



What is Hazing?

Any activity expected of someone joining a group that humiliates, degrades or risks emotional and/or physical harm, regardless of their willingness to participate!

Hazing vs. Bullying

- ✓ Bullying is usually done by a single individual. It is not necessarily planned or scripted.
- ✓ Hazing is usually very well organized, well planned, and well scripted. Hazing is a group activity.
- ✓ We see more bullying in Elementary or Middle School.
- ✓ We usually see Hazing at the High School level and above.
- ✓ Hazing is deeply rooted with tradition and this tradition spans centuries.

Hazing Defined

- ✓ Hazing today extends far beyond colleges, it is now a regular occurrence in High School activities, clubs, and athletics.
- ✓ Hazing today isn't just about harmless pranks. Hazing has changed and evolved, not for the better.
- ✓ Twisted, demeaning, physically abusive, sexually violating, and vile acts have become the norm.

Hazing Defined

- ✓ Hazing is a complex social problem that is shaped by power dynamics operating in a group or organization.
- ✓ Alcohol use is common as is yelling, swearing, and insulting the pledges.

Types of Hazing

StopHazing.org lists three types of hazing:

- ✓ Subtle Hazing
- ✓ Harassment Hazing
- ✓ Violent Hazing

Subtle Hazing

Behavior that emphasizes a power imbalance between new members and veterans. This type is accepted as harmless or meaningless. Rookies receive ridicule, embarrassment and humiliation tactics. Rookies feel the need to endure Subtle Hazing to feel like part of the group or team.

Subtle Hazing Examples

- ✓ Deception.
- ✓ Assigning Demerits.
- ✓ Silence periods with implied threats for violation.
- ✓ Deprivation of privileges granted to other members.
- ✓ Rookies perform duties not assigned to others.

Subtle Hazing Examples

- ✓ Socially isolating Rookies.
- ✓ Line-ups, drills, tests on meaningless information.
- ✓ Name calling.
- ✓ Rookies address others as Mr. or Miss while they are identified with demeaning terms.
- ✓ Expecting certain items to always be in one's possession.

Harassment Hazing

Behaviors that cause emotional anguish or physical discomfort in order to feel like part of the group. Harassment hazing confuses, frustrates, and causes undue stress for Rookies. Some Harassment Hazing is violent.

Harassment Hazing Examples

- ✓ Verbal Abuse.
- ✓ Threats, implied threats.
- ✓ Rookies must wear embarrassing or humiliating attire.
- ✓ Stunt or skit night with degrading, crude, or humiliating acts.

Harassment Hazing Examples

- ✓ Rookies perform personal service for veteran members, carry books, run errands, cooking, cleaning, etc.
- ✓ Sleep deprivation.
- ✓ Sexual simulations.
- ✓ Rookies deprived of normal body cleanliness.
- ✓ Ordering Rookies to harass others.

Violent Hazing

Behaviors that have the potential to cause physical, emotional, and psychological harm.

Violent Hazing examples

- ✓ Forced or coerced alcohol or other drug consumption. "Drink till ya puke."
- ✓ Beating, paddling, or other forms of assault.
- ✓ Branding, Burning.
- ✓ Forced or coerced ingestion of vile substances or concoctions.
- ✓ Water Intoxication.

Violent Hazing examples

- ✓ Expecting abuse or mistreatment of animals
- ✓ Public or private party nudity.
- ✓ Expecting illegal activity.
- ✓ Bondage.
- ✓ Abductions or kidnaps.
- ✓ Exposure to weather extremes without appropriate protection.

Facts from the NFL Combine

1. GT WR Calvin Johnson borrowed shoes and ran a 4.35 40 yd dash. He's 6'5" 235 lbs.
2. QB Toby Karrodi Central Missouri State #1 ball speed 63 mph.
3. Ohio State QB Troy Smith #3 58.5 mph.
4. #1 WR Yamon Figurs ran 4.3 40 Kansas State, 8 guys under 4.4

Facts from the NFL Combine

5. Joe Thomas OL Wisconsin 6'7" 4.8 40
6. Justin Blalock, Texas, Bench Press, 40 reps with 225 lbs.
7. Big Guy TE Scott Chandler 6'7" 270.
8. Manny Ramirez, Bench Press, 565 lbs.
9. RB Adrian Peterson 6'1" 217 ran a 4.38 40, from Oklahoma.

Facts from the NFL Combine

10. Tom Shaw, two ways to teach speed:
 - a. Increase stride length, stronger & more explosive.
 - b. Increase Stride Frequency: move elbows faster, cover 20 yds in 12 steps.
11. Plyometrics: ladder drills, skipping, weights

Handout Review

1. Statistics
2. Hazing Archive
3. New York Hazing Law
4. Myths and Facts about Hazing
5. High School Hazing
6. Get Involved
7. Making Change



