

## ECIC CHEERLEADING STANDARDS (Revised 2024)

The main goal for ECIC Cheerleading teams is to prepare to compete towards the State Championship during each competitive season. Teams will also attend Football and Basketball games to promote school spirit, as availability allows.

### I. RULES

- All teams **must** follow National Federation High School (NFHS) Spirit Rule Book
- All coaches must be provided with the NFHS Spirit Rule Book by their schools
- Rules change from year to year, and it is important for the safety of the sport and athletes that coaches stay informed on most recent changes

### II. COACHES

- All coaches are required to be licensed and board approved. Must complete all certifications/courses needed as per NYS Requirements
- **Each season** all coaches must register on the Section VI (<https://www.section6.e1b.org/Page/316>) to receive necessary information and correspondence from the State throughout the specified season

### III. COMPETITIONS

- ECIC Championship formats will be Fall Game Day Cheer and Winter Competitive Cheer
- Teams are strongly encouraged to attend both Fall Game Day and Winter Competitive Competitions
- All ECIC teams must register on time for each competition
- Modified and JV teams are ineligible to compete.
- All judges' decisions are final

### IV. AWARDS

- First place teams will receive individual blue winner patches for each participating athlete
- Second place teams will receive individual red runner up patches for each participating athlete
- Third place will be announced and recognized at the awards ceremony
- ECIC Allstars
  - Two athletes per team who excel in all areas of the sport
  - Chosen by each coach ahead of time and sent to ECIC Chair
  - Announced and recognized during awards ceremony

### V. ECIC CHAIRPERSON

- Will oversee the actions of the Rules, Standards, the fall and winter competitions
- Admission will be charged to cover the cost of the competition
- Chairperson is responsible for organizing ECIC Championships in collaboration with the host school
- Any ECIC coaches with questions or concerns should direct their attention to the ECIC Chair **first**, at [eciccheer@gmail.com](mailto:eciccheer@gmail.com), before contacting the section

### VI. HOST SCHOOLS

- Must have two gyms available for warmups and competition floor
- Seven panel mats for warmups and nine panel mats for competitive floor are required
- Are responsible for all set up and clean up
- Must have access to WIFI and provide judges with at least three laptops or chrome books for scoring

### VII. OTHER COMPETITIONS

- Participation in Competitions outside NYS must have local school boards approval
- Participation in outside agency competitions inside NYS must have section approval (Recognized Sanctioned Event)