Hazing: High School Tradition or Illegal Activity?
Presented by Martin Hammer
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A special "Thank You" to Lloyd Mott
NYSPHSAA Assistant Director and Coordinator of Citizenship Through Athletics

About your Presenter
Retired Teacher, Brocton Central School
Head Football Coach 15 yrs. Assistant 18 yrs.
Also Coached Varsity Basketball, Track, Golf, Bowling, and Youth Baseball and Soccer.
Currently an Assistant Football Coach at Westfield High School.
Consultant with E2CCEBOCES Interscholastic Coaching Program

Why is Hazing getting so much attention?
1. Recent reports on Hazing incidents in High School have brought the topic to the forefront.
2. Research indicates Hazing is on the increase in High Schools.
3. Hazing today has evolved into something that is no longer "just harmless fun".

Why is Hazing getting so much attention?
4. Some in authority are turning their heads to Hazing and allowing it to happen.
5. Administrators, teachers, coaches, parents, and students permit it to exist.
6. Hazing is illegal in most states.
7. New York has its own Hazing Law.
8. Lawsuits are being filed and students are going to jail for hazing.
What is Hazing?
Any activity expected of someone joining a group that humiliates, degrades or risks emotional and/or physical harm, regardless of their willingness to participate.

Hazing vs. Bullying
- Bullying is usually done by a single individual. It is not necessarily planned or scripted.
- Hazing is usually very well organized, well planned, and well scripted. Hazing is a group activity.
- We see more bullying in Elementary or Middle School.
- We usually see Hazing at the High School level and above.
- Hazing is deeply rooted with tradition and this tradition spans centuries.

Hazing Defined
- Hazing today extends far beyond colleges; it is now a regular occurrence in High School activities, clubs, and athletics.
- Hazing today isn't just about harmless pranks. Hazing has changed and evolved, not for the better.
- Twisted, demeaning, physically abusive, sexually violating, and vile acts have become the norm.

Hazing Defined
- Hazing is a complex social problem that is shaped by power dynamics operating in a group or organization.
- Alcohol use is common as is yelling, swearing, and insulting the pledges.

Types of Hazing
StopHazing.org lists three types of hazing:
- Subtle Hazing
- Harassment Hazing
- Violent Hazing

Subtle Hazing
Behavior that emphasizes a power imbalance between new members and veterans. This type is accepted as harmless or meaningless. Rookies receive ridicule, embarrassment and humiliation tactics. Rookies feel the need to endure Subtle Hazing to feel like part of the group or team.
Subtle Hazing Examples
- Deception.
- Assigning Demeans.
- Silence periods with implied threats for violation.
- Deprivation of privileges granted to other members.
- Rookies perform duties not assigned to others.

Subtle Hazing Examples
- Socially isolating Rookies.
- Line-ups, drills, tests on meaningless information.
- Name calling.
- Rookies address others as Mr. or Miss while they are identified with demeaning terms.
- Expecting certain items to always be in one's possession.

Harassment Hazing
Behaviors that cause emotional anguish or physical discomfort in order to feel like part of the group. Harassment hazing confuses, frustrates, and causes undue stress for Rookies. Some Harassment Hazing is violent.

Harassment Hazing Examples
- Verbal Abuse.
- Threats, implied threats.
- Rookies must wear embarrassing or humiliating attire.
- Stunt or skit night with degrading, crude, or humiliating acts.

Harassment Hazing Examples
- Rookies perform personal service for veteran members, carry books, run errands, cooking, cleaning, etc.
- Sleep deprivation.
- Sexual simulations.
- Rookies deprived of normal body cleanliness.
- Ordering Rookies to harass others.

Violent Hazing
Behaviors that have the potential to cause physical, emotional, and psychological harm.
Violent Hazing examples

- Forced or coerced alcohol or other drug consumption. "Drink till ya puke."
- Beating, paddling, or other forms of assault.
- Branding, Burning.
- Forced or coerced ingestion of vile substances or concoctions.
- Water Intoxication.

Violent Hazing examples

- Expecting abuse or mistreatment of animals
- Public or private party nudity.
- Expecting illegal activity.
- Bondage.
- Abductions or kidnaps.
- Exposure to weather extremes without appropriate protection.

Facts from the NFL Combine

1. GT WR Calvin Johnson borrowed shoes and ran a 4.35 40 yd. dash. He's 6'5" 235 lbs.
2. QB Toby Karrodi Central Missouri State #1 ball speed 63 mph.
3. Ohio State QB Troy Smith #3 58.5 mph.
4. #1 WR Yamon Figurs ran 4.3 40 Kansas State, 8 guys under 4.4

Facts from the NFL Combine

5. Joe Thomas OL Wisconsin 6'7" 4.8 40
6. Justin Bielock, Texas, Bench Press, 40 reps with 225 lbs.
7. Big Guy TE Scott Chandler 6'7" 270.
9. RB Adrian Peterson 6'1" 217 ran a 4.38 40, from Oklahoma.

Facts from the NFL Combine

10. Tom Shaw, two ways to teach speed:
   a. Increase stride length, stronger & more explosive.
   b. Increase Stride Frequency: move elbows faster, cover 20 yds in 12 steps.

Handout Review

1. Statistics
2. Hazing Archive
3. New York Hazing Law
4. Myths and Facts about Hazing
5. High School Hazing
6. Get Involved
7. Making Change
How about your School ??
- List some Hazing activities you have seen or heard about.
- Find out what's going on.
- Communicate with your Students, Parents, Staff and Off-Staff Coaches.

Methods of Prevention
1. Foster Unity
2. Develop a Problem-Solving Group or Council to address issues.
3. Develop Leadership Skills.
4. Team Activities
5. Promote Team Scholarship.

Methods of Prevention
6. Build awareness of your School, team, or organization history.
7. Career Goals/Life Skills for Success.
8. Feel-Good University...

Feel-Good University
- Kids need to be put in a position for success!
- Kids need to live up to expectations!
- Kids need to achieve more than they thought they could!
- Kids need to feel good about themselves!

Feel-Good University
- Kids need discipline, they need and want guidance!
- Kids need order and structure to feel secure!
- Kids need to learn what's right and what's wrong.

Now That's Great Coaching!

Hazing Policy Development
- District Wide Agreement: Zero Tolerance
- Policy Committee: BOE, Admin, Faculty, Coaches, Students, etc.
- Develop a Definition
- The potential for hazing exists in all groups, school activities.
- Plan to Inform and Implement
Hazing Policy Development
- Procedures for Reporting
- Legal and Illegal Acts
- Annual Review and Update
- List Potential Alternatives

Athletic Risk Management
- Supervision, Supervision, Supervision!!
- Coaches need to know their responsibilities.
- Coaches need to be held accountable for their responsibilities.
- Coaches need to be in compliance with NYSPHSAA regulations.
- CPR/AED, FASK

Athletic Risk Management
- Philosophy, Principles, and Organization of Athletics in Education
- Health Sciences Applied to Coaching
- Theory and Techniques of Coaching
- Coaches must be BOE approved.
- Coaches create Safety Rules and standards for conduct. Students must comply; coaches must enforce.

Conclusion
- Be Proactive!
- Enjoy working with the best kids in the world, your athletes!
- Coach with composure and confidence!
- Have a great off-season or pre-season!
- Have a great weekend!
- Thank you for attending! It's been a pleasure to address this group!