



# OCTOBER 2011 NYSPHSAA OFFICE REPORT

## 2011 CALENDAR

### October 3

Section I Workshop  
Rifle - 5:30

### October 4

Section IX Workshop

### October 11

Wrestling Committee - 9:00  
Handbook Committee - 10:00

### October 12

Section II Workshop  
Section XI  
Sportsmanship - 10:00

### October 13

Section III Workshop

### October 14

Section IX  
Girls Basketball - 9:30  
Modified Committee - 9:30

### October 17

Safety Committee - 9:00  
Life of an Athlete - 10:00

### October 18

Championship Advisory

### October 20

Workshop @ NYSPHSAA  
Section I

### October 23

Officials Coordinating  
Federation

### October 23-24

NYSPHSAA Executive  
Committee

### October 31

Girls Golf 10:00

## UPCOMING CLINICS

Wrestling  
October 29-30  
Binghamton

<http://www.wwsport.com/2011-Wrestling-Coaches-Clinic.aspx>

Sports Medicine  
November 11  
Binghamton Holiday Inn

## HIGHLIGHTS OF RULE CHANGES

### Wrestling

**14 Day Rule** - A wrestler cannot begin practice until the waiver is approved. The approval date of the waiver starts the 14-day clock for certification.

**Weight Classes** 99, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 and 285. Selectively Classified athletes must weigh in excess of: 91 lbs. for 99 lb. weight class, 96 lbs. for 106 lb. weight class, 185 lbs for 220 lb. weight class and 210 lbs. for 285 lb. weight class. Students in grades 9-12 do not have to make minimum weight.

**Weight Certification** - Beginning in 2011, a third measurement to all skin fold sites is required. The data must be submitted by using Optimal Performance Calculation on the NWCA website.

**Skin Disease Form** - "For NYSPHSAA member schools an appropriate health care provider is defined as a licensed physician, physician assistant or nurse practitioner."

### Boys Volleyball

**Net Height Waiver:** The height of the net from the center of court is 7'11 5/8".

## IMPORTANT REMINDERS

**Concussion Management** - Schools are encouraged to develop a Board of Education approved concussion management policy. A draft policy and guidelines can be found on the NYSPHSAA website. Educate your coaching staff through a FREE on-line course at [www.nfhslearn.org](http://www.nfhslearn.org).

**Skin Infection Webinars** - Assistant Director Todd Nelson will be conducting a live webinar for all wrestling coaches at their preseason meetings. A recorded Skin Infection Webinar will be available on December 1, 2012.

**Eligibility Workshops**—If Athletic Administrators wish to receive a copy of the questions and answers reviewed at the workshops, please email Nina Van Erk at [nvanerk@nysphsaa.org](mailto:nvanerk@nysphsaa.org).

## FUTURE DISCUSSION

**Modified** - The Modified Committee will be discussing the use of the 3 point basket in modified basketball. If anyone has any concerns or ideas they wish to have the Modified Committee discuss, please contact your section modified coordinator.

## SHARING NEWS FROM NYSED

Guidance document for Eligibility Extension for Students with Disabilities - See NYSED Website

[http://www.p12.nysed.gov/ciai/pe/toolkitdocs/swd\\_waiver\\_guidelines.pdf](http://www.p12.nysed.gov/ciai/pe/toolkitdocs/swd_waiver_guidelines.pdf)

[http://www.p12.nysed.gov/ciai/pe/toolkitdocs/swd\\_waiver\\_form.pdf](http://www.p12.nysed.gov/ciai/pe/toolkitdocs/swd_waiver_form.pdf)

Contact Darryl Daily at [ddaily@mail.nysed.gov](mailto:ddaily@mail.nysed.gov)