, 2019 at 6:00pm.

The Committee will meet the evening of February 28 to review the applications. If you have any questions, please call Walter Olszewski at home (631) 924-0239.

Criteria for Selection

- 1) A MINIMUM three year Grade Point Average of 92.00
- 2) Minimum SAT score of 1200 utilizing the highest Verbal, Math and Writing score
- 3) Ranking in the top 10% of his graduating class
- 4) An essay submitted by the candidate that does NOT exceed 225 words
- 5) Listing any and all swimming and academic accomplishments on the local, state and national level
- 6) Has qualified to represent his section in this 2019 state meet.

Note: It is important to [use this LINK to application ONLY](#) in submitting your application.

Section VI Policy on Travel to State Competition

For the complete policy click on #310 in the → [Policy Manual](#)

Summary for Individual Sports

The following was approved by the Section VI Athletic Council (Jan 2013) Budget Line item Encumbered for State Championships to cover the following costs for state competition.

For 2018-19 the following costs for state competition:

- 1) Transportation, lodging and meals for Cross Country, B&G Swim, Indoor and Outdoor Track and Bowling.
- 2) Lodging and meals for G Gymnastics, B & G Golf, B & G Tennis and Alpine Skiing.
- 3) Lodging for wrestling and will discontinue year-end reimbursement to districts for these costs.

Member schools participating in state competition will be responsible for all costs related to that participation with exception of items 1,2,3 above for **2018-19** Section VI responsibility for member school participation in state championships is outlined below.

310.1 Supervision:

One or more certified coaches are required to travel with the student athletes from their school and must be present on any Section VI contracted bus, where the athletes are housed, at the state competition site and all related events.

310.2 Transportation:

Individual Sports Group 2: Bowling, Cross Country, Indoor Track, Track & Field, and Swimming

a) The Section VI office will contract bus transportation for the athletes. There are two choices for the school:

1) A school may choose to have its athletes travel to state competition on the Section contracted bus. The following rules apply:

- The athlete (and coach) must use the lodging and meals if pre-arranged by the Sport chair.
- The athlete (and coach) must remain with the Section until the completion of the athlete's

competition. The athlete will not be released prior to completion of competition.

- When competition is completed, the athlete may be released to parents/coach for return home on alternate transportation if the Section release form is completed before the state meet.

2) A school may choose to have its athletes travel to state competition in an alternate manner under the following stipulations:

A school that opt-outs of Section transportation will be responsible for arranging their own lodging and meals.

- The request to opt-out of travel on the Section VI bus must be submitted in writing to the Sport chair and the Section VI office by the date specified in the sport handbook.
- The school just submit all required release forms to the Sport Chair by the specified date.
- The school must arrange for the athlete to rendezvous with the Sport chair (or designee) at a pre-designated time and place prior to the competition.

b) Transportation expenses will be billed to Section VI.

c) Section VI will apply to the NYSPHSAA for the allowed reimbursement of \$1.30 per mile on the state grid (below)

310.3 Lodging:

Individual Sports: The Sport chair will be responsible for reserving a block of rooms for all athletes (4 per room). The block will include rooms for coaches (2 per room) for individual sports in Group 1 (see 310.2). For individual sports in Group 2, the block will be increased by 50% to allow for coaches. (e.g.: If XC needs a block of 40 rooms for athletes and supervisors, they will now reserve a block of 60 rooms) When the qualifiers have been determined, the Sport chair will register all athletes and coaches who are using Section transportation from the block of reserved rooms. Schools that opt-out of Section transportation are responsible for registering their own athletes and coaches. They may register for the remaining rooms in the reserved block until the rooms are exhausted or choose their own lodging.

310.4 Meals:

For some individual sports, like swimming, the Section will facilitate meal handling.

New York State Boys Swim Team Ranking

(Coaches Ranking)

To ensure that Section VI is represented well in the New York State Team Rankings, each coach is encouraged to enter his line-up on the NYS Boys Swimming Ranking Form. The End of Season ranking form will be available online for coaches to complete at: <http://www.section6swim.com/>

Section VI Policies

All-WNY Scholar Athlete

Coaches and Athletic Directors are encouraged to nominate athletes for selection as an All-WNY Scholar Athlete. Applications must be completed online. Click here for → [The criteria for selection and the nomination form](#). All paperwork, **along with a copy of the completed online application**, must be mailed or emailed to the Section VI office before February 28, 2019 Those selected will be honored by both Section VI and the Buffalo News

Section VI AED Policy

(effective Feb. 2003)

The game site-chairperson will be responsible for securing an AED for the certified trainer's use at all sectional contests, and at all regional and state contests that are hosted by Section VI. The certified trainer will be provided by an orthopedic group contracted by Section VI, at all postseason contests held at **neutral sites**. **Note:** If a school suffers loss or damage to an AED that is being used for postseason contests, the Section will be financially responsible.

Contingency Plan for Sectional Competition (weather or illness)

1. Contests will be postponed only if a participating school is officially closed due to weather or illness.
2. It is the responsibility of the Athletic Director (or designee) to notify the Sport Chairperson that the school has been closed due to weather conditions (or illness) as soon as he/she becomes aware of such action. Officials and the media will be notified by the Chairperson (or designee).
3. In the event that a school is closed on the day its playoff contest is scheduled, the decision to play shall rest with the District Superintendent.
4. In the event that weather conditions reverse themselves prior to game time, the game may be played with the mutual consent of the participating Athletic Directors and the approval of the Sport Chairperson.
5. When a contest is at a non-school site: If the competition facility and the roads to that destination are open, then the competition will go on as scheduled. If either the roads or the facility are closed, then the competition will be cancelled. ***Under NO CIRCUMSTANCES is a site contracted by Section VI available for practice when a competition is cancelled.***
6. The Sport Chairperson will notify the Executive Director of any postponements.
7. **PLEASE NOTE:** It is up to the individual leagues to recognize the potential for snow days, power outages, etc. that may cause cancellations and problems. The individual leagues should schedule their last league contest at least 1 or 2 days prior to the seeding mtg., allowing for a make-up league contest(s) prior to the seeding meeting if necessary. The storm in Feb. 2006 that closed schools the day before the seeding mtg. bears this point out.

NYSPHSAA SPORT STANDARD SWIMMING & DIVING

19.01 Rules: NFHS

19.02 Maximum Number of meets: 16

19.03 Practice Requirements:

Number of practices prior to first scrimmage: 12 (team), 10 (individual)

Number of practices prior to first contest: 12 (team), 10 (individual)

19.04 Nights rest between contests: 1night

19.05 Individual contests limitation per day: 4 events/ 1 contest

19.06 Scrimmage limitations per day: 1 scrimmage

19.07 Waivers of NFHS Swimming & Diving Rules:

1. Sections may reduce the number of dives for junior varsity and freshman meets. (Aug. 2002)

19.08 NYSPHSAA Swimming & Diving Rules:

1. Shaving (wet or dry) is prohibited at all swimming competitions and practice sites.

Violation will result in disqualification.

2. Sections may permit schools to compete in quad/dual meets.

3. The minimum diving depth requirements are as follows: Pools built before January 1987 meet the NFHS minimum depth requirement (currently 10 feet) and pools built after January 1987 meet the NYS Department of Health's minimum requirement (currently 11 feet).

4. The NFHS Metric Conversion Chart will be used when applicable. (Jan. 2012)

5. The NYS Swimming and Diving Officials Association will determine the uniforms that officials will be allowed to wear during a meet. (Oct.2016)

6. All male swimmers & divers must adhere to the NFHS uniform rule during warm-ups as well as the meet. (July 2017)

19.09 Swimming & Diving Scrimmage Rules:

1. In swimming scrimmage, no official times or scores will be kept.

2. Times may not be used to meet the qualifying standard.

3. More than one heat per event is permitted.

19.10 Swimming & Diving Championship Week#: GIRLS Week #20/ BOYS Week #35

Definition of a Scrimmage

A scrimmage is a practice that is a **SIMULATED CONTEST**. In scrimmages: (a) both squads use the same field simultaneously with both coaches making corrections and giving instructions, (b) **GAME RULES MUST BE ALTERED – SEE SPORT SPECIFIC REQUIREMENTS [NYSPHSAA Handbook](#)**, (c) no official score is kept, (d) time period(s) are defined in the Sport Standards section of the NYSPHSAA Handbook, (e) no admission is charged. The use of officials would be permitted and encouraged whenever possible for the purpose of instruction regarding the rules and proper application of rules. For **Swimming**: In a swimming scrimmage no official times or scores will be kept. Times may not be used to meet the qualifying standard. More than one heat per event is permitted.

Maximum Number of Competitions

NYSPHSAA approved on 7/30/14 to allow swimmers/divers to compete in a max. of 16 competitions during the season.

-This change pertains to a NYSPHSAA sanctioned meets

-Example: If a diver/swimmer does not dive or swim in a meet, this does not count towards the maximum number of 16 for that athlete. (See appendix A)

-All dual, invitational, "B", and league championship meets count towards the maximum number of 16.

Class meets, sectional finals, and state championships DO NOT count towards the maximum number of 16.

Section VI Records

As of March 2018

<u>Event</u>	<u>Name</u>	<u>Time</u>	<u>School</u>	<u>Year</u>
200 Medley Relay	Aronica, Dansa, Sutz, Hodson	1:34.71	Orchard Park	2010
200 Freestyle	John Hodge	1:39.77	Williamsville North	1985
200 Individual Medley	Joe Peresan	1:51.15	Lancaster	1997
50 Freestyle	Charlie Rommel	:20.46	Clarence	2011
One Meter Dive (6)	Terry Butler	375.70	Kenmore East	1987
One Meter Dive (11)	Shawn Hoffman	606.35	North Tonawanda	2008
100 Butterfly	Matt Schwippert	:49.61	Iroquois	2009
100 Freestyle	Matt Marsh	:45.40	Jamestown	2015
500 Freestyle	Jamie Miller	4:35.75	Frontier	2002
200 Freestyle Relay	Barden, Rommel, Case, Urschel	1:24.54	Clarence	2010
100 Backstroke	Phil Aronica	:49.52	Orchard Park	2010
100 Breaststroke	Luke Kennedy	:56.83	Hamburg	2017
400 Freestyle Relay	Quinn, M. Stone, Orser, Jimenez	3:09.95	Orchard Park	1998

SECTION VI - NYSPHSAA

Sportsmanship Philosophy & Code of Conduct

Philosophy

1. We believe that interscholastic athletics is an important part of education and support the ideals and values embodied in good sportsmanship.
2. We believe that sportsmanlike behavior is essential if interscholastic competition is to contribute usefully and constructively to the broad goals of education and to the quality of life of those involved.
3. We pledge ourselves individually and collectively to encourage and support the development and maintenance of a sportsmanlike atmosphere for athletic competition.

Code of Conduct

1. A genuine interest in and enjoyment of interscholastic competition requires conduct that reflects the understanding that contests as a part of an overall school program are intended to be enjoyed. Behavior that reflects a winning at all cost attitude violates this standard.
2. Interscholastic competition provides valuable lessons and learning experiences that are not possible in the regular classroom setting. All involved must support the need to develop the ability to compete with enthusiasm and to accept winning with grace and losing with dignity.
3. Coaches, players, and fans should know that participation is an honor and privilege which requires them to conduct themselves in a manner that brings honor and pride to their school and community.
4. Respect for the cultural and ethnic diversity of one's opponents, their school, and community is a fundamental tenet of wholesome athletic competition. This standard suggests that planned activity is needed to demonstrate a warm and friendly welcome, mutual respect, and a genuine readiness to participate in a sportsmanlike manner.
5. Players should demonstrate both knowledge of the rules and respect for game officials and their decisions. Coaches and school officials have the responsibility to teach and encourage these attributes.

***** Sportsmanship Statement Reminder *****

The following statement will be read over the public address system just prior to the pledge to the flag. If there is no public address system, the statement will be read to both teams by the site chairperson or his representative:

“Welcome to Section VI (name of sport) . Athletic competition can provide everyone with a sense of accomplishment and pride, if all of us - players, coaches and spectators - abide by the rules of good conduct. We ask that you enjoy the performance of our outstanding athletes in a spirit of sportsmanship and appreciation of competition.”

