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2019 TRACK & FIELD HANDBOOK

**Subject to changes*
Published: 2/22/19

www.nysphsaa.org

www.section6.e1b.org

[Track & Field page of Section6.e1b.org](http://www.section6.e1b.org)

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Forms

(available at www.section6.e1b.org click on General Information, *Handbooks& Sports Forms*)

<http://www.section6.e1b.org/HandbooksSpring> or <http://www.section6.e1b.org/Track>

[Pole Vault Certification Form](#)

[Track & Field Record Application](#)

[All-WNY Scholar Athlete Application](#)

[Opt Out of State Travel Form](#)

[Waiver of minimum number of contests for sectional participation](#)

2019Track & Field Calendar

The Section VI approved Track & Field season is
March 4th - June 16, 2019

First Practice..... Monday, March 4, 2019
First Scrimmage after 8 team / 8 individual practices
First Contest after 10 team / 10 individual practices

Last Day to Move up Modified Athletes.....Prior to completion of 50% of the athlete's modified schedule
The State Modified Rule #13 on Promotion must be followed. See page 112 of full [NYSPHSAA Handbook Link](#)

Super Standard Qualifiers up to this date must be submitted to paulksion@gmail.com by
Monday April 29th – These have to be sent to the State chairmen for verification on April 30th

All-WNY Scholar Athlete Nomination Deadline..... Wednesday, May 8

All Coach Emails to Paul Ksionzyk at paulksion@gmail.com beforeSat. May 11th.

Entries Open (on-line at www.yentiming.com) Wednesday, May 15

Super Standard Qualifiers up to this date must be submitted to paulksion@gmail.com by
Monday May 27th – These have to be sent to the State chairmen for verification on May 28th

Entry Deadline **Sunday, May 26 – 2:00 p.m.**

Final Scratches **Tuesday, May 28– 10:00 a.m.**

State Meet Qualifier ***Declaration – email info to Walt***..... **Tuesday, May 28– 9:00 p.m.**
See details on page. 11 [Advancement to the State Meet:](#)

Opt out of State Travel Deadline..... End-of-Meet June 1

State Coach Admission list from Athletic Director to State OfficeMonday, June 3, 2019
[See page 5 Link](#)

Section VI State Qualifier

Friday - Saturday
May 31 & June 1, 2019
Williamsville South High School

New YorkState Championship

Friday - Saturday
June 7&8, 2019
Middletown High School (Section IX)
30 Gardner Ext Ave, Middletown, NY 10940

Boys & Girls Outdoor Track & Field Committee

Committee voting privileges:

As per the Section VI Constitution item 7.6, "The representative members on each sport committee will be appointed by each league and have only one vote per league. Other non-voting members may be selected by the Sport Chairperson. Federated sport representative members that are appointed by their division, league or school will have only one vote. The Sport Chairs of Federated Sports that have divisions will verify that among division representatives each participating league is represented. The Sport Chair may only vote when the vote is tied. A Sport Chair who also represents a league can serve in both capacities but will have only one vote." The voting members of the committee are indicated below with an asterisk.

BOYS COMMITTEE

CHAIRMAN:	Paul Ksionzyk, Olean HS	(C) 307-0533	paulksion@gmail.com
BUFFALO:	*Dave Sardo, Hutch-Tech	(C) 435-7251	dsardo@buffaloschools.org
CCAA:	*Dave Nelson, Falconer	(C) 397-2436	dnelson@falconercsd.org
	Paul Steward	(C) 397-2855	psteward@randolphcsd.org
ECIC:	*Dan Syracuse	(C) 696-2730	dcuse19@gmail.com
NFL:	*Marty Madore, Kenmore West	(C) 474-7469	mmadore@ktufsd.org
N-O:	Ryan Carberry, Barker	(S) 795-3340	rcarberry@barkercsd.net

STATE CHAIR: Tom Wells, New Hartford Central School

GIRLS COMMITTEE

CHAIRMAN:	Walt McLaughlin, East Aurora	(C) 829-9282	wmclaughlin@eak12.org
BUFFALO:	*Ken Hans retired	(C) 208-6433	khans13@verizon.net
CCAA:	*Mike Wilber, Allegany-Limestone	(C) 724-771-0895	mwilber@alcsny.org
ECIC:	*Mary Doud, Pioneer	(C) 912-1772	mdoud@pioneercsd.org
	Bill Malican, Hamburg	(H) 543-5055	wmalican3@hotmail.com
NFL:	*Mike Panepinto, Kenmore West	(S) 847-8401 ext. 6522	mpanepinto@ktufsd.org
N-O:	Ryan Carberry, Barker	(S) 795-3340	rcarberry@barkercsd.net

STATE CHAIR: Dan Doherty, Pearl River HS

2019 Section VI Track & Field Point of Emphasis for Coaches

1. There will be a **mandatory meeting of all head Boy's & Girl's Coaches at East Aurora at 7:00 pm on March 13th** in the High School Cafeteria. If the head coach cannot make it then an assistant must come. The Section VI Athletic Council voted to make this mandatory for all sports.
2. Every head coach must send their email address to Paul Ksionzyk at paulksion@gmail.com before **May 11th**. The **Earlier** the better. Must include: Coaches School, First & Last Name, Designate Boy's or Girl's Coach and the email address that you want Paul to send you the sectional performance list and final sectional list. The performance and cut down list will not be published – only emailed. This should be done at the mandatory meeting in March
3. All Relay entries **MUST** have 4 names entered and **should** have 6 names entered. Any four of those 6 entered may run. There will be no changes or additional athletes substituted the day(s) of the Section VI Championship.

4. The section will not pay for athletes & coaches box lunch at the NYSPHSAA Track & Field Championship. this year - delete. Arrangements for lunches will be the responsibility of the individual schools, coaches or athletes.
5. There is a Super Qualifying Standard to advance to the State Meet this year. A set of standards is on page 17 of the handbook. A third athlete can advance to the State meet from each division if they compete at the State Qualifier Meet and meet the super standards. The meet at which the standard is met must be FAT timed.

2019 NFHS Track & Field Rule Changes

4-3-1: Eliminates redundant language and expands definition of foundation garments.

Rationale: This change expands the current interpretation of foundation garment to include any item worn under the uniform top and/or bottom as well as eliminate duplicate language in same rule.

4-3-2: Clarifies uniform language for relay team members.

Rationale: Slight differences in design of uniform do not negatively impact the identification of a relay team. The expectation of this rule is that all relay team members can be clearly identified as representing the same school.

6-6-11, 6-8-12: Records measurement in discus and javelin to the nearest lesser inch or centimeter.

Rationale: Clarifies measurements when using metric system.

6-9-4, 6-9-5: Clarifies pit measurements for long jump and triple jump.

Rationale: Ensures pit measurements are within industry standards for safety.

2019 Points of Emphasis

1. Uniforms
2. Wearable Technology
3. Officials Safety and Recommendations in Vertical and Horizontal Jumps

Heat Index/ Wind Chill

Heat Index / Wind Chill Procedure: In May 2016, the NYSPHSAA updated Heat Index and Wind Chill Procedures to be used in member school athletic programs. The Heat Index/Wind Chill must be checked prior to any contest or practice. The Heat Index/Wind Chill Procedures are on pages 25 & 26

TRACK &FIELD(OUTDOOR) Sport Standard

Page 93 & 94 found in the State handbook <http://www.nysphsaa.org/Resources/Handbook>

22 TRACK &FIELD(OUTDOOR) Sport Standard

- 1.1 Rules: NFHS
- 1.2 Maximum Number of meets: 16 (maximum plus section, state championships and games necessary to break divisional or league ties.
- 1.3 Practice Requirements:
Number of practices prior to first scrimmage: 10 (team), 8 (individual)
Number of practices prior to first contest: 10 (team), 10 (individual)
- 1.4 Nights rest between contests: 1night
- 1.5 Individual contests limitation per day: 4 events; 1 contest
- 1.6 Scrimmage limitations per day: 1scrimmage
- 1.7 Waivers of NFHS Track & Field Rules: None.
- 1.8 NYSPHSAA Track & Field (Outdoor)Rules:
 1. There must be one night of rest between contests and not more than three (3) contests scheduled perweek.

2. Wristwatches are approved for practice only.
 3. Procedures for Wheelchair Athletes:
 1. Special Accommodations: Schools would be required to apply for a Special Accommodation for each student competing in a wheelchair. The request would have to include all necessary medical documentation which requires the Accommodation. NYSPHSAA approval is required for the student to participate using a wheelchair. Accommodations will include the following:
 - a. If only one wheelchair athlete in the race, then they will race with the able bodied athletes (Outdoor only). If two or more-wheel chair athletes, then they will race at the same time in a separate heat from the able-bodied athletes. All wheelchair athletes must wear a helmet.
 - b. In all laned events the wheelchair athlete will be given two lanes to compete in. In non-laned races the wheelchair athlete will start on the outside lane or behind the able body athletes and not be able to cut into lane1 until the first 100 meters has passed.
 - c. In field events the wheelchair athlete will be able to use a throwing chair set up by an adult to compete in shot put and discus.
 2. Scoring: Wheelchair athletes will either race against a clock or another Wheelchair athlete. Wheelchair Athletes and able body athletes will not compete against each other for points or place finishes.
 - a. If only one wheelchair athlete is competing in the race then they will be racing against the clock and if they meet or exceed the standard then will receive 1 point for their team. If in post season they will receive the 1 point plus qualify for the next level of competition.
 - b. If two wheelchair athletes competing against each other the first-place athlete will receive 2 points and the second-place athlete will receive 1 point. If there are three wheelchair athletes, the first-place finisher will receive 5 points and the second-place finisher will receive 3 points and the third-place finisher will receive 1 point. In the post season the top finisher will advance to the next level of competition.
- Standards: The following standards will be used to determine qualifying and earning points for the athlete's teams. The standards will be derived from the standards and results of the Adaptive Track and Field USA Database which has over 25 years of data.

Event	Standard	
	Female	Male
100M	00:40.0	00:29.0
200M	01:03.4	00:51.8
400M	02:09.0	01:04.0
800M	04:00.0	03:19.0
1500M	06:00.0	04:46.0
1600M	07:00.0	06:00.0
3200M	13:20.0	12:00.0
Shot	7 feet	9 feet
Discus	22 feet	23 feet

- 1.9 Track & Field (Outdoor) Scrimmage Rules:

A track & field scrimmage must conform to the following:

 1. No scoring – no official results or place finishers recorded
 2. No performance may be used to meet the qualifying standard or be considered a record
 3. Competitors and events must adhere to the limitations of the NFHS.
- 1.10 Track & Field (Outdoor) Championship Week#: Week #49

2019 NYSPHSAA State Track & Field Coach Pass Request

If coaches want a pass to the State Championship meet, they must register online at NYSPHSAA.org. They need to go to Sports – Track & Field – outdoors - Coach/Coordinator Resource – Coach Ticket Request and fill out the necessary information. <http://www.nysphsaa.org/Sports/Track-Field-Outdoor/Coach-Coordinator-Resources>

2019 Classification for Boys & Girls Track & Field

COMBINED TEAMS: For 2019 we have approved combined teams 6

<u>Chautauqua Lake</u>	Westfield (Modified 7/8/9th ONLY)	7/8/9 th	12/12/2018	
<u>Clymer</u>	Sherman, Panama	V	9/12/2018	180
<u>Falconer</u>	Cassadaga Valley	V /JV & 7/8/9	9/12/2018	330
<u>Franklinville</u>	Ellicottville, West Valley	V /JV & 7/8/9	9/12/2018	208
<u>Silver Creek</u>	Forestville		1/16/2019	247
<u>Westfield</u>	Brocton	V	9/12/2018	198

2019 Classification for Boys & Girls Track & Field

Division I (600 & Up)

1	Niagara Falls	NFL	1523	9	Niagara Wheatfield	NFL	942	17	Sweet Home	ECIC	758
2	Lancaster	ECIC	1373	10	West Seneca West	ECIC	931	18	Grand Island	NFL	714
3	Orchard Park	ECIC	1144	11	Kenmore West	NFL	892	19	Kenmore East	NFL	714
4	Clarence	ECIC	1085	12	Hutch Tech	Buffalo	868	20	Williamsville South	ECIC	689
5	Lockport	NFL	1038	13	Hamburg	ECIC	846	21	Emerson	Buffalo	655
6	Williamsville North	ECIC	1028	14	McKinley	Buffalo	823	22	South Park	Buffalo	642
7	Frontier	ECIC	1024	15	North Tonawanda	NFL	791	23	West Seneca East	ECIC	632
8	Jamestown	ECIC	1020	16	Williamsville East	ECIC	770	24	Amherst	ECIC	621
								25	Starpoint	ECIC	610

Division II (0 to 599)

1	Lake Shore	ECIC	567	21	Burgard	Buffalo	366	41	Silver Creek	CCAA	247
2	Pioneer	ECIC	554	22	MST Prep	Buffalo	364	42	Bflo Acad Science	Indep	242
3	Iroquois	ECIC	540	23	Health Sciences	Indep	339	43	Portville	CCAA	236
4	Cheektowaga	ECIC	534	24	Falconer	CCAA	330	44	Chautauqua Lake	CCAA	217
5	Intl Prep	Buffalo	520	25	Akron	NO	326	45	Salamanca	CCAA	214
6	Maryvale	ECIC	501	26	Royalton-Hartland	NO	324	46	Catt/Little Valley	CCAA	213
7	Lewiston Porter	NFL	500	27	Eden	ECIC	317	47	Franklinville	CCAA	208
8	East Aurora	ECIC	480	28	Olmsted	Buffalo	310	48	Global Concepts	Indep	208
9	City Honors	Buffalo	461	29	Southwestern	CCAA	308	49	Holland	ECIC	205
10	Olean	CCAA	460	30	Cleveland Hill	ECIC	305	50	Westfield	CCAA	198
11	Dunkirk	CCAA	455	31	Wilson	NO	296	51	Randolph	CCAA	197
12	Albion	NO	444	32	JFK	ECIC	294	52	Frewsburg	CCAA	195
13	Depew	ECIC	432	33	WNY Maritime	Indep	280	53	Lafayette Inter.	Buffalo	192
14	Springville	ECIC	421	34	Gowanda	CCAA	276	54	Barker	NO	180
15	Tonawanda	ECIC	396	35	Leonardo da Vinci	Buffalo	276	55	Clymer	CCAA	180
16	Newfane	NO	395	36	Allegany-Limestone	CCAA	272	56	Maple Grove	CCAA	174
17	Alden	ECIC	394	37	Tapestry	Indep	256	57	Lewis J. Bennett	Buffalo	174
18	Medina	NO	377	38	East Community	Buffalo	254	58	Riverside Institute	Buffalo	138
19	Bflo Arts Academy	Buffalo	372	39	MEC	Buffalo	252	59	Riverside Academy	Buffalo	97
20	Fredonia	CCAA	371	40	New Comer	Buffalo	247				

Sectional Entry Procedure

Overview

The only way to qualify for the Section VI Championships (State Qualifier Meet) is by meeting the Sectional Qualifying Standards on pages 9-10. There are separate standards for Divisions I and II. Any athlete or relay that betters the "Automatic" mark listed is automatically eligible to compete in that event. An athlete or relay that meets the "Provisional" mark listed will only be eligible if they are among the selected field once the cut-down is made prior to Sectionals. Coaches are required to submit their qualifying athletes and relays for consideration **online. We are relying on the integrity of all coaches when entering their athlete's times, heights and distances. We do reserve the right to question an entry and ask for proof if needed.**

Submission of Entries

Entries must be done online at www.yentiming.com

Entries will open on *Wednesday, May 15 and will close on Sunday, May 26 at 2:00 p.m.*

Hand held times will be converted to FAT – **Make sure you check the hand time box if it is a hand held time. Fill in all numbers including zeroes at the beginning of the time and at the end!!** If a meet is timed with FAT, you must use the FAT time for that meet. No hand held times should be used for a meet timed with FAT. Relay entries must have names of the athletes – enter 4 with 2 alternates – any 4 of those 6 will be allowed to run. No additional names for relays will be accepted the day of the race. Drag the athlete's name to the green drop box under the relay.

Posting of Sectional Performance List

The chairmen will **send** the Sectional Performance list Sunday evening *May 26. Every head coach must send their email address to Paul Ksionzyk at paulksion@gmail.com before May 11th. The **Earlier** the better. Must include: Coaches School, First & Last Name, Designate Boy's or Girl's Coach and the email address that you want Paul to send you the sectional performance list and final sectional list. The performance and cut down list will not be published – only emailed.*

This list will include **all** athletes entered and who have met the qualifying times, distances or heights. **Coaches are then responsible for checking the list and notifying the chairmen of any discrepancies, corrections or scratches.** This is only a Performance list and athletes may move into or out of the top 16 that will be listed in the final qualification list.

Scratches & Corrections to Sectional Performance List

Coaches will have until *10:00 am Tuesday, May 28* to scratch athletes or make corrections to the Performance list posted on *Sunday, May 26*. This must be done through email (boys and/or girls):

ONLY Send Scratches to: Paul Ksionzyk paulksion@gmail.com

The Final Entry List will be sent to each coaches email on Tuesday, May 28.*It will be possible for athletes not listed in the original *Sunday May 26* list to be moved into the final qualifying field. It is also possible for athletes previously listed in the top 16 to be out of the qualifying field. Once the field is posted on *Tuesday, May 28*, it is final. No athletes will be added – if there are any more scratches, they will be accepted at the Sectional Championship Meet on *Friday, May 31 or Saturday, June 1*. No entries will be accepted at that time, just scratches.

Selection of Fields for the Sectionals

1. Coaches are **encouraged** to scratch out all athletes and relays that will not be competing in those events. Coaches who leave athletes in events that they will not contest are taking an opportunity away from another athlete.

NOTE: Athletes may not be entered in more than four (4) individual events after *10:00 am on Tuesday, May 28*. Any athlete exceeding this limit will be scratched down to four (4) events by the Chairman. Pentathlon athletes should also be scratched out of all other events by *Tuesday, May 29 at 10:00 am..*

2. After *10:00 am Tuesday, May 28*, the Chairman will create the final fields using the following procedure:

a. Anyone who has met the "Automatic" standard will make the field.

- b. If there are less than 16 automatic entries, the chairman will take additional athletes from the Sectional lists in descending order until a field of 16 (and any ties) is created.
- c. If taking a 16th athlete requires taking additional tied athletes, the chairman **will** create a field of 15. The chairman may not, however, create a field smaller than 15.

Section VI Qualifying Standards 2019 - Division I

NOTE: Please read page 11 for complete information on qualifying.

EVENT	GIRLS			
	Automatic	w/FAT	Provisional	w/FAT
100	12.4	12.64	13.1	13.34
200	26.0	26.24	27.7	27.94
400	1:00.5	1:00.74	1:04.7	1:04.94
800	2:23.3	2:23.54	2:35.0	2:35.24
1500	4:58.6	4:58.84	5:20.0	5:20.24
3000	10:56.5	10:56.74	11:55.0	11:55.24
100 H	16.0	16.24	18.0	18.24
400 IH	1:07.5	1:07.74	1:15.0	1:15.24
Steeple	7:50.2	7:50.44	8:55.0	8:55.24
Long Jump	16' 06"		15' 00"	
Triple Jump	35' 00"		31' 00"	
High Jump	5' 02"		4' 07"	
Pole Vault	10' 00"		7' 06"	
Shot Put	35' 00"		29' 06"	
Discus	112' 00"		87' 00"	
Pentathlon	2100 pts.		1800 pts	
4x100	51.0	51.24	55.6	55.84
4x400	4:15.0	4:15.24	4:45.0	4:45.24
4x800	10:14.0	10:14.24	11:05.0	11:05.24

EVENT	BOYS			
	Automatic	w/FAT	Provisional	w/FAT
100	10.8	11.04	11.6	11.84
200	22.4	22.64	24.0	24.24
400	51.5	51.74	54.0	54.24
800	2:00.0	2:00.24	2:08.0	2:08.24
1600	4:30.0	4:30.24	4:50.0	4:50.24
3200	10:00.0	10:00.24	10:40.0	10:40.24
110 HH	15.5	15.74	17.8	18.04
400 IH	58.5	58.74	1:03.5	1:04.24
Steeple	10:30.0	10:30.24	11:25.0	11:30.24
Long Jump	20' 10"		18' 06"	
Triple Jump	42' 00"		37' 06"	
High Jump	6' 00"		5' 07"	
Pole Vault	12' 60"		10' 00"	
Shot Put	47' 10"		40' 06"	
Discus	138' 00"		115' 00"	
Pentathlon	2500 pts.		1800 pts	
4x100	44.9	45.14	47.0	47.24
4x400	3:35.0	3:35.24	3:50.0	3:50.24
4x800	8:35.0	8:35.24	9:05.0	9:05.24

NOTE: Please read page 11 for complete information on qualifying.

Section VI Qualifying Standards 2019 - Division II

NOTE: Please read page 11 for complete information on qualifying.

EVENT	GIRLS			
	Automatic	w/FAT	Provisional	w/FAT
100	12.4	12.64	13.1	13.34
200	26.0	26.24	28.2	28.44
400	1:00.5	1:00.74	1:04.6	1:04.84
800	2:24.0	2:24.24	2:35.0	2:35.24
1500	5:03.0	5:03.24	5:23.0	5:23.24
3000	10:55.0	10:55.24	11:55.0	11:55.24
100 H	16.6	16.84	18.0	18.24
400 IH	1:07.5	1:07.74	1:15.0	1:15.24
Steeple	7:58.0	7:58.24	8:51.0	8:51.24
Long Jump	16' 06"		14' 10"	
Triple Jump	34' 00"		31' 06"	
High Jump	5' 02"		4' 09"	
Pole Vault	9' 03"		7' 09"	
Shot Put	34' 00"		29' 06"	
Discus	100' 00"		85' 00"	
Pentathlon	2100 pts.		1800 pts.	
4x100	51.5	51.74	55.0	55.24
4x400	4:15.0	4:15.24	4:36.0	4:36.24
4x800	10:14.0	10:14.24	11:14.0	11:14.24

EVENT	BOYS			
	Automatic	w/FAT	Provisional	w/FAT
100	11.0	11.24	11.5	11.74
200	23.0	23.24	24.0	24.24
400	51.5	51.74	54.3	54.54
800	2:02.5	2:02.74	2:10.0	2:10.24
1600	4:35.0	4:35.24	4:55.0	4:55.24
3200	10:05.0	10:05.24	10:50.0	10:50.24
110 HH	15.8	16.04	17.7	17.94
400 IH	59.0	59.24	1:04.0	1:04.24
Steeple	10:30.0	10:30.24	11:40.0	11:40.24
Long Jump	20' 05"		19' 00"	
Triple Jump	41' 06"		38' 00"	
High Jump	6' 00"		5' 07"	
Pole Vault	12' 06"		10' 00"	
Shot Put	45' 06"		39' 00"	
Discus	130' 00"		114' 00"	
Pentathlon	2500 pts.		1800 pts.	
4x100	45.0	45.24	47.0	47.24
4x400	3:37.0	3:37.24	3:50.0	3:50.24
4x800	8:40.0	8:40.24	9:10.0	9:10.24

NOTE: Please read page 11 for complete information on qualifying.

Section VI Championships (State Qualifier) Meet Information

***Inclement Weather...Possible Cancellation Tune to WGR (550) or WBEN (930)
and review Contingency Plan on page 23

NO athlete(s) should be represented unless they are accompanied by the coach or faculty member from their school that is responsible for them.

Facility This year's Qualifier Meet will be held at *Williamsville South High School on Friday, May 31 and Saturday, June 1*. (See pages 14-15 for time schedule and order of events.) This is an 8-lane all-weather surface. All jumping events are likewise all-weather runways/aprons. Throwing circles are concrete. Maximum **1/4" spikes** may be worn. These may be either pyramids or pins (needles). No "Christmas tree" or cork-screw style spikes will be allowed.

Please do not allow your athletes to bring radios or tape players into the complex. These items prevent those trying to hear vital information from the announcer. Footballs, frisbees, and the like are similarly an inappropriate distraction from the important championship that we are holding.

Admission

\$5.00 each day. Pre-school (children 5 and under) are admitted free.

NOTE: Section VI will provide ticket sellers/takers for sectional contests at neutral sites.

Eligibility Athletes must have competed in six (6) meets prior to the Sectionals in order to be eligible to compete. Only those athletes and relays that have met the requirements of the qualifying procedure on pages 6-11 are eligible to compete in this meet.

Note:a.Relays qualify by school.

b.Relay standards must be run as a team. You may not add up individual split times.

c.Relay splits may not be used for individual entries.

Standards Sectional qualifying standards can be found on pages 9-10.

Rules We will conduct the meet using NYSPHSAA and National Federation Rules. Please be aware of the uniform and jewelry rules. They will be enforced.

Officials Officials will be assigned by the Sectional Chairmen.

Jury of Appeals Boys Chairman, Girls Chairman, and the *CCAAGirls Rep.*

Appeals See page 22 of handbook for appeal procedure.

Advancement to the State Meet:

The meet is conducted in two divisions (I and II). The winning individual or relay in each division final will advance to the State Meet (see page 3 for date/location). Additionally, the second place individual finishers will qualify if they better the State Standards listed on page 16. The State Standard must have been met in a championship meet or invitational (5 teams or more).All ties to advance to the State Meet will be broken (i.e. jump-off).The third, fourth, etc., competitor may move up to this place as long as the competitors ahead of them have not met the State Standard. A Super Standard for the State meet is listed on page 17 of the handbook. A third athlete or relay from each division can advance following the same rules as the standard qualifiers only they must meet the Super Standard **at a FAT timed Meet**.

Any athlete or relay team with a State qualifying time, distance, or height, performed prior to the Sectional Championships, *must send an email to wmclaughlin@eak12.org before 9:00 p.m. on Tues. May 28, 2019. The email must include the following information: Name of School - Division competing in - Coach sending the information - Name of athlete - Grade of athlete - Event - State qualifying time, distance or height - Date and meet the athlete performed the qualifying time, distance or height.*

A coach from the school of the *athlete(s)* qualifying for the state meet must accompany their *athlete(s)* to the awards tent. The name of the coach that will be accompanying their athlete to the state meet must be given to Walt McLaughlin at this time.

Awards The top four (4) places will receive Sectional patches in each division. The winners will also receive a Sectional certificate. Award winners and coaches of qualifying individuals/relays **MUST** report to the Awards Tent after the conclusion of their event.

Qualifiers to State Meet *If you have an athlete qualify for the State Meet, Coaches and athlete(s) must obtain their travel information before leaving Sectionals.* The coach of each qualifying relay must present the names of their four (4) competing athletes and two (2) alternates. Only four athletes may ride the bus to the State Meet.

NOTE: The order of events at the Qualifier is not the same as at the State Meet. Be aware of this when placing your entries.

Seeding for the State Meet The Chairman may use any mark achieved in a championship meet or invitational (5 teams or more) *during the outdoor season.* **It is the responsibility of each coach to make the Awards Tent aware of a better previous performance. Any updates should be made at the time of awards pick up**

NOTE: League chairpersons are required to forward a copy of the complete results of their league championship to the Sectional Chairmen before the Qualifier Meet.

T-shirts Souvenir T-shirts will be available for sale to help defray the cost of the meet.

Infield Athletes not currently competing are **not** allowed on the infield of the track and should remain outside of the fence surrounding the track. *Coaches are permitted on the infield only when their athletes are warming up when competing in field events (HJ, TJ, LJ). There will be a coaches box for the pole vault.* Sectional chairmen, their committee, officials, and other designated meet management will be the only people allowed inside of the fence.

State Meet Participation Coaches are expected to be aware of and to follow the Section VI policies and procedures regarding travel to the State Championship Meet. *(see page 24)* Any State Meet **Scratches** and **Travel Opt Out Forms** must be submitted to the Awards Tent before leaving Sectionals. (Athletes, Coaches and AD's must plan ahead and have the necessary forms completed at Sectionals.) **State Travel Opt Out will not be permitted if the form is not submitted at sectionals.** Section VI is paying for transportation, lodging and most of the food costs for the qualifying athletes to attend and compete at the State Meet. Section VI will also cover the same costs for one coach per school & gender, as listed in the Section VI directory, to attend the State Meet if their athletes are competing. *The section will not pay for athletes & coaches box lunch at the NYSPHSAA Track & Field Championship this year. Arrangements for lunches will be the responsibility of the individual schools, coaches or athletes.*

Coaches and Athletes who opt out of section travel and lodging must contact Paul or Walt when arriving at the State meet in order to pick up the athlete's assigned participant number and Section T-Shirt.

It is important for coaches to bring their schools medical emergency numbers for each athlete to the Championship.

Event Guidelines – Section VI Championships

1. Entries: (See page 8 for complete information about entering athletes for this meet.)
 - a. This meet will be pre-seeded. Entries are closed as of 2:00 pm on **Sunday, May 26.**
 - b. The final fields will be posted on www.section6.e1b.org by **Tuesday, May 28.** Coaches are responsible for checking the website to determine their final qualifying athletes and relays.
 - c. An athlete is declared for an event when he/she checks in at the Clerk's Tent.
 - d. Athletes may not compete in more than four (4) events at this meet, including relays. They may not be entered in more than four (4) individual events.
 - e. *An athlete that qualifies for the finals on Saturday and does not compete in that final will be disqualified for any other events. SAT's are on Saturday and may be taken at Williamsville South High School if prior arrangements are made.*
2. Blocks: Blocks will be provided, but if you want to use your own you will be allowed.
3. Staggers:
 - a. A box start (1-turn stagger) will be used in the 1600m, 3200m, and 4x800m relay.
 - b. The 800m will be run in lanes with two athletes per lane and will break after the first turn
 - c. A 3-turn stagger will be used in the 4x400m relay.
4. Steeplechase:
 - a. *Hands may be used when clearing barriers.*
5. Long Jump/Triple Jump: 3 trials, top 8 to the final (3 additional jumps).
6. High Jump: **Starting heights for each division – 2 inches under the lowest seeded competitor 2" intervals till 5' 0" for girls 6' 0" for boys then 1"**
Note: The Chairmen reserve the right to change the starting heights according to the competition.
7. Pole Vault:
 - a. Pole Vaulters must have a completed and signed pole vault certification form in order to compete in the Qualifier Meet (see forms page 2). [PDF Pole Vault Form Link](#) [Word Doc Pole Vault Form](#)
 - b. Certifications checked: Friday & Saturday Both Divisions 10:00 a.m. – 11:30 a.m.
 - c. **Starting heights for each division will be 6" under the lowest seed competitor – Boys - 6" until 13' then 3", Girls – 6" until 10' then 3".****Note:** The Chairmen reserve the right to change the starting heights according to the competition.
8. Shot Put/Discus:
 - a. Weighing of Implements:

Friday	Both Divisions	11:00 a.m. – 12:00 noon
Saturday	Both Divisions	11:00 a.m. – 12:00 noon
 - b. 3 trials, top 8 to the final (3 additional throws).
9. Pentathlon: An athlete not showing up for an event is disqualified from further competition. The starting heights for the HJ for the pentathlon will be approximately 3'10" for the girls and 4'10" for the boys (closest centimeter equivalent.)
10. Ten Minute Rule: We will use a ten-minute rule so that the meet can keep moving. If you have an athlete in a field event, you may send a representative to the Clerk's Tent to receive all the information regarding heat and lane assignment for their track event. When the event moves to the track, your athlete must then take their respective place with the other athletes running in that event. The event will not be held up.

Section VI State Qualifier

Site: Williamsville South High School

ORDER OF EVENTS

FRIDAY May 31, 2019

TRACK Event	FIELD Races & Division	Event & Division
1. Pentathlon 100HH-G	(4) Final II-12:00 noon	12:00 Noon Triple Jump-B II
2. Pentathlon 110HH-B	(4) Final II	Long Jump-G II
3. 110 meter HH-B	(2) Semi's II-12:30 p.m.	Pole Vault-B II
4. 110 meter HH-B	(2) Semi's I	Shot Put-B II
5. 100 meter HH-G	(2) Semi's II	Discus-G II
6. 100 meter HH-G	(2) Semi's I	
7. 100 meter dash-B	(2) Semi's II	
8. 100 meter dash-B	(2) Semi's I	Pentathlon High Jump-G II
9. 100 meter dash-G	(2) Semi's II	Pentathlon High Jump-B II
10. 100 meter dash-G	(2) Semi's I	
11. Pentathlon 100HH-G	(4) Final I	
12. Pentathlon 110HH-B	(4) Final I	
13. 400 meter dash-B	(2) Semi's II	Triple Jump-B I
14. 400 meter dash-B	(2) Semi's I	Long Jump-G I
15. 400 meter dash-G	(2) Semi's II	Pole Vault-B I
16. 400 meter dash-G	(2) Semi's I	Shot Put-B I
17. 800 meter run-B	(2) Final II	Discus-G I
18. 800 meter run-B	(2) Final I	
19. 800 meter run-G	(2) Final II	
20. 800 meter run-G	(2) Final I	Pentathlon Shot Put-G II
21. 200 meter dash-B	(2) Semi's II	Pentathlon Shot Put-B II
22. 200 meter dash-B	(2) Semi's I	Pentathlon High Jump-G I
23. 200 meter dash-G	(2) Semi's II	Pentathlon High Jump-B I
24. 200 meter dash-G	(2) Semi's I	
25. 400 meter IH-B	(2) Semi's II	
26. 400 meter IH-B	(2) Semi's I	
27. 400 meter IH-G	(2) Semi's II	Pentathlon Shot Put-G I
28. 400 meter IH-G	(2) Semi's I	Pentathlon Shot Put-B I
29. 4x100 meter Relay-B	(2) Semi's II	
30. 4x100 meter Relay-B	(2) Semi's I	
31. 4x100 meter Relay-G	(2) Semi's II	
32. 4x100 meter Relay-G	(2) Semi's I	
33. 3200 meter run-B	(1) Final II	
34. 3200 meter run-B	(1) Final I	
35. 3000 meter run-G	(1) Final II	
36. 3000 meter run-G	(1) Final I	

SECTION VI STATE QUALIFIER
 Site: Williamsville South High School
ORDER OF EVENTS
SATURDAY June 1, 2019

TRACK		FIELD	
Event Races & Division		Event & Division	
1.	3000 Steeplechase-B	(1) Final II -12:30 p.m.	12:00 Noon Shot Put-G II
2.	3000 Steeplechase-B	(1) Final I	Discus-B II
3.	2000 Steeplechase-G	(1) Final II	Pole Vault-G II
4.	2000 Steeplechase-G	(1) Final I	High Jump-B II
5.	110 meter HH-B	(1) Final II	High Jump-G II
6.	110 meter HH-B	(1) Final I	Pentathlon LJ-B II
7.	100 meter HH-G	(1) Final II	Pentathlon LJ-G II
8.	100 meter HH-G	(1) Final I	
9.	100 meter dash-B	(1) Final II	
10.	100 meter dash-B	(1) Final I	Pentathlon LJ-B I
11.	100 meter dash-G	(1) Final II	Pentathlon LJ-G I
12.	100 meter dash-G	(1) Final I	
13.	Pentathlon 1500 meter-B	(1) Final II – may move ahead	
14.	Pentathlon 800 meter-G	(1) Final II – may move ahead	
15.	1600 meter run-B	(1) Final II	Long Jump-B II
16.	1600 meter run-B	(1) Final I	Triple Jump-G II
17.	1500 meter run-G	(1) Final II	Shot Put-G I
18.	1500 meter run-G	(1) Final I	Discus-B I
19.	400 meter dash-B	(1) Final II	
20.	400 meter dash-B	(1) Final I	High Jump-B I
21.	400 meter dash-G	(1) Final II	High Jump-G I
22.	400 meter dash-G	(1) Final I	Pole Vault-G I
23.	Pentathlon 1500 meter-B	(1) Final I – may move ahead	
24.	Pentathlon 800 meter-G	(1) Final I – may move ahead	
25.	400 meter IH-B	(1) Final II	
26.	400 meter IH-B	(1) Final I	Long Jump-B I
27.	400 meter IH-G	(1) Final II	Triple Jump-G I
28.	400 meter IH-G	(1) Final I	
29.	200 meter dash-B	(1) Final II	
30.	200 meter dash-B	(1) Final I	
31.	200 meter dash-G	(1) Final II	
32.	200 meter dash-G	(1) Final I	
33.	4x800 meter Relay-B	(1) Final II	
34.	4x800 meter Relay-B	(1) Final I	
35.	4x800 meter Relay-G	(1) Final II	
36.	4x800 meter Relay-G	(1) Final I	
37.	4x100 meter Relay-B	(1) Final II	
38.	4x100 meter Relay-B	(1) Final I	
39.	4x100 meter Relay-G	(1) Final II	
40.	4x100 meter Relay-G	(1) Final I	
41.	4x400 meter Relay-B	(2) Final II	
42.	4x400 meter Relay-B	(2) Final I	
43.	4x400 meter Relay-G	(2) Final II	
44.	4x400 meter Relay-G	(2) Final I	

NYSPHSAA 2019 Approved Standards for the Second Qualifier

NYSPHSAA/FEDERATION BOYS & GIRLS SPRING TRACK APPROVED STANDARDS FOR THE SECOND QUALIFIER FOR THE 2019 SEASON

Each section must designate their state qualifier meet.

First place finisher in each individual event and relay from the following divisions will advance to the state meet: ***Division I and Division II.***

A section may send another athlete or relay team in any event.

They must be the highest placing finisher at the qualifier that has met the standard listed below.

The standard may be met at any invitational or championship meet at anytime during the season.

<u>EVENT</u>	<u>BOYS D1</u>	<u>BOYS D2</u>	<u>GIRLS D1</u>	<u>GIRLS D2</u>
100M DASH	11.0 / 11.24	11.1 / 11.34	12.2 / 12.44	12.5 / 12.74
200M DASH	22.1 / 22.34	22.6 / 22.84	25.3 / 25.54	25.8 / 26.04
400M DASH	48.9 / 49.14	50.3 / 50.54	57.3 / 57.54	58.1 / 58.34
800M RUN	1:54.3 / 1:54.54	1:57.4 / 1:57.64	2:13.5 / 2:13.74	2:15.5 / 2:15.74
1600/1500M RUN	4:17.0 / 4:17.24	4:24.5 / 4:24.74	4:36.5 / 4:36.74	4:44.9 / 4:45.14
3200/3000M RUN	9:24.6 / 9:24.84	9:39.1 / 9:39.34	10:02.6 / 10:02.84	10:24.6 / 10:24.84
STEEPLECHASE	9:33.1 / 9:33.34	9:53.2 / 9:53.44	7:06.0 / 7:06.24	7:21.8 / 7:22.04
HIGH HURDLES	14.7 / 14.94	15.2 / 15.44	15.0 / 15.24	15.7 / 15.94
400M HURDLES	55.9 / 56.14	57.1 / 57.34	64.0 / 64.24	66.3 / 66.54
LONG JUMP	22' 03.25"	21' 02.75"	17' 11.25"	17' 02.25"
TRIPLE JUMP	45' 06.5"	44' 00.75"	37' 05"	36' 06.75"
SHOT PUT	52' 06.75"	50' 10"	39' 02.5"	36' 11.5"
DISCUS	151' 03"	145' 08"	118' 11"	110' 08"
HIGH JUMP	6' 02"	6' 02"	5' 03"	5' 01"
POLE VAULT	14' 03"	13' 03"	11' 03"	10' 00"
PENTATHLON	3074 PTS.	2992 PTS.	2912 PTS.	2732 PTS.
400M RELAY	42.6 / 42.84	44.0 / 44.24	48.5 / 48.74	50.1 / 50.34
1600M RELAY	3:21.1 / 3:21.34	3:28.4 / 3:28.64	3:56.9 / 3:57.14	4:05.2 / 4:05.44
3200M RELAY	7:52.9 / 7:53.14	8:11.7 / 8:11.94	9:16.1 / 9:16.34	9:39.5 / 9:39.74

(First time listed in each column is hand timed, second time listed is fully automatic timing. Standard hYTEK conversion of .24 was used for all running events.)

These standards represent the average of 6th place in the finals from 2014 through 2018
Approved 9/16/18

OUTDOOR TRACK SUPER QUALIFYING STANDARDS 2019

Must be done in multi-school Invitational or Championship Meet

5 YEAR AVERAGE FROM FOURTH PLACE FINISH AT STATE MEET (2014-18)

Athlete or Relay Team must participate in that event at State Quals Meet

BOYS	FAT	GIRLS	FAT
100-D1	10.89	100-D1	12.36
100-D2	11.08	100-D2	12.56
200-D1	22.02	200-D1	25.06
200-D2	22.41	200-D2	25.63
400-D1	48.93	400-D1	56.93
400-D2	50.39	400-D2	57.68
800-D1	1:53.97	800-D1	2:11.83
800-D2	1:56.02	800-D2	2:13.41
1600-D1	4:13.52	1500-D1	4:30.91
1600-D2	4:19.97	1500-D2	4:41.61
3200-D1	9:14.95	3000-D1	9:48.24
3200-D2	9:32.52	3000-D2	10:15.04
STEEP-D1	9:27.12	STEEP-D1	6:55.71
STEEP-D2	9:44.12	STEEP-D2	7:15.01
110H-D1	14.71	100H-D1	14.91
110H-D2	14.93	100-H-D2	15.61
400H-D1	54.93	400H-D1	63.22
400H-D2	56.32	400H-D2	65.12
400REL-D1	42.93	400REL-D1	48.47
400REL-D2	43.55	400REL-D2	49.88
1600REL-D1	3:20.01	1600REL-D1	3:55.54
1600REL-D2	3:27.32	1600REL-D2	4:01.31
3200REL-D1	7:48.36	3200REL-D1	9:08.71
3200REL-D2	8:06.11	3200REL-D2	9:31.62
LJ-D1	22'8"	LJ-D1	18'5"
LJ-D2	22'3"	LJ-D2	17'6"
TJ-D1	46'5"	TJ-D1	38'1"
TJ-D2	45'5"	TJ-D2	37'
HJ-D1	6'4"	HJ-D1	5'4"
HJ-D2	6'4"	HJ-D2	5'3"
PV-D1	14'5"	PV-D1	11'6"
PV-D2	14'	PV-D2	10'8"
SP-D1	54'2"	SP-D1	40'1"
SP-D2	50'8"	SP-D2	38'2"
DISC-D1	161'4"	DISC-D1	123'3"
DISC-D2	146'6"	DISC-D2	116'5"
PENT-D1	3184	PENT-D1	3105
PENT-D2	3109	PENT-D2	2799

NYSPHSAA Track & Field Championships

2019 State Track & Field Championships

MIDDLETOWN HIGH SCHOOL

**TIMES ARE APPROXIMATE - EVENTS MAY RUN AHEAD AS FAR AS POSSIBLE*

FRIDAY JUNE 07, 2019

ORDER OF EVENTS

TRACK				FIELD			
	Div I - Large			11:00	POLE VAULT	B CHAMP	F
	Div II - Small			11:00	DISCUS	G I	CLASS FINAL
				11:30	TRIPLE JUMP	B I	CLASS FINAL
12:30	Pent. 110 HH-1	B CHAMP	F <i>lower seeds</i>		TRIPLE JUMP	B II	CLASS FINAL
	Pent. 100 HH-1	G CHAMP	F <i>lower seeds</i>	12:30	SHOT PUT	B I	CLASS FINAL
OPENING CEREMONIES INCLUDING SPORTSMANSHIP AWARD WINNERS				12:30	DISCUS	G II	CLASS FINAL
				2:00	SHOT PUT	B II	CLASS FINAL
				1:00	TRIPLE JUMP	G I	CLASS FINAL
1:30	110H	B II	T		TRIPLE JUMP	G II	CLASS FINAL
	110H	B I	T				
1:40	100H	G II	T				
	100H	G I	T	1:15	PENT.HIGH JP1	B CHAMP	F
1:50	100M	B II	T		PENT.HIGH JP1	G CHAMP	F
	100M	B I	T				
	100M	G II	T	3:30	POLE VAULT	G CHAMP	F
	100M	G I	T				
2:10	Pent. 110 HH-2	B CHAMP	F <i>higher seeds</i>	2:00	DISCUS	B I	CLASS FINAL
	Pent. 100 HH-2	G CHAMP	F <i>higher seeds</i>	3:30	DISCUS	B II	CLASS FINAL
2:30	400M	B II	CLASS FINAL				
	400M	B I	CLASS FINAL	2:30	LONG JUMP	B I	CLASS FINAL
	400M	G II	CLASS FINAL		LONG JUMP	B II	CLASS FINAL
	400M	G I	CLASS FINAL				
3:00	800M	B CHAMP	F	3:00	SHOT PUT	G I	CLASS FINAL
	800M	G CHAMP	F	4:30	SHOT PUT	G II	CLASS FINAL
3:30	200M	B II	T				
	200M	B I	T				
	200M	G II	T	3:15	PENT.SHOT-1	B CHAMP	F
	200M	G I	T	3:45	PENT.SHOT-1	G CHAMP	F
3:50	400 INTER H	B II	CLASS FINAL	3:00	PENT.HIGH JP-2	B CHAMP	F
	400 INTER H	B I	CLASS FINAL	3:15	PENT.HIGH JP-2	G CHAMP	F
	400 INTER H	G II	CLASS FINAL				
	400 INTER H	G I	CLASS FINAL				
4:20	4X100 RELAY	B II	CLASS FINAL				
	4X100 RELAY	B I	CLASS FINAL				
	4X100 RELAY	G II	CLASS FINAL	4:00	LONG JUMP	G I	CLASS FINAL
	4X100 RELAY	G I	CLASS FINAL		LONG JUMP	G II	CLASS FINAL
4:50	4X400 RELAY	B II	CLASS FINAL				
	4X400 RELAY	B I	CLASS FINAL				
	4X400 RELAY	G II	CLASS FINAL	5:00	PENT.SHOT-2	B CHAMP	F
	4X400 RELAY	G I	CLASS FINAL	5:30	PENT.SHOT-2	G CHAMP	F
5:40	3200M	B CHAMP	F				
	3000M	G CHAMP	F				

NYSPHSAA Track & Field Championships

2019 State Track & Field Championships

MIDDLETOWN HIGH SCHOOL

**TIMES ARE APPROXIMATE - EVENTS MAY RUN AHEAD AS FAR AS POSSIBLE*

SATDAY JUNE 08, 2019

ORDER OF EVENTS

TRACK				FIELD			
10:00	3000M STEEPLE	B	CHAMP	F			
	2000M STEEPLE	G	CHAMP	F			
10:50	100M	B	II	CLASS FINAL			
	100M	B	I	CLASS FINAL	10:00	HIGH JUMP	B CHAMP F
	100M	G	II	CLASS FINAL	10:00	DISCUS	B CHAMP F
	100M	G	I	CLASS FINAL			
11:10	1600M	B	CHAMP	F	10:00	PENT.LONG JP-1	B CHAMP F
	1500M	G	CHAMP	F		PENT.LONG JP-2	B CHAMP F
11:40	110H	B	II	CLASS FINAL			
	110H	B	I	CLASS FINAL			
	100H	G	II	CLASS FINAL	11:00	PENT.LONG JP-1	G CHAMP F
	100H	G	I	CLASS FINAL		PENT. LONG JP-2	G CHAMP F
12:00	200M	B	II	CLASS FINAL			
	200M	B	I	CLASS FINAL	11:30	HIGH JUMP	G CHAMP F
	200M	G	II	CLASS FINAL	11:30	DISCUS	G CHAMP F
	200M	G	I	CLASS FINAL			
<u>BREAK 12:10 - 12:25</u>					12:00	SHOT PUT	B CHAMP F
					12:00	LONG JUMP	B CHAMP F
12:25	PENT. 1500 (ALL)	B	CHAMP	F	12:00	LONG JUMP	G CHAMP F
12:45	110HH	B	CHAMP	F			
	100HH	G	CHAMP	F			
1:00	100M	B	CHAMP	F			
	100M	G	CHAMP	F	1:30	SHOT PUT	G CHAMP F
1:10	PENT 800 (ALL)	G	CHAMP	F	1:30	TRIPLE JUMP	B CHAMP F
1:20	400M	B	CHAMP	F	1:30	TRIPLE JUMP	G CHAMP F
	400M	G	CHAMP	F			
1:35	400 INTER H	B	CHAMP	F			
	400 INTER H	G	CHAMP	F			
1:45	200M	B	CHAMP	F			
	200M	G	CHAMP	F			
1:50	4X800 RELAY	B	CHAMP	F			
	4X800 RELAY	G	CHAMP	F			
2:35	4X100 RELAY	B	CHAMP	F			
	4X100 RELAY	G	CHAMP	F			
2:45	4X400 RELAY	B	CHAMP	F			
	4X400 RELAY	G	CHAMP	F			

Boys Section VI Outdoor Track & Field Records

Event	Record	Name	School	Year
100 M	10.64 *	Lamar Smith	Bennett	1981
200 M	21.34 *	Lamar Smith	Bennett	1982
400 M	47.81	Tresten White	Lockport	2017
800 M	1:50.85	Justin Craddock	Kenmore East	2005
1600 M	4:10.21	TJ Hornberger	Lake Shore	2014
3200 M	9:00.97	Ian Russ	East Aurora	2018
110 M Hurdles	14.14 *	Jarod Vogler	Sweet Home	1999
400 M Hurdles	52.69	William Cole	Hamburg	2009
Steeplechase	9:19.31	Joe Whalen	Hamburg.	2009
Long Jump	24' 4"	Brian Archie	Niagara Falls	2009
Triple Jump	50' 04.5"	Marcell King	Medina	1995
High Jump	7' 00"	Brett Stearns	Jamestown	1992
Pole Vault	16' 01"	Dan Tierney	Medina	2004
Shot Put	64' 10"	Blake Eaton	Allegany - Limestone	2007
Discus	194' 4"	Sam Wray	Starpont	2016
Pentathlon	3848 pts.	Pat Buckheit	Hamburg	1995
400 M Relay (4x100)	41.36	Anthony Williams Eric Johnson Thomas Rivera Nathaniel Davis	Sweet Home	2017
1600 M Relay (4x400)	3:17.64 *	James Davis Rayford Bragg Brian Hooks Lamar Smith	Bennett	1981
3200 M Relay (4x800)	7:47.44	Will Schults Chris Nowak Josh Hammer Daddario	Sweet Home	2015

All records must be properly documented and verified with application and proper signatures or record will not be accepted. *Hand held times converted to FAT (.24 is added to the hand held time)

Girls Section VI Outdoor Track & Field Records

Event	Record	Name	School	Year
100 M	11.74	Jenna Crean	Orchard Park	2018
100 M	11.76	Ashley Fields	Amherst	2009
200 M	23.66	Ashley Fields	Amherst	2009
400 M	54.59	Jenna Crean	Orchard Park	2017
800 M	2:09.47	Jessica Ortman	Williamsville South	2005
1500 M	4:24.90	Mary Pat Hickey	Clarence	1985
3000 M	9:41.80	Sophia Tasselmyer	East Aurora	2016
100 M Hurdles	13.66	Ronetta Alexander	Williamsville South	2003
400 M Hurdles	1:00.60	Fawn Dorr	Akron	2006
Steeplechase	6:58.38	Jessica Ortman	Williamsville South	2005
Long Jump	19' 09.25"	Mary Saxer	Lancaster	2005
Triple Jump	39' 03"	Makyla Brooks	Frontier	2014
High Jump	5' 11"	Alison Smith	Clarence	1988
Pole Vault	13' 09"	Mary Saxer	Lancaster	2005
Shot Put - 4K	49' 05"	Stacey Schroeder	Grand Island	1992
Discus	172' 00"	Stacey Schroeder	Grand Island	1992
Pentathlon	3614 pts.	Alyissa Hasan	Williamsville South	2005
400 M Relay (4x100)	48.09	Molly Scarpello Ashley Grazen Ava Gervan Olivia Gervan	Lancaster	2016
1600 M Relay (4x400)	3:54.00	Emily Irish-Ryan Victoria Sosnowski Nasya Watson Ashley Fields	Amherst	2010
3200 M Relay (4x800)	9:10.58	Ava Danieu Megan McLaughlin Maggie McLaughlin Molly McLaughlin	East Aurora	2018

All records must be properly documented and verified with application and proper signatures or record will not be accepted.

All times are FAT.

Appeals

Appeals Process

There are several things that must be understood concerning an official appeal of a track and/or field situation, including the difference between a protest and an appeal, and an understanding of what is subject to appeal and what is not.

It is necessary to note to whom the appeal must be addressed. The games committee has the authority to either serve as a jury of appeals or appoint a separate jury of appeals. The rules also provide that the jury may serve as a final board of appeals if so designated, or in an advisory capacity if the referee wishes to consult with it.

Whether the final authority is going to be the games committee, a jury of appeals or the referee, it should be announced and clearly understood by the participating teams prior to the meet.

What is Subject to Appeal?

1. Misapplication of a rule.
2. Clerical errors in placing competitors in individual events or relays- provided the appeal is made no later than 30 minutes after the conclusion of the meet.
3. Errors in team scoring – provided discovery is made within 48 hours of the completion of the meet.
4. Misapplication or failure to follow a procedure contained in the terms and conditions of competition announced in advance by the meet director or games committee. This would include such items as the time schedule, the number of qualifiers to advance, number of trials, etc.

What is Not Subject to Appeal?

1. Any judgment decision pertaining to violations or alleged violations of the rules.
2. A decision made by the finish judges or timers that does not involve a misapplication of a rule, or the terms and conditions of competition.

What is the Appeals Process?

The Appeal:

1. Must be made by the Head Coach, in writing on a form designated for that purpose.
2. Must include:
 - The competitor's name, school and number, as well as the event involved.
 - The specific rule in question.
 - A brief description of the situation or ruling being appealed.
3. Should be presented to the proper authority. i.e. jury of appeals, games committee, or referee.

Section VI Policies

Section VI AED Policy

(effective Feb. 2003)

The game site-chairperson will be responsible for securing an AED for the certified trainer's use at all sectional contests, and at all regional and state contests that are hosted by Section VI. The certified trainer will be provided by an orthopedic group contracted by Section VI, at all post-season contests held at **neutral sites**. **Note:** If a school suffers loss or damage to an AED that is being used for post-season contests, the Section will be financially responsible.

All-WNY Scholar Athlete Track & Field Team

Coaches and Athletic Directors are encouraged to nominate athletes for selection to the **All-WNY Scholar Athlete Track & Field Team**. [Click here for the criteria for selection and on-line application.](#)

[Applications must be completed on-line.](#) All paperwork must be mailed or e-mailed to the Section VI office before **Monday, May 8**. The team will be honored by both Section VI and the Buffalo News.

Contingency Plan for Sectional Competition (weather or illness)

1. Contests will be postponed only if a participating school is officially closed due to weather or illness.
2. It is the responsibility of the Athletic Director (or designee) to notify the Sport Chairperson that the school has been closed due to weather conditions (or illness) as soon as he/she becomes aware of such action. Officials and the media will be notified by the Chairperson (or designee).
3. In the event that a school is closed on the day its playoff contest is scheduled, the decision to play shall rest with the District Superintendent.
4. In the event that weather conditions reverse themselves prior to game time, the game may be played with the mutual consent of the participating Athletic Directors and the approval of the Sport Chairperson.
5. When a contest is at a non-school site: If the competition facility and the roads to that destination are open, then the competition will go on as scheduled. If either the roads or the facility are closed, then the competition will be cancelled. **Under NO CIRCUMSTANCES is a site contracted by Section VI available for practice when a competition is cancelled.**
6. The Sport Chairperson will notify the Executive Director of any postponements.
7. **PLEASE NOTE:** It is up to the individual leagues to recognize the potential for snow days, power outages, etc. that may cause cancellations and problems. The individual leagues should schedule their last league contest at least one or two days prior to the seeding meeting, allowing for a make-up league contest(s) prior to the seeding meeting if necessary. The storm in Feb. 2006 that closed schools the day before the seeding meeting bears this point out.

Regulations Regarding Senior All-Star & Outside Agency Contests

(updated October 2013 NYSPHSAA Executive Committee)

1. All Senior All-Star and Outside Agency contests MUST be approved by Section VI. In addition, Senior All-Star contests must be approved by NYSPHSAA. The forms required are posted on the section website*
2. All Senior All-Star and Outside Agency contests must be conducted within the season dates approved by the Section VI Athletic Council for that sport. The calendar of approved season dates for all sports is posted on the section website*
3. Only seniors who have completed their secondary school eligibility in that sport may compete in these contests.
4. *A contestant may participate in any approved senior all star athlete contest in the same sport during the school year. (approved October 24, 2013, NYSPHSAA Executive Committee Meeting).*

NOTE: A Senior All-Star contest by NYSPHSAA standards, is one in which an athlete's participation is based solely on outstanding performance as a member of a high school team. If open-tryouts are held, the contest is NOT a NYSPHSAA All-Star contest.

*www.section6.e1b.org Click on *Forms* Scroll down to *Senior All Star*, or call the Section office 821-7581.

Section VI Thunder and Lightning Policy

For the complete policy click on #410 in the → Policy Manual

"Thunder and lightning necessitates that all contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation or discussion - thunder is thunder, lightning is lightning. If lightning and/or thunder is observed, all outdoor activities will be suspended immediately. Players and spectators shall be directed to report to a shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g. bus, van, car). The officials and responsible authorities shall make every reasonable effort to resume and complete the contest, with full consideration of the weather and site conditions (as they affect safety and playing conditions). The official/coaches shall wait 30 minutes from the time the last boom is heard and/or the last strike is seen before starting or resuming play.

CLARIFICATIONS:

PRIOR TO CONTEST

If thunder/lightning is observed at the site of an outdoor contest by the officials/ coaches 30 or fewer minutes prior to the scheduled start of that contest, the official/ coaches and the responsible school authorities shall not permit the contest to begin. Before the contest can begin a 30-minute period void of any strike or boom must be observed.

DURING THE CONTEST

If thunder/lightning is observed at the site of an outdoor contest by the officials during the playing of the contest, the official/coaches shall immediately cease play for 30 minutes. Play may not resume until there has been a period of at least 30 minutes in which a boom or strike has not been observed. The rules of the particular sport shall determine whether the contest is 'official' or must be resumed at a later date."

Section VI Policy on Travel to State Competition

For the complete policy click on #310 in the → [Policy Manual](#)

Summary for Individual Sports

Championships to cover the following costs for state competition.

- 1) Transportation, lodging and meals for Cross Country, B&G Swim, Indoor and Outdoor Track and Bowling.
- 2) Lodging and meals for G Gymnastics, B&G Golf, B & G Tennis and Alpine Skiing
- 3) Lodging for wrestling

and will discontinue year-end reimbursement to districts for these costs.

Member schools participating in state competition will be responsible for all costs related to that participation with exception of items 1,2,3 above for 2018-19. Section VI responsibility for member school participation in state championships is outlined below.

Supervision:

One or more certified coaches are required to travel with the student athletes from their school and must be present on any Section VI contracted bus, where the athletes are housed, at the state competition site and all related events.

Transportation:

Individual Sports Group 1: Alpine Skiing, Rifle, Golf, Tennis, Gymnastics, Wrestling

The schools will be responsible for transporting their athletes to state competition and all associated transportation costs.

Individual Sports Group 2: Bowling, C.Country, Ind.Track, Track & Field, Swimming

- a) The Section VI office will contract bus transportation for the athletes. There are two choices for the school:
 - 1) A school may choose to have its athlete(s) travel to state competition on the Section contracted bus. The following rules apply:
 - The athlete (and coach) must use the lodging and meals if pre-arranged by the Sportchair.
 - The athlete (and coach) must remain with the Section until the completion of the athlete's competition. The athlete will not be released prior to completion of competition.
 - When competition is completed, the athlete may be released to parents/coach for return home on alternate transportation if the Section release form is completed before the state meet
 - 2) A school may choose to have its athlete(s) travel to state competition in an alternate manner under the following stipulations:
 - A school that opt-outs of Section transportation will be responsible for arranging their own lodging and meals.
 - The request to opt-out of travel on the Section VI bus must be submitted in writing to the Sportchair and the Section VI office by the date specified in the sport handbook.
 - The school must submit all required release forms to the Sportchair by the specified date.
 - The school must arrange for the athlete to rendezvous with the Sportchair (or designee) at a pre-designated time and place prior to the competition.
- b) Transportation expenses will be billed to Section VI.
- c) Section VI will apply to the NYSPHSAA for the allowed reimbursement of \$1.35 per mile on the state grid.

Lodging:

Individual Sports: The Sportchair will be responsible for reserving a block of rooms for all athletes (4 per room). The block will include rooms for coaches (2 per room) for individual sports in Group 1 (see 310.2). For individual sports in Group 2, the block will be increased by 50% to allow for coaches. (e.g.: If XC needs a block of 40 rooms for athletes and supervisors, they will now reserve a block of 60 rooms) When the qualifiers have been determined, the Sportchair will register all athletes and coaches who are using Section transportation from the block of reserved rooms. Schools that opt-out of Section transportation are responsible for registering their own athletes and coaches. They may register for the remaining rooms in the reserved block until the rooms are exhausted or choose their own lodging. Schools will be responsible for the cost of athletes' meals at state competition with the exceptions indicated in item 1,2,3 above.

Meals:

Schools will be responsible for the cost of athletes' meals at state competition with the exceptions indicated in item 1,2,3 above. For some individual sports, the Section will facilitate meal handling by paying meal expenses and invoicing the schools per participating athlete. This plan, if used, will be listed in the sport handbook.

Heat Index Procedures



Administration of Heat Index Procedures:

- Feels Like Temperature (Heat index) will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 80 degrees (Fahrenheit) or higher.
- Download Weather Bug app to your phone or log into www.weatherbug.com
- Enter zip code or city and state in the location section of the app or on-line.
- If the Feels Like temperature (heat index) is 90 degrees or above, the athletic trainer, athletic director, or school designee must recheck the Feels Like temperature (heat index) at half time or midway point of the contest. If the Feels Like temperature (heat index) temperature is 96 degrees (Fahrenheit) or more, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	Feels Like Temp (Heat Index) under 79 degrees	Full activity. No restrictions
R E C O M M E N D E D	Heat Index Caution: Feels Like Temp (Heat Index) 80 degrees to 85 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider reducing the amount of time for the practice session.
	Heat Index Watch: Feels Like Temp (Heat Index) 86 degrees to 90 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time).
	Heat Index Warning: Feels Like Temp (Heat Index) 91 degrees to 95 degrees	Provide ample water and water breaks every 15 minutes. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is much lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time). Light weight and loose fitting clothes should be worn. For Practices only Football Helmets should be worn. No other protective equipment should be worn.
REQUIRED	Heat Index Alert: Feels Like Temp (Heat Index) 96 degrees or greater	No outside activity, practice or contest, should be held. Inside activity should only be held if air conditioned.

Approved May 1, 2010
Updated July 27, 2016



Wind Chill Procedures

Administration of Wind Chill Procedures:

- Feels Like Temperature (Wind Chill) will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 39 degrees (Fahrenheit) or lower.
- Download Weather Bug app to your phone or log into www.weatherbug.com
- Enter zip code or city and state in the location section of the app or on-line.

- If the Feels Like temperature (Wind Chill) is 10 degrees or below, the athletic trainer, athletic director, or school designee must re-check the Feels Like (Wind Chill) at half time or midway point of the contest. If the Feels Like (Wind Chill) temperature is -11 degrees (Fahrenheit) or lower, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	Feels Like Temp (Wind Chill) above 40 degrees	Full activity. No restrictions
R E C O M M E N D E D	Wind Chill Caution: Feels Like Temp (Wind Chill) 39 degrees to 20 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing.
	Wind Chill Watch: Feels Like Temp (Wind Chill) 19 degrees to 10 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss.
	Wind Chill Warning: Feels Like Temp (Wind Chill) 9 degrees to -10 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss. Consider postponing practice to a time when the Feels Like temp is much higher. Consider reducing the amount of time for an outdoor practice session.
REQUIRED	Wind Chill Alert: Feels Like Temp (Wind Chill)	No outside activity, practice or contest, should be held.

Special Note: Alpine Skiing will be exempt from this policy and will follow the regulations of the host ski center where the practice or event is being held.

Approved May 1, 2010
Updated July 27, 2016

SECTION VI - NYSPHSAA

Sportsmanship Philosophy & Code of Conduct

Philosophy

1. We believe that interscholastic athletics is an important part of education and support the ideals and values embodied in good sportsmanship.
2. We believe that sportsmanlike behavior is essential if interscholastic competition is to contribute usefully and constructively to the broad goals of education and to the quality of life of those involved.
3. We pledge ourselves individually and collectively to encourage and support the development and maintenance of a sportsmanlike atmosphere for athletic competition.

Code of Conduct

1. A genuine interest in and enjoyment of interscholastic competition requires conduct that reflects the understanding that contests as a part of an overall school program are intended to be enjoyed. Behavior that reflects a winning at all cost attitude violates this standard.
2. Interscholastic competition provides valuable lessons and learning experiences that are not possible in the regular classroom setting. All involved must support the need to develop the ability to compete with enthusiasm and to accept winning with grace and losing with dignity.
3. Coaches, players, and fans should know that participation is an honor and privilege which requires them to conduct themselves in a manner that brings honor and pride to their school and community.
4. Respect for the cultural and ethnic diversity of one's opponents, their school, and community is a fundamental tenet of wholesome athletic competition. This standard suggests that planned activity is needed to demonstrate a warm and friendly welcome, mutual respect, and a genuine readiness to participate in a sportsmanlike manner.
5. Players should demonstrate both knowledge of the rules and respect for game officials and their decisions. Coaches and school officials have the responsibility to teach and encourage these attributes.

******* Sportsmanship Statement Reminder *******

The following statement will be read over the public address system just prior to the pledge to the flag. If there is no public address system, the statement will be read to both teams by the site chairperson or his representative:

“Welcome to Section VI (name of sport). Athletic competition can provide everyone with a sense of accomplishment and pride, if all of us - players, coaches and spectators - abide by the rules of good conduct. We ask that you enjoy the performance of our outstanding athletes in a spirit of sportsmanship and appreciation of competition.”